

## Creating a Balanced Schedule

The sample schedule below demonstrates the variety of courses a student may choose to enroll in during any semester. In this case, the student selected a variety of courses across disciplines that directly relate to his/her major and potential minor, as well as courses that meet Liberal Education requirements. The student will need to schedule 25 to 35 hours of study time each week, as well as find time for other interests such as physical activities, socializing and employment. Students quickly discover that time management is one of the keys to success as a college student.

### Sample Schedule

*Major: Pre-communication*

Would also like to explore the possibility of a double major in Psychology

	Monday	Tuesday	Wednesday	Thursday	Friday
8 am	Psy 8-8:50	Psy 8-8:50	Psy 8-8:50	Psy 8-8:50	
9 am					
10 am	Comp Lec 10-10:50	Comm 10-10:50	Comp Lab 10-10:50	Comm 10-10:50	Comp Lec 10-10:50
11 am					
12 am					
1 pm		SSP 1-1:50			
2 pm	Bio Lec 2-2:50		Bio Lec 2-2:50		Bio Lec 2-2:50
3 pm				Bio Lab 3-4:50	

**UMD Toll Free 800.232.1339**

***<http://www.d.umn.edu>***

# Student Account Initiation Instructions

*When you initiate your account, you will:*

- Find out your **Internet ID** (a.k.a. username)
- Set your **Password**
- Learn your **Email Address**

*What are your **Internet ID** and **Password** used for?*

- Accessing your university email account
- Viewing and accepting your financial aid award
- Registering for classes
- Updating your address
- Viewing your grades
- Viewing your online billing statement

*Instructions for Account Initiation:*

## **Step One**

Go to the UMD homepage at <http://www.d.umn.edu>. Under “Quick Links”, click on “Register for Classes.”

## **Step Two**

Under “Services You May Need”, click on “Account Initiation.” Enter your social security number, your student ID number (listed on your confirmation letter), and your birth date. Next, read password requirements carefully and choose an appropriate password. After all information is entered, click on “Submit Form.”

## **Step Three**

If all the information is entered correctly, you will see the “Internet Login Successful” screen. Behind this screen, you will find your internet ID (a.k.a. username) and email address.

***Write down your internet ID and remember your password. Bring them both to Advisement & Registration. You will use your internet ID and password to register for courses.***

## ***Email use at UMD***

It is important that you **check your UMD email account** on a regular basis, even prior to attending Advisement & Registration. Why? University-assigned student email accounts are the University’s official means of communication. The Office of Financial Aid will soon begin sending emails to students regarding additional information or documentation needed to award financial aid.

***Check your UMD email account! 48 hours after you initiate your internet account, you can begin checking your email. Go to the UMD homepage at <http://www.d.umn.edu> and click on “Email.” Log in using your internet ID and password.***

Questions or concerns? Call the ITSS HelpDesk (Information Technology Systems and Services) at 218.726.8847 or email them at [helpdesk@d.umn.edu](mailto:helpdesk@d.umn.edu). The HelpDesk has some weekend and evening hours during the academic year.

**Please initiate  
your student  
account and  
check your UMD  
email account**