

Four Year Academic Plan

Year 1

Fall Semester: 15.0 cr

BIOL 1011 - General Biology I: 5.0 cr

MATH 1160 - Finite Mathematics and Introduction to Calculus: 5.0 cr

COMP 1120 - College Writing: 3.0 cr

Liberal Education Course - Category 8: 3.0 cr

Spring Semester: 16.0 cr

HLTH 2030 - Applied Human Anatomy: 4.0 cr

ESAT 2610 – Intro. to Athletic Training: 3.0 cr

HLTH 1650 - CPR/AED for the PR: 1.0 cr

PSY 1003 - General Psychology: 4.0 cr

Liberal Education Course - Category 3: 3.0 cr

Year 2

Fall Semester: 16.0 cr

CHEM 1113 – Intro. to General, Organic & Biological Chem. I: 5.0 cr or CHEM 1151 - General Chem. I: 5.0 cr

ESAT 2620 - Prevention and Care of Athletic Injuries: 2.0 cr

ESAT 2697 - Clinical Experience in AT I: 2.0 cr

ESAT 3600 - Fundamentals of AT: 4.0 cr

Liberal Education Course - Category 7: 3.0 cr

Spring Semester: 17.0 cr

ESAT 2698 - Clinical Experience in AT II: 2.0 cr

ESAT 3630 - Athletic Injury Evaluation I: 3.0 cr

ESAT 3640 - Therapeutic Modalities: 3.0 cr

HLTH 2040 - Principles of Human Phys.: 4.0 cr

PHYS 1001 - Introduction to Physics I: 5.0 cr

Year 3

Fall Semester: 15.0 cr

ESAT 3400 - Exercise Physiology: 4.0 cr

ESAT 3632 - Athletic Injury Eval. II: 3.0 cr

ESAT 3642 - Therapeutic Exercise: 3.0 cr

ESAT 3697 - Clinical Experiences in AT III: 2.0 cr

Liberal Education Course - Category 9: 3.0 cr

Spring Semester: 16.0 cr

ESAT 3300 - Human Biomechanics: 4.0 cr

ESAT 3410 - Performance Nutrition and Weight Management: 4.0 cr

ESAT 3430 - Principles of Strength and Conditioning Programs: 4.0 cr

ESAT 3698 - Clinical Experiences in Athletic Training IV: 2.0 cr

ESAT 4001 - Pharmacology in AT: 2.0 cr

Year 4

Fall Semester: 17.0 cr

ESAT 3200 - Motor Learning and Development: 5.0 cr

ESAT 4646 - Medical Aspects of AT: 3.0 cr

ESAT 4650 – Admin. Aspects of AT: 3.0 cr

ESAT 4697 - Clinical Experiences in AT V: 2.0 cr

ESAT 4700 - Statistics and Research Methods in Exercise Science: 4.0 cr

Spring Semester: 16.0 cr

ESAT 4600 - Senior Seminar AT: 3.0 cr

ESAT 4698 - Clinical Experiences in AT VI: 2.0 cr

Elective: 4.0 cr

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Liberal Education Course - Category 9 or 10: 3.0 cr