

Appendix F
Health Education Content Areas

Health Education Content Areas

To enable students to ascertain the most appropriate and desirable entry-level position in the health education field which matches their own career goals and expectations, it is recommended that they gain experience in at least four of the following content specific areas.

1. Alcohol & Drug Prevention
2. Community Health
3. Consumer Health
4. Environmental Health
5. Mental and Emotional Health
6. Nutrition and Dietary Health
7. Personal Health
8. Physical Activity Promotion
9. Sexuality and Family Living
10. Tobacco Use Prevention
11. Unintentional and Intentional Injury Prevention