

SOAP note – taken 10/6/00
Prepared 10/10/00

Patient name:
Age: 29
Birthdate:

Subject Past History: (see previous SOAP note)

Patient has cut down her hours at work to 6 hrs/day and takes frequent breaks to alleviate lower back pain. She has recently had stomach upset and nausea which caused her to miss a day of work. She takes antacids as needed to manage her symptoms. She plans to work until the baby is born and then take 12 weeks of maternity leave from her job. She is now at 37 weeks gestation and would very much like for the baby to be born soon.

Objective:

The patient gave a urine sample but the results were not available. Her physician also performed a routine pelvic exam and stated that the cervix hasn't begun to dilate yet. The fetal heart rate was 142 and her physician estimated the current weight of the baby to be approximately 8.5 lbs.

Assessment:

Patient currently sees her physician 1 time per week. She has gained 40.5 lbs. since the beginning of the pregnancy and currently gains 1-2 lbs/wk. Her blood pressure has remained steady with a current value of 122/78. She is having some trouble sleeping at night due to low back pain and would like to deliver soon.

Plan:

Patient will continue to see her physician once each week until the baby is born. Her physician stated that since the baby has made it to 37 weeks gestation, she can deliver at any time. The patient plans to have her baby at St. Luke's Hospital.