



University of Minnesota Duluth

Fall Course Syllabus 2007

Psy 5990 Section 231

Special Topics: Posttraumatic Stress Disorder: Supporting the Families of Returning Troops

Instructor of Record:

Kathy Dowell

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Date and Time: October 5, 2007 8:00 AM – 4:30 PM

Location: University of Minnesota Duluth Kirby Rafters

Fall 2007 course for one-half (.5) undergraduate or collegiate graduate credit:

Psy 5990, Section 231, *Special Topics: Posttraumatic Stress Disorder: Supporting the Families of Returning Troops*

Program Description:

The UMD Psychology Department in collaboration with the Veterans' Administration have partnered with UMD CE to offer a special credit option for the fall 2007 workshop: Posttraumatic Stress Disorder: Supporting the Families of Returning Troops. This one-day workshop features UMD PTSD faculty experts and an expert from the Veteran's Administration who will be presenting and leading discussions on PTSD and its diagnosis, assessment, and treatment. The goal of the workshop is to create a support network for the families of returning troops by educating the service providers and teachers about PTSD.

This workshop is designed for mental and physical health service providers, teachers, and community professionals who interact with family members of the returning troops.

Required Reading and Resources:

Additional readings and resources will be provided by the presenters and instructor during the workshop.

Learning Outcomes:

By the completion of this course, students will develop an understanding of the:

- ◆ nature of the adjustment difficulties faced by returning troops;
- ◆ magnitude of the difficulties that families of troops experience upon return from service;
- ◆ physiological aspects of PTSD;
- ◆ behavioral manifestations of PTSD;
- ◆ resources/services available for family/child referral, including appropriate community agencies.

Required components for one-half (.5) undergraduate credit:

During the latter part of the workshop, all attendees will participate in group discussions around the topic of developing a community action plan to improve service provisions to families of returning troops. Students receiving undergraduate credit will submit a four- to five-page reflection paper, highlighting the major content topics covered in the presentations, as well as reflecting on the process of forming community service collaborations and resulting outcomes of the group discussions.

Required components for collegiate graduate credit:

In addition to the above requirements for undergraduate credit, those who request collegiate graduate credit will submit to the instructor a comprehensive schematic diagram illustrating coordinating efforts and liaisons between community service providers who are in positions to interact with troop family members. As part of this summative project, students will identify unique challenges to service provisions within their community and the population they serve, as well as outline specific recommendations to address such barriers.

Deadline for fall 2007 credit: Assignments are due to the instructor of record on or before October 30, 2007. Grades are to be submitted per UMD guidelines.

Presenters: Kathy Dowell, Ph.D. and Bob Lloyd, Ph.D. from UMD; Jeff Hall, MSW and Clyde Markon, M.D. from Veteran's Administration.

If you require special accommodations, please contact the instructor.

To obtain a grade transcript: To view a transcript or print an unofficial version, you need to use your UMD username and follow these steps to initiate your UMD student email account:

1. Login to UMD to determine your UMD username: <http://www.d.umn.edu> click on "people" and type your name. Record the 8 alphanumeric username assigned by UMD.
2. Login to <http://www.d.umn.edu/itss/email>
3. Click "initiate your account"
4. Enter your social security number, UMD ID number, and birthdate, ex. 07/20/1965
5. Type a password at least 8 digits/letters/characters, ex. Dj65++++
6. Click "submit form" and your account is activated.
7. Now you may view your grades and print an unofficial transcript or request an official transcript to be sent directly to your principal (\$5.00 per official transcript payable to UMD).

Print a transcript form by following this link: <http://www.d.umn.edu/registrar/transcripts.html> and select the PDF version or the online version (requires major credit card payment).

To print an unofficial transcript, Login to URL: <http://www.d.umn.edu/registrar/transcripts.html>

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