

## Curriculum Vitae

### Rick A. LaCaille

Department of Psychology  
University of Minnesota Duluth  
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### Education & Training

- 2003 - 2005     ***Postdoctoral Fellowship***  
Duke University Medical Center; Durham, NC  
Behavioral Medicine, Department of Psychiatry & Behavioral Sciences
- 1998 - 2003     ***Doctor of Philosophy***  
Utah State University; Logan, UT  
Combined Clinical/Counseling/School Psychology, APA Accredited  
Emphasis in Health Psychology
- 2002 - 2003     ***Clinical Internship***  
University of Wisconsin Hospital & Clinics; Madison, WI  
APA Accredited Internship
- 1990 - 1993     ***Master of Arts***  
Ball State University; Muncie, IN  
Clinical Psychology
- 1984 - 1988     ***Bachelor of Science***  
University of Wisconsin-Whitewater; Whitewater, WI  
Psychology, *cum laude*

### Selected Academic Awards & Honors

- 2011    Outstanding Advisor Nominee  
University Student Association, University of Minnesota Duluth
- 2010    Outstanding Research Award Recipient  
College of Education & Human Service Professions, University of Minnesota Duluth
- 2008    McKnight Land-Grant Professorship Nominee
- 2008    Faculty Research Single Semester Leave Award Recipient  
College of Education & Human Service Professions, University of Minnesota Duluth
- 2007    Outstanding Faculty Award Recipient  
University Student Association, University of Minnesota Duluth
- 2001    Walter R. Borg Scholarship Recipient  
Department of Psychology, Utah State University

## **Academic Appointments & Activities**

- 2011 - present Associate Professor of Psychology, Tenured, University of Minnesota Duluth  
2005 - 2011 Assistant Professor of Psychology, University of Minnesota Duluth

### **Teaching Positions & Courses:**

- 2005 - present ***Assistant/Associate Professor, Department of Psychology***  
University of Minnesota Duluth, Duluth, MN  
Courses: *Abnormal Psychology, Clinical Psychology, Health Psychology, Theories of Personality, Psychological Principles of Stress Management, Experimental Design and Methodology, Applied Methods and Measurement*
- 2000 ***Instructor, Department of Psychology***  
Weber State University; Ogden, UT  
Course: *Introductory Psychology*
- 1999 - 2001 ***Instructor, Department of Psychology***  
Utah State University; Logan, UT  
Courses: *Introductory Psychology, Abnormal Psychology*
- 1998, 2000 ***Teaching Assistant, Department of Psychology***  
Utah State University; Logan, UT  
Courses: *Introductory Psychology, Intellectual Assessment (graduate level)*
- 1997 - 1998 ***Adjunct Faculty, Department of Psychology***  
Ivy Tech State College; Indianapolis, IN  
Courses: *Introductory Psychology*

### **University Service & Committee Activity:**

- 2011 - present Chair, Scholarship Committee, Department of Psychology, University of Minnesota Duluth
- 2009 - 2010 Chair, Faculty Search Committee for Experimental Psychology, University of Minnesota Duluth
- 2009 - 2010 Chair, Faculty Search Committee for Quantitative Psychology, University of Minnesota Duluth
- 2007 - 2008 Member, Faculty Search Committee for I/O Psychology, University of Minnesota Duluth
- 2006 - 2008 Member, Senate Executive Council, College of Education and Human Service Professions, University of Minnesota Duluth
- 1999 - 2000 Elected Graduate Student Representative, Department of Psychology, Utah State University

## **Professional Affiliations & Activities**

2008 - present Duluth Medical Research Institute  
2003 - present Society of Behavioral Medicine  
1998 - present American Psychological Association  
Division 38: Health Psychology  
Division 47: Exercise and Sport Psychology  
1999 - 2000 Western Psychological Association  
1999 - 2000 Rocky Mountain Psychological Association  
1995 - 1998 North American Association of Masters in Psychology  
1995 - 1998 Indiana Association of Masters in Psychology

### **Editorial:**

2009 - present Associate Editor, Journal of Behavioral Medicine

### **Manuscript Reviewer:**

Journal of Applied Social Psychology, Spine, Journal of Behavioral Medicine, Psychology of Sport and Exercise, General Hospital Psychiatry: Psychiatry, Medicine and Primary Care

## **Professional Licenses**

2007 - present License Psychologist, Minnesota, LP#4801  
2004 - 2006 Licensed Psychologist & Certified Health Services Provider, North Carolina

## **Clinical Appointments & Experience**

2004 - 2005 *Medical Psychologist*  
Department of Psychiatry & Behavioral Sciences  
Duke University Medical Center; Durham, NC

2000 - 2002 *Psycho-educational Diagnostician*  
Weber School District, Ogden, UT

1997 *Domestic Violence Treatment Group Facilitator*  
Women's Alternative, Inc.; Anderson, IN

1994 - 1998 *Residential Coordinator & State Psychiatric Hospital Liaison*  
Center for Mental Health; Anderson, IN

1993 - 1994 *Addictions Clinician*  
Center for Mental Health; Anderson, IN

1992 - 1994 *Chronic Illness & Home Healthcare Case Manager*  
Quantum Health Resources; Indianapolis, IN

1989 - 1990 *Residential & Supportive Living Facility Manager*  
Productive Living Systems, Inc.; Whitewater, WI

1988 - 1989      **Residential & Supportive Living Assistant Facility Manager**  
Brotoloc Health Care; Whitewater, WI.

### **Grant Activity & Funded Projects**

**Co-Investigator**, Healthy Food, Healthy Lives Institute Grant Program, University of Minnesota, “Preventing Obesity in the Worksite: a Multi-Message, Multi-Step Approach,” January 2010 - December 2011; Total award: \$99,994

**Co-Investigator**, Whiteside Institute for Clinical Research, “Preventing Cardiovascular Disease and Cancer Through a Worksite Obesity Prevention Intervention.” January 2010 - December 2011; Amount requested: \$14,200 (unfunded)

**Principal Investigator**, Chancellor’s Faculty Small Grants, University of Minnesota Duluth, “Factors Influencing Healthful Food Choices Among UMD Students,” Fall 2009 - Spring 2010; Total award: \$750

**Co-Investigator**, Healthy Food, Healthy Lives Institute Grant Program, University of Minnesota, “Institutional and Consumer Decision-Making in the Hospital Setting: An Evaluation of a Healthy Food Practices Model,” January 2009 - December 2009; Total award: \$54,677

**Principal Investigator**, Vice Chancellor’s Grants, University of Minnesota Duluth, “*Minding Your Ps, Qs, & Rs: How does Passion Relate to Persistence, Performance, Quality-of-Life, and Risk-Taking?*” October 2009; Total requested: \$11,180 (unfunded)

**Principal Investigator**, Chancellor’s Faculty Small Grants, University of Minnesota Duluth, “Examination of Passion for Sport and Chronic Overuse Injuries in Climbers,” October 2008 - May 2009; Total award: \$750

**Principal Investigator**, Grant-in-Aid of Research, Artistry, and Scholarship, University of Minnesota, “Development and Examination of a Self-Determination Theory Web-Based Exercise Adoption Intervention,” July 2008 - January 2010; Total award: \$25,175

**Principal Investigator**, Chancellor’s Faculty Small Grants, University of Minnesota Duluth, “The Duluth Endurance Study: Motivational and Cognitive Factors of Marathon and Triathletes,” Funded for two cycles: May 2006 - May 2007; Total award: \$1,250

**Principal Investigator**, Workers’ Compensation Fund of Utah; “Outcomes and Presurgical Correlates of Lumbar Fusion,” 2001 - 2002; Total award: \$2,500

### **Mentored Undergraduate Funded Research Projects:**

2010 - 2011      Undergraduate Research Opportunities Program: Michelle SanCartier; Self-Determined Motivation, Pessimism, and Pro-Environmental Behaviors; Total award: \$1,700

2009 - 2010      Undergraduate Research Opportunities Program awardee: Jon Pedersen;

- Determined-2B-Fit: Long-term follow-up and physical activity adherence; Total award: \$1,700
- 2008 Undergraduate Research Opportunities Program awardee: Jonathan Prokop; Exercise, competition, and self-determination theory; Total award: \$1,700
- 2008 Undergraduate Research Opportunities Program awardee: Nicholas Kuvaas; Predictors of complementary and alternative medicine use among college students; Funded; Total award: \$1,700
- 2007- 2008 Undergraduate Research Opportunities Program awardee: Shauna Overgaard; Self-determination, autonomy support and self-handicapping in college men and women; Total award: \$1,700
- 2007 Undergraduate Research Opportunities Program awardee: Colleen Cole; Differences in motives and post-exercise affect in group versus individual exercise in college men and women; Total award: \$1,700
- 2006 - 2007 Undergraduate Research Opportunities Program awardee: Afton Schouweiler; Body image, binge eating, and motives for exercise in college men and women; Total award: \$1,700

## Publications

- LaCaille, R.**, & Taylor, M. (in press). Stress and exercise. In M.D. Gellman & J.R. Turner (Eds.), *Encyclopedia of behavioral medicine*. New York: Springer.
- LaCaille, R.** (in press). Psychosocial aspects and benefits of physical activity. In M.D. Gellman & J.R. Turner (Eds.), *Encyclopedia of behavioral medicine*. New York: Springer.
- LaCaille, R.** (in press). Physical activity interventions. In M.D. Gellman & J.R. Turner (Eds.), *Encyclopedia of behavioral medicine*. New York: Springer.
- Deaner, R.O., Masters, K.S., Ogles, B.M., & **LaCaille, R.A.** (2011). Marathon performance predicts competitiveness and training similarly in males and females. *Journal of Sport Behavior*, 34(4), 325-342.
- LaCaille, R.A.** & Kuvaas, N.J. (2011). Coping styles and self-regulation predict Complementary alternative medicine and herbal supplement use among college students. *Psychology, Health, & Medicine*, 16(3), 323-332.
- Masters, K.S., Spielmans, G.I., **LaCaille, R.A.**, Goodson, J.T., Larsen, B.T., Heath, E.M., & Knestel, A. (2011). Effects of home exercise on immediate and delayed affect and mood among rural individuals at risk for type 2 diabetes mellitus. *Journal of Social, Behavioral, and Health Sciences*, 5(1), 1-16.
- Dauner, K.N., LaCaille, L.J., Schultz, J.F., Harvie, J., Klingner, J., **LaCaille, R.**, Branovan, M. (2011). Implementing a Healthy and Sustainable Food Practices in a Hospital Cafeteria: A

- Qualitative Look at Processes, Barriers, and Facilitators of Implementation. *Journal of Hunger & Environmental Nutrition*, 6(3), 264-278.
- DeBerard, M.S., **LaCaille, R.A.**, Spielmans, G., Colledge, A., & Parlin, M.A. (2009). Outcomes and pre-surgery correlates of lumbar discectomy in Utah workers' compensation patients. *Spine Journal*, 9(3), 193-203.
- LaCaille, R.A.**, DeBerard, M.S., LaCaille, L.J., Masters, K.S., & Colledge, A.L. (2007). Obesity and litigation predict workers' compensation costs associated with interbody cage lumbar fusion. *Spine Journal*, 7(3), 266-272.
- Taylor, M.K., Gould, D.R., Hardy, L., Woodman, T., & **LaCaille, R.** (2006). Factors influencing physical risk taking in rock climbing. *Journal of Human Performance in Extreme Environments*, 9(1), 15-26.
- Blumenthal, J.A., Babyak, M.A., Carney, R.M., Keefe, F.J., Davis, R.D., **LaCaille, R.**, Parekh, P.I., Freedland, K.E., Trulock, E., & Palmer, S.M. (2006). Telephone-based coping skills training for patients awaiting lung transplantation: The INSPIRE study. *Journal of Consulting and Clinical Psychology*, 74(3), 535-544.
- Claar, R.L., Parekh, P.I., Palmer, S.M., **LaCaille, R.A.**, Davis, R.D., Rowe, S.K., Babyak, M.A., & Blumenthal, J.A. (2005). Psychological distress and quality of life in caregivers of patients awaiting lung transplant. *Journal of Psychosomatic Research*, 59, 1-6.
- LaCaille, R.A.**, DeBerard, M.S., Masters, K.S., Colledge, A.L., & Bacon, W. (2005). Presurgical biopsychosocial factors predict multidimensional patient outcomes of interbody cage lumbar fusion. *Spine Journal*, 5(1), 71-78.
- Parekh, P.I., Blumenthal, J.A., Babyak, M.A., **LaCaille, R.**, Rowe, S., Dancel, L., Carney, R.M., Davis, R.D., & Palmer, S. (2005). Gas exchange and exercise capacity affect neurocognitive performance in patients with advanced lung disease. *Psychosomatic Medicine*, 67, 425-432.
- LaCaille, R.A.**, Masters, K.S., & Heath, E.M. (2004). Effects of cognitive strategy and exercise setting on running performance, perceived exertion, affect, and satisfaction. *Psychology of Sport and Exercise*, 5(4), 461-476.
- Masters, K.S., **LaCaille, R.A.**, & Shearer, D.S. (2003). The acute affective response of Type A behaviour pattern individuals to competitive and noncompetitive exercise. *Canadian Journal of Behavioural Science*, 35(1), 25-34.

### Refereed Published Abstracts & Presentations

- LaCaille, L., Schultz, J., Dauner, K., **LaCaille, R.**, Nowak, A., Goei, R., de Souza, R., & Krambeer, R. (2011, October). *Conducting nutrition labeling interventions in applied settings: Challenges and opportunities*. Paper presented at the 139<sup>th</sup> Annual Meeting of the American Public Health Association, Washington, D.C.

- LaCaille, R.**, LaCaille, L., Hooker, S., Fortier, M., & Kuvaas, N. (2011). *Examination of a self-determination theory web-based physical activity intervention. Annals of Behavioral Medicine, 41 (Supplement), S228.*
- LaCaille, L., **LaCaille, R.**, Hjelle, R., Krambeer, R., & SanCartier, M. (2011, April). *Sugar sweetened beverage consumption among college students.* Poster presented at the 32<sup>nd</sup> Annual Meeting of the Society for Behavioral Medicine, Washington, D.C.
- Schultz, J., LaCaille, L. Dauner, K., **LaCaille, R.**, Hooker, S., & Klingner, J. (2010, November). *Impact of price and labeling on the purchase of locally and sustainably produced, organic, and healthy food.* Paper presented at the 138<sup>th</sup> Annual Meeting of the American Public Health Association, Denver, CO.
- LaCaille, R.A.**, Einerson, D.E., Taylor, M.K., Kuvaas, N.J., SanCartier, M.L., Speaker, C.R., & Pedersen, J.C. (2009, September). *When passion hurts: An examination of risk-taking and overuse injuries.* Poster presented at the 24<sup>th</sup> Annual Meeting of the Association for Applied Sport Psychology, Salt Lake City, UT.
- Einerson, D.E., **LaCaille, R.A.**, McGee, J.R., & Hard, B.K. (2009, May). *An exploratory study of harmonious and obsessive passion in ice climbers.* Paper presented at 4<sup>th</sup> Biennial Adventure Research Symposium, Indiana University, Bloomington, IN.
- LaCaille, R.**, LaCaille, L., Hooker, S. & Fortier, M. (2009, April). *Development of a self-determination theory web-based exercise adoption intervention.* Poster presented at the 30<sup>th</sup> Annual Meeting of the Society for Behavioral Medicine, Montreal, Canada.
- LaCaille, R.**, Hooker, S., LaCaille, L., Kuvaas, N., & Detviler, J. (2009, April). *Autonomous and controlling motives for exercise differentially predict psychological well-being.* Poster presented at the 30<sup>th</sup> Annual Meeting of the Society for Behavioral Medicine, Montreal, Canada.
- Kuvaas, N. & **LaCaille, R.** (2009, April). *Prediction of complementary alternative medicine and herbal supplement usage in college students.* Poster presented at the 30<sup>th</sup> Annual Meeting of the Society for Behavioral Medicine, Montreal, Canada.
- DeBerard, M.S. Gundy, J.M., Doti, J.F., Grewe, J.R., **LaCaille, R.A.** (2009, April). *The use of retrospective-cohort designs in behavioral medicine research.* Poster presented at the 30<sup>th</sup> Annual Meeting of the Society for Behavioral Medicine, Montreal, Canada.
- LaCaille, R.A.**, LaCaille, L.J., Schouweiler, A., Kuvaas, N., Eagan, A., & Hooker, S. (2008, May). *What motivates the marathoner? The relationship between self-regulatory approaches, goals and motives, and running performance.* Poster presented at the 20<sup>th</sup> Annual Convention of the Association for Psychological Science, Chicago, IL.
- LaCaille, L.J., **LaCaille, R.A.**, Prokop, J., Overgaard, S., Cole, C., O'Connor, M. (2008, May). *Achievement goals predict motives to run and endurance racing performance.* Poster presented at the 20<sup>th</sup> Annual Convention of the Association for Psychological Science, Chicago, IL.

- Schouweiler, A., & **LaCaille, R.** (2008, May). *Self-determination theory and the relationship between eating, exercise, and body Image*. Poster presented at the 20<sup>th</sup> Annual Convention of the Association for Psychological Science, Chicago, IL.
- DeBerard, M. S., **LaCaille, R.A.**, Spielmans, G.I., Parlin, M.A., Gundy, J., Grew, J. (2008). Patient satisfaction with the Utah workers' compensation system following lumbar discectomy: A validity study. *Annals of Behavioral Medicine*, 35 (Supplement), S156.
- LaCaille, R.A.**, LaCaille, L.J., & Acheson, J.B. (2007, August). *Cognitive focus, motivation, and triathlon performance: An exploratory investigation*. Poster presented at the 115<sup>th</sup> Annual Convention of the American Psychological Association, San Francisco, CA.
- DeBerard, M.S., **LaCaille, R.**, Spielmans, G., Goodson, J.T., & Masters, K.S. (2007). Presurgical biopsychosocial variables predict medical and compensation costs of lumbar discectomy in Utah workers' compensation patients. *Annals of Behavioral Medicine*, 33 (Supplement), S195.
- Kamphoff, C.S., Deaner, R.O., Gill, D.L., Taylor, M.K., & **LaCaille, R.** (2005, October). *Competitive achievement orientation and adherence to training among male and female collegiate cross-country runners*. Poster presented at the 20<sup>th</sup> Annual Meeting of the Association for the Advancement of Applied Sport Psychology, Vancouver, British Columbia, Canada.
- Yager, J., Barbour, K., **LaCaille, R.**, Felker, M., Hernandez, A., Russell, S., Milano, C., Stone, E., Brosse, A. and Blumenthal, J.A. (2005). Depressive symptoms in heart transplant recipients in an alternate list program. *Journal of Heart and Lung Transplantation*, 24(2), S132.
- Babyak, M.A., Blumenthal, J.A., Carney, R M., Keefe, F.J., Davis, R.D., **LaCaille, R.**, Parekh, P., Freedland, K.E., Trulock, E.P., & Palmer, S.M. (2005). Telephone-based stress management for patients awaiting lung transplantation: The INSPIRE study. *Psychosomatic Medicine*, 67 (1), A34.
- LaCaille, R.A.**, Taylor, M.K., LaCaille, L.J., & Masters, K.S. (2005, January). *Examination of the psychometric properties of the Thoughts During Running Scale (TDRS) across exercise settings*. Paper presented at the Annual Meeting of the Southeast Chapter of the American College of Sports Medicine, Charlotte, NC.
- Taylor, M.K, **LaCaille, R.A.**, Taylor, J.K., & Pietrobon, R. (2005, January). *Frequency and characterization of injury in rock climbing*. Poster presented at the Annual Meeting of the Southeast Chapter of the American College of Sports Medicine, Charlotte, NC.
- Kolden, G., Ward, A., **LaCaille, R.**, Mullen, B., Burt, C., Sanborn, L., Milbrandt, L., Bangsberg, J., & Woods, T. (2004). Maintenance of exercise gains among women with primary breast cancer following a supervised group intervention. *Medicine and Science in Sports and Exercise*, 35 (5), S284.

- LaCaille, R.**, LaCaille, L., DeBerard, S., Masters, K.S., & Colledge, A.L. (2004). Obesity and litigation predict compensation costs better than pathophysiology in spinal fusion patients. *Annals of Behavioral Medicine*, 26 (Supplement), S150.
- Claar, R.L., Parekh, P., **LaCaille, R.**, Palmer, S., Davis, R.D., Rowe, S., Babyak, M., & Blumenthal, J. (2004, March). *Psychological functioning and quality of life in caregivers of lung transplant patients*. Poster presented at the 24<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.
- LaCaille, R.A.**, DeBerard, M.S., Masters, K.S., & Colledge, A.L. (2004). Psychosocial factors predict poor outcomes from spinal fusion surgery. *Psychosomatic Medicine*, 66 (1), A83.
- DeBerard, M.S., **LaCaille, R.A.**, Spielmans, G.I., Jennings, R.D., Allen, C.A., Bentley, C.G., & Goodson, J.T. (2004). Pre-surgical biopsychosocial variables predict long-term lumbar discectomy outcomes in injured workers. *Psychosomatic Medicine*, 66 (1), A40.
- LaCaille, R.A.** (2004). Outcomes and presurgical correlates of lumbar interbody cage fusion. *Dissertation Abstracts International: Section B - Sciences and Engineering*, 64 (9), 4621.
- Kolden, G., Woods, T., Ward, A., Mullen, B., Kuta, J., Sanborn, L., Burt, C., & **LaCaille, R.** (2003). Follow-up on psychological and functional benefits of group exercise training for women with primary breast cancer. *Psycho-Oncology*, 12 (Supplement), 348.
- LaCaille, L., **LaCaille, R.**, & Stein, D. (2003). Obese individuals who do not binge eat differ from those who do: A meta-analysis. *Annals of Behavioral Medicine*, 25 (Supplement), S017.
- LaCaille, L., Stein, D., & **LaCaille, R.** (2003). Effects of perceived sugar on chocolate intake on cravings, mood, and food intake: A double-blind, placebo-controlled study. *Annals of Behavioral Medicine*, 25 (Supplement), S135.
- Tschanz, J., Norton, M., Welsh-Bohmer, K., Corcoran, C., **LaCaille, R.**, & Breitner, J. (2002). Cognitive screening and self-perception of memory problems predict mild cognitive impairment and dementia. *Neurobiology of Aging*, 23 (1), S262.
- LaCaille, R.**, DeBerard, M., Masters, K., & Colledge, A. (2002). A retrospective cohort study of interbody cage lumbar fusion in injured workers: Biopsychosocial predictors and functional outcomes. *Annals of Behavioral Medicine*, 24 (Supplement), S150.
- LaCaille, L., Stein, D., & **LaCaille, R.** (2002). Treatment outcomes for binge eating disorder: A meta-analysis. *Annals of Behavioral Medicine*, 24 (Supplement), S201.
- LaCaille, R.**, Masters, K., Heath, E., & Schultz-LaCaille, L. (2001, May). *Cognitive strategy affects performance for runners on the track*. Poster presented at the meeting of the 81<sup>st</sup> Annual Western Psychological Association Convention, Maui, HI.
- LaCaille, R.**, Masters, K., Heath, E., & Schultz-LaCaille, L. (2001, May). *Setting and cognitive strategy affect runners' emotions and RPE*. Poster presented at the meeting of the 81<sup>st</sup>

Annual Western Psychological Association Convention, Maui, HI.

**LaCaille, R.**, Masters, K., Heath, E., Bailey, B., Burton, E., & Daly, E. (2001, April). *Cognitive focus and music predict performance for runners on the treadmill*. Poster presented at the 71<sup>st</sup> Annual Rocky Mountain Psychological Association Convention, Reno, NV.

Larsen, B., **LaCaille, R.**, & Heath, E. (2001, March). *A comparison of aerobic capacity protocols in male runners: A pilot study*. Poster presented at the 4<sup>th</sup> Annual Intermountain Paper and Poster Symposium, Logan, UT.

**LaCaille, R.**, DeBerard, M., Masters, K., & Colledge, A. (2001, March). *Psychosocial factors predict lumbar interbody titanium cage fusion outcomes in injured workers*. Poster presented at the 22<sup>nd</sup> Annual Meeting of the Society of Behavioral Medicine, Seattle, WA.

**LaCaille, R.**, Summers, M., Ascione, F., & Summers, C. (1992, March). *Mother perception of sibling interactions in single-parent and intact families*. Poster presented at the Southwestern Society for Research in Human Development, Tempe, AZ.

Burns, R., Hoffman, M., Scott, P., Park, J., Hissong, A., **LaCaille, R.**, Pelc, M., Lovegrove, T., Butler, D., & Biner, P. (1990). *Substitutes for a window*. Paper presented at the Annual Undergraduate Research Conference, Indianapolis, IN.

Hoffman, M., Burns, R., Scott, P., Park, J., Hissong, A., **LaCaille, R.**, Pelc, M., Lovegrove, T., Butler, D., & Biner, P. (1990). *Do people compensate for not having windows in their offices?* Paper presented at the Annual Undergraduate Research Conference, Indianapolis, IN.

### **Mentored Undergraduate Research Conference Presentations:**

SanCartier, M., Weber, M, LaCaille, R, & LaCaille, L. (April, 2011). *An examination of social desirability and gender with food intentions*. Poster presented at the 9<sup>th</sup> Annual Twin Ports Undergraduate Psychology Conference, College of Saint Scholastica, Duluth, MN.

Putney, H., Krambeer, R., LaCaille, L., & LaCaille, R. (April, 2011). *Why we eat what we eat: An examination of food choice motives of college students and working adults*. Poster presented at the 9<sup>th</sup> Annual Twin Ports Undergraduate Psychology Conference, College of Saint Scholastica, Duluth, MN.

Fahrenkamp, A., Mengistu, R., Jansen, C., & LaCaille, R. (April, 2011). *Relating Social Conditions to the Bystander Effect as a Function of Time Constraints*. Paper presented at the 9<sup>th</sup> Annual Twin Ports Undergraduate Psychology Conference, College of Saint Scholastica, Duluth, MN.

Nelson, R., Sande, K., & LaCaille, R. (2010, April). *Dispositional optimism and motivation differentially predict performance among triathletes*. Poster presented at the 8<sup>th</sup> Annual Twin Ports Undergraduate Psychology Conference, University of Wisconsin-Superior, Superior, WI.

Pederson, J. & LaCaille, R. (2010, April). *Are physical activity and mood related? Study design*

- matters*. Poster presented at the 8<sup>th</sup> Annual Twin Ports Undergraduate Psychology Conference, University of Wisconsin-Superior, Superior, WI.
- Kuvaas, N. & LaCaille, R. (2009, April). *Coping styles differentially predict health service satisfaction and utilization for males and females*. Poster presented at the 23<sup>rd</sup> National Conference on Undergraduate Research, University of Wisconsin - LaCrosse, LaCrosse, WI.
- Prokop, J. & LaCaille, R. (2009, April). *Self-Regulatory motivational style predicts affect and post-exercise affect change*. Poster presented at the 23<sup>rd</sup> National Conference on Undergraduate Research, University of Wisconsin - LaCrosse, LaCrosse, WI.
- Speaker, C., Kuvaas, N., & LaCaille, R. (2009, March). *Motivation and perceived stress differentially predict meeting ACSM physical activity guidelines*. Poster presented at Northland American College of Sport Medicine Conference, St. Cloud, MN.
- Prokop, J. & LaCaille, R. (2008, October). *Self-regulatory Motives Moderate the Influence of Competition on Affect*. Poster presented at the Northern Lights Psychology Conference, Grand Forks, ND.
- Kuvaas, N. & LaCaille, R. (2008, May). *Complementary and alternative medicine use among college students*. Poster presented at the 6<sup>th</sup> Annual Twin Ports Undergraduate Psychology Conference, College of Saint Scholastica, Duluth, MN.
- Schouweiler, A. & LaCaille, R. (2008, April). *Self-determination theory and the relationship between eating, exercise, and body image*. Poster presented at the 22<sup>nd</sup> National Conference on Undergraduate Research, Salisbury University, Salisbury, MD.
- Overgaard, S. & LaCaille, R. (2008, April). *Self-determination, autonomy support and self-handicapping in college men and women*. Poster presented at the 22<sup>nd</sup> National Conference on Undergraduate Research, Salisbury University, Salisbury, MD.
- Cole, C., Otterness, A., Mills, L., Lien, M., & LaCaille, R. (2007, April). *Motivational and attentional differences between male and female triathletes*. Poster presentation at the 21<sup>st</sup> National Conference on Undergraduate Research, Dominican University, San Rafael, CA.
- Otterness, A., Cole, C., Mills, L., Lien, M., & LaCaille, R. (2007, April). *Mastery and performance motivations predict triathlon outcomes*. Poster presentation at the 21<sup>st</sup> National Conference on Undergraduate Research, Dominican University, San Rafael, CA.
- Schouweiler, A. & LaCaille, R. (2007, April). *Body image, binge eating, and motives for exercise in college men and women*. Poster presented at the 5<sup>th</sup> Annual Twin Ports Undergraduate Psychology Conference, University of Wisconsin-Superior, Superior, WI.