

# HOURS OF OPERATION

**HOURS ARE SUBJECT TO CHANGE.**

**Facility users must carry the appropriate pass with them at all times.**

## Main Office (153 SpHC)

Monday - Thursday	8:00am - 7:00pm
Friday	8:00am - 4:00pm

## Rental Center

### 199 SpHC

Monday	9:00 am - 6:00 pm
Tuesday - Thursday	11:00 am - 6:00 pm
Friday	11:00 am - 7:00 pm

## Intramural Equipment Center

Beginning September 21	
Monday - Thursday	4:00pm - 11:45pm
Sunday	4:00pm - 8:45pm

## Fieldhouse

Monday, Wednesday	Noon - 1:00pm
Tuesday, Thursday, Friday	11:30am - 1:00pm
Monday	8:00pm - 9:45pm
Tuesday, Wednesday, Thursday	6:00pm - 9:45pm*
Saturday	9:15am - 5:45pm

\*Beginning November 2, Intramurals will take place at this time

## Auxiliary Gym (SpHC 150A)

Monday, Wednesday, Friday	Noon - 1:00pm
Friday	6:00pm - 8:45pm
Saturday	9:15am - 5:45pm
Sunday	12:15pm - 8:45pm

## Romano Gym (SpHC 150)

Monday, Tuesday, Wednesday	6:00pm - 9:45pm *
Thursday	8:00pm - 9:45pm *
Friday	6:00pm - 8:45pm
Saturday	9:15am - 5:45pm
Sunday	12:15pm - 8:45pm

\*Beginning September 21, Intramurals will take place at this time

## Recreational Gym (155 SpHC)

Monday - Thursday	6:30am - 9:45pm **
Friday	6:30am - 8:45pm
Saturday	9:00am - 5:45pm
Sunday	12:00pm - 8:45pm

## Jogging/Walking Track (SpHC 195)

Monday - Thursday	6:30am - 9:45pm **
Friday	6:30am - 8:45pm
Saturday	9:00am - 5:45pm
Sunday	12:00pm - 8:45pm

\*\* Open until 11:30 beginning September 21

## Indoor Climbing Walls

North Shore Wall (Fitness Center)	Monday - Friday	4:00pm - 8:00pm
	Saturday	3:00pm - 5:45pm
Inland Wall (Ice Rink)	Monday, Friday (open based on demand or by appointment only)	4:00pm - 8:00pm
	Tuesday (North Shore Climbers Club)	6:00pm - 9:00pm
Fitness Bouldering	Monday - Friday	6:30am - 4:00pm
	Saturday	10:00am - 3:00pm
	Sunday	12:00pm - 8:00pm

# HOURS OF OPERATION

## Pool: Lap Swim

Monday, Wednesday	5:30am - 6:30am & 8:00am - 9:00am & 11:00am - 1:30pm
Tuesday, Thursday	6:00am - 8:00am & 11:00am - 1:30pm
Friday	5:30am - 6:30am & 11:00am - 1:30pm
Saturday	Noon - 1:30pm
Sunday	Noon - 1:30pm

## Pool: Open/Lap Swim

Tuesday	2:30pm - 4:30pm
Wednesday, Thursday, Friday	2:30pm - 4:30pm
Saturday, Sunday	1:30pm - 3:00pm

## Fitness Center-Lower Level-Free Weights/Selectorized (SpHC 92)

Monday/- Thursday	*6:30am- 9:45pm
Friday	*6:30am- 7:00pm
Saturday	9:00am- 5:00pm
Sunday	12:00pm- 8:00pm

\*The Lower Level will be closed Monday, Wednesday, Friday 8:00am - 8:50am (thru Nov 9th), and Tuesday/Thursday 9:30am - 10:20am (all semester), for Physical Education classes. The Cardio Level will remain open.

## Fitness Center-Upper Level-Cardio (SpHC 157)

Monday - Thursday	6:30am- 9:45pm
Friday	6:30am- 7:00pm
Saturday	9:00am- 5:00pm
Sunday	Noon- 8:00pm

## Ice Rink - Sept 8 - Nov 1

Open Skate	
Monday - Friday	11:30am - 1:30pm
Friday	6:30pm - 8:45pm
Saturday	11:30am - 1:30pm
Monday - Thursday	6:00pm - 7:00pm
Open Hockey	
Tuesday, Wednesday, Thursday	7:00am - 9:00am
Monday - Thursday	7:15pm - 8:15pm
Open Broomball	
Monday - Thursday	8:30pm - 9:30pm

## Ice Rink - Nov 2 - Dec 19

Open Skate	
Monday - Friday	11:30am - 1:30pm
Friday	6:30pm - 8:45pm
Saturday	11:30am - 1:30pm

## Open Hockey

Tuesday, Wednesday, Thursday	7:00am - 9:00am
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### COMMUNITY SKATE FEE \$5.00 DURING ANY OPEN ICE

Facility users must carry the appropriate pass at all times. Hours are subject to change by program need.

ALL FACILITIES WILL BE CLOSED AT 4pm on Nov. 25 through Nov. 29; CLOSED from Dec 23 - 28.