

## **LOCATION**

### **WEBER MUSIC HALL**



The Weber Music Hall was designed by renowned architect Cesar Pelli and opened in the Fall of 2003. It is considered the “gem” of the UMD campus.

## **PARKING**

Parking is very difficult on the UMD Campus. Please consider carpooling or using public transportation. The following bus routes leave frequently and will drop you at UMD. See [www.duluthtransit.com](http://www.duluthtransit.com) for all routes to UMD.

- ◆ Route 6-7 East Mainline from Downtown on Superior St. to UMD.
- ◆ Route 11 East 8<sup>th</sup> from Downtown on 8<sup>th</sup> St. to UMD.
- ◆ Route 12 Kenwood from Kenwood Shopping Center to UMD.
- ◆ Route 13 UMD – Woodland via East 4<sup>th</sup> St.

## **DRIVING DIRECTIONS**

- ◆ 35 W North
- ◆ 21st Ave Exit—turn left
- ◆ Slide right onto Woodland Ave
- ◆ St. Marie St—turn left
- ◆ University Dr. North—turn left

Pay Lot G: \$1.50 per day  
Meters available near library: \$1 per hr

**No guarantees on parking availability.**  
**Arrive prior to 8:00 am for chance at parking.**

University of Minnesota Duluth  
Department of Social Work  
Center for Regional and Tribal Child Welfare Studies  
220 Bohannon Hall, 1207 Ordean Court  
Duluth, MN 55812



## **WORKSHOP**

# ***Invisible Wounds of Oppression***

**Healing Our Clients,  
Healing Ourselves**

**Kenneth V. Hardy, Ph.D.**  
**Professor of Family Therapy**

**Weber Music Hall**

**Monday, March 5, 2007**  
**8:00 am—3:30 pm**  
**Registration Required**

Sponsored by the University of Minnesota Duluth  
Center for Regional and Tribal Child Welfare Studies  
and Department of Social Work

**PRESENTER**  
**KENNETH V. HARDY, PH.D.**



Dr. Kenneth V. Hardy is a Professor of Family Therapy at Syracuse University, and is also Director of the Eikenberg Institute For Relationships in New York. He is the former Director of the Center for Children, Families, and Trauma of the Ackerman Institute in New York.

Dr. Hardy presents workshops and provides consultations nationally and internationally on issues of diversity, multiculturalism, and cultural competency. He has provided training and consultation to an extensive list of Human Services agencies and School Districts devoted to providing culturally competent services to children and families.

Dr. Hardy is a frequent contributor to the print media such as the USA Today, Jet Magazine, and Good Housekeeping, and also has been featured in the electronic media having appeared on the Oprah Winfrey Show, Dateline NBC, PBS, The Discovery Health Channel, and ABC's 20/20.

Dr. Hardy maintains a private practice in New York specializing in working with children and families, and is the co-author of a new book, Teens Who Hurt: Clinical Interventions for Breaking the Cycle of Youth Violence, published by Guilford Publications.

Dr. Hardy will offer a book signing at the conclusion of the workshop scheduled for March 5, 2007 from 8 am—3:30 pm at the Weber Music Hall at the University of Minnesota Duluth campus.

**Registration Required**  
Call—218-726-7854 or email  
psamberg@d.umn.edu

**INVISIBLE WOUNDS  
OF OPPRESSION**  
**HEALING OUR CLIENTS, HEALING OURSELVES**

**8 am—3:30 pm**  
**March 5, 2007**

**Cost: FREE**  
*Weber Music Hall*  
*Book signing after workshop*

Therapy and other human service work with members of racially-oppressed groups is often complicated by the presence of invisible wounds. These wounds are the culmination of ongoing experiences with injustice, degradation, and discrimination. While the invisible wounds of oppression may not be readily discernable to clinician or client, they have a profound impact upon the course of therapy and other human service work and its outcome. A lack of awareness and sensitivity to the wounds of oppression can stifle the joining process and unwittingly contribute to therapeutic ways of being and interventions that are counterproductive to effective treatment. Such innocent acts of insensitivity are often unspoken, unacknowledged, micro-acts that contribute to the premature termination of therapy and the perceptions that oppressed people are resistant to treatment.

This workshop will examine the anatomy of racial oppression and its impact on the life experience of those targeted. It will explore the multitudinous ways in which therapy and other human service work potentially replicates acts of oppression for clients whose life experiences have been maligned by prejudice and discrimination. Strategies for uncovering and addressing the invisible wounds of oppression will be discussed. Participants also will be encouraged to explore the ways in which their personal experiences with oppression both enrich and constrain their work as therapists and human service practitioners.

**Deadline for Registration**  
March 1, 2007

**Who Should Attend?**

- ◆ Human Service Practitioners
- ◆ Therapists
- ◆ Social Workers
- ◆ Social Work Students
- ◆ Psychologists
- ◆ Psychology Students
- ◆ Educational Professionals

Certificates of attendance will be provided for 6 contact hours.

The University will strive to provide accommodations for disabilities. Please contact us in advance.

**WORKSHOP OBJECTIVES**

- ◆ To examine the anatomy of oppression and in particular, how it relates to the dynamics of racial oppression;
- ◆ To explore the ways in which oppression shapes the life experiences of those who are oppressed, with specific attention devoted to examining the impact of racial oppression upon people of color;
- ◆ To identify how therapy and human service work can replicate the dynamics of oppression and how this may impact clients of color;
- ◆ To identify strategies for uncovering and addressing the invisible wounds of oppression;
- ◆ To assist participants in exploring the ways in which their personal experiences with oppression will facilitate and impede their work as therapists and human service practitioners.



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