

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>February 2007</h1>						
For more information in any of the training here, go to http://www.d.umn.edu/umdhr/Training/				1	2	3
4	5	6 Sexual Harassment Prevention 10:30-12:00 Garden Room	7	8	9	10
11	12	13	14	15	16	17
18	19	20 Yoga for People Who Thought They Never Could Do It 12:00-1:00 Ballroom A	21 Office Ergonomics - The Good, The Bad and the Ugly 12:00-1:00 Garden Room	22 Successful Weight Maintenance 12:00-1:00 Garden Room	23 Employee Benefits Counselor Consultation 8:00-4:20 520 DAdB	24
25	26	27 Neck & Shoulder Pain 12:00-1:15 KSC 323	28			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>March 2007</h1>						
				1 Long Term Care Coverage Open Forum 9:00-10:00 or 12:00-1:00 Library Rotunda	2	3
4	5	6	7 What Can U-Return Employee Services Do For You (for employees) 11:00-11:30 KSC 323	8 How Can U-Return Employee Services Assist Supervisors When Returning Employees to Work After a Medical Condition 11:00-11:30, KSC 323 ----- The TLC Education Series: Free & Fun Fitness 12:00-1:00 RSOP Jogging Track (enter by 153 SpHC)	9	10
11 March 12-16 Spring Break	12	13	14 Weight Loss & Exercise: 9-5 12:00-1:30 Garden Room	15 Outstanding Service Awards Ceremony 3:00-5:00 Kirby Ballroom	16	17
18	19	20 Understanding Credit 12:00-1:00 KSC 333	21 Maintaining Your Brain: How to Live a Brain Healthy Lifestyle 12:00-1:00 Garden Room	22 Review of CPR/AED 12:00-1:00 KSC 323	23	24
25	26	27	28 Pilates 12:00-12:45 SpHC 135 ----- UPlan Wellness Forum 1:00-2:30 Library Rotunda	29 UPlan Wellness Forum 8:00-9:30 Library Rotunda ----- Stay Back Stay Alive (Winter Driving and Work Zone Safety) 12:00-1:00 KSC 323	30 ISSS: H-1B Visa 10-12 Library Rotunda ----- ISSS: Permanent Resident Visa 1-2:30 Library Rotunda	31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>April 2007</h1>						
1	2	3 Time Management 10-12:00, KSC 333 ----- Slips, Trips & Falls 12:00-1:00 SpHC Hall of Fame Room ----- Problem Solving for Customer Service 1:00-3:00 KSC 333	4 Effective Performance Appraisals (for Supervisors) 10:00-12:00 Garden Room ----- Participating in Your Performance Appraisal (for Employees) 1:00-3:00 Garden Room	5 The TLC Education Series: Being Smart About Stress 12:00-1:00, KSC 323 ----- Sexual Harassment Prevention 10:30-12:00 KSC 333 ----- Employee Benefits Counselor Consultation 8:00-4:30, 520 DAdB	6 Employee Benefits Counselor Consultation 8:00-4:30 520 DAdB	7
8 April 9-13 is National Student Employment Week	9 Quick & Easy Tips to Update Your Writing Skills 12:00-1:00 KSC 323	10 Supervisors of Student Employees Update Q&A Session 9:00-10:30 Garden Room ----- Carpe Diem 12:00-1:00 KSC 333	11 Payroll Training (various topics) 9:00-11:30, 1:30-4:00 Garden Room ----- Right Now Function Fitness in the Office or Home for Fat Loss, Muscle Tone and Unlimited Energy 12:00-1:00 Garden Room	12 Managing the Tough Stuff: How to Help a Troubled Employee 12:00-1:00 KSC 323	13	14
15	16 Office Ergonomics: the Good, the Bad and the Ugly 12-1, 191 SpHC	17 How PAVSA Can Help You, Your Family and Friends 12:00-1:00 Garden Room	18 National Student Employment Week Luncheon	19 Food Safety Is No Mystery 12:00-1:00 KSC 323	20	21
22	23 ITV Session for TIAA-CREF Participants 3:00-4:00 173 Kirby Plaza	24 Yoga for People Who Thought They Never Could Do It 12:00-1:00 Kirby Rafters	25 Pilates 12:00-12:45 SpHC 135	26 Elder Caregiving: Am I Doing the Right Thing? 12:00-1:00 KSC 323	27	28
29	30		May 3 ITV Session (TIAA-CREF) 3:00-4:00, 173 Kirby Plaza			