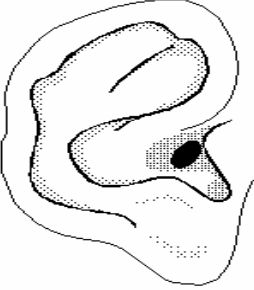
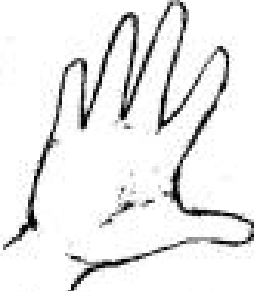



Incorporate Your Learning Style

Learning Style	Characteristics	Tips
<p data-bbox="331 369 506 415">Auditory</p> 	<ul style="list-style-type: none"> ◆ Remember what they hear ◆ Talk while they write ◆ Distracted by noise ◆ Inability to read body language and facial expression ◆ May seem to be listening to thoughts in their heads rather than the person they are communicating with at the time 	<ul style="list-style-type: none"> ◆ Use tapes for reading & for class lecture notes ◆ Explain the material out loud to others ◆ Involve yourself in discussion of classroom materials ◆ Use mnemonics ◆ Read & then summarize on tape or out loud ◆ Study in a quiet place
<p data-bbox="310 936 527 982">Kinesthetic</p> 	<ul style="list-style-type: none"> ◆ Learn by imitation & practice ◆ Prefer hands on learning ◆ May be athletic/ well coordinated ◆ Difficulty sitting still ◆ Not avid reader ◆ Love games ◆ Impulsive 	<ul style="list-style-type: none"> ◆ Experiential learning (make models & role playing) ◆ Take frequent study breaks ◆ Use computer to reinforce learning ◆ Sit at the front of the classroom ◆ Write while reading ◆ Memorize while walking
<p data-bbox="358 1472 480 1518">Visual</p> 	<ul style="list-style-type: none"> ◆ Remember what was seen or read ◆ Strong sense of color ◆ May think in pictures ◆ Wants to take notes ◆ In the habit of making lists for everything ◆ Trouble following lectures ◆ Remembers faces, but not names 	<ul style="list-style-type: none"> ◆ Use graphics to reinforce learning in notes (ex. Diagrams, doodles) ◆ Use mnemonics, visual metaphors, & mind maps ◆ Make flashcards ◆ Use variety of color in pens, highlighters, note cards, etc. ◆ Underline/highlight printed materials