

Study Strategies for the Three Learning Styles

<i>Visual Learner</i>	<i>Auditory Learner</i>	<i>Kinesthetic Learner</i>
<p>Note Taking</p> <p>Sit in the front of the room</p> <p>Sit away from any windows</p> <p>Ask for graphs & charts to help you remember main concepts</p> <p>Request written instructions</p> <p>Reword notes into charts and graphs</p>	<p>Note Taking</p> <p>Sit close to the speaker</p> <p>Repeat important quotes quietly</p> <p>Listen for specific information- don't let note taking interfere with listening</p> <p>Listen for key words</p> <p>Use a tape recorder when appropriate. Listen to the tape and update notes as soon as possible after each class</p> <p>Participate in class discussion</p>	<p>Note Taking</p> <p>Keep moving- move during lecture as much as the situation allows</p> <p>Raise your hand and volunteer to answer questions frequently</p> <p>Take copious notes</p> <p>Recopy notes</p> <p>Participate in class discussions</p>
<p>Reading</p> <p>Survey text by looking at visual aids (pictures, graphs, and charts) before you start to read</p> <p>As you read make a visual map of key headings and concepts</p> <p>Make charts and schematics of difficult concepts</p>	<p>Reading</p> <p>Survey by reading chapter headings and asking survey questions out loud</p> <p>Try reading difficult sections out loud</p> <p>Summarize out loud immediately after reading a paragraph or section</p>	<p>Reading</p> <p>Survey by writing preview questions and answers. Write as you review</p> <p>Use workbooks and computers whenever possible</p> <p>Try to write a summary after reading a difficult paragraph or section</p>
<p>Exam Preparation</p> <p>Use visual images to remember main points</p> <p>Use flash cards</p> <p>Check library for films and visual aids pertaining to your subject matter</p>	<p>Exam Preparation</p> <p>Read important notes or reading material out loud</p> <p>Record and listen to vocabulary for each day's lesson</p> <p>Talks about what you've learned. Participate in study groups or just tell a friend</p>	<p>Exam Preparation</p> <p>Participate in lab, discussions, field work, etc</p> <p>Use the equipment, tools, models, etc, of a subject area as frequently as possible</p> <p>Seek on-the-job training, work study, field work, lab work, etc., that allows you to become physically involved in your area of study.</p>
<p>Taking Tests</p> <p>Request written instructions if none are provided</p> <p>Draw charts, maps, etc to help you recall information</p>	<p>Taking Tests</p> <p>Listen for verbal instructions</p> <p>Repeat instructions quietly to yourself</p>	<p>Taking Tests</p> <p>Position yourself so that you have plenty of room to move</p> <p>To aid recall in an exam, try moving in your chair and/or feel yourself doing a procedure</p>