Families: System Needs

A system need among families is the need for trust among the members of the family. Trust within the family allows members to build relationships with each other and provides a basis for developing relationships outside of the family. Communication is also a key need within the family. This involves the ability for all members of the family to openly express their views and to be heard by the other members.

Communication also involves conveying our feelings openly to the other members.

Cooperation within the family is a need that allows the family to made decisions based on the whole group working together. Positive dynamics is another need that brings about cooperation within a family. Positive dynamics include the ability to encourage one another, to listen to one another, support one another. When these needs are met, members should feel as though they are valuable parts of the family. Each member is accepted as a unique person with the ability to make a valuable contribution to the family.

Another need for a family is support systems. This includes the support of extended family and friends. It also includes the support of the community. It is important that the community supports families. With the support of the community the family is able to foster healthy development and rely on resources within the community when needs arise. Support systems provide an outlet for members when things aren’t going as planned within the group. Support systems also encourage the family to unite together.

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