LSS
Youth and Family Resources North

Changing Lives Can’t Wait

Lutheran Social Service
for changing lives
LSS Administration - Youth and Family Resources 424 W Superior Street, Suite 204, Duluth, MN 55802

- **Description:** Provides leadership and management for Youth and Family Programming in northern Minnesota. Work with county contracts, billing, accounts payable/receivable.
- **Contact:** John E. Moline or Jean Obrecht
  - **Phone:** (218) 529-2236 or (218) 529-2231
  - **E-mail address:** john.moline@lssmn.org or jean.obrecht@lssmn.org

LSS/AIDS INFORMATION Duluth 219 North 6th Avenue East, Duluth, MN 55805

- **Description:** Primary source of HIV/AIDS information to the Duluth area community about prevention as well as fostering understanding and acceptance to those living with HIV/AIDS.
- **Contact:** Maggie Kazel
  - **Phone:** (218) 720-6385
  - **E-mail address:** maggie.kazel@lssmn.org

LSS/Bethany Crisis Nursery 9239 Idaho St., PO Box 7105, Duluth, MN 55807

- **Description:** Provides children from infancy through 12 years of age safe care on a short-term basis when there is a crisis in the family. Crisis line is available by calling 626-3083.
  - **Contact:** Lynn Shubitz
  - **Phone:** (218) 626-1901 x32
  - **E-mail address:** lynn.shubitz@lssmn.org

LSS Pregnancy & Birth Parent Services 424 W Superior Street, Suite 600, Duluth, MN 55802

- **Description:** Decision making and support services provided to expectant parents in Northeast MN to make an informed decision with their pregnancy. If adoption is chosen, assistance in creating a plan and throughout pre and post placement is provided.
  - **Contact:** Kjerstin Rydeen
  - **Phone:** (218) 529-2252
  - **E-mail address:** kjerstin.rydeen@lssmn.org

LSS/Bethany Crisis Shelter 9239 Idaho Street, PO Box 7105, Duluth, MN 55807

- **Description:** A 24-hour, 7 days a week shelter that provides a safe environment to chemically free children from newborn to 17 years old.
  - **Contact:** Dawn Shykes or Duncan Gregory
  - **Phone:** (218) 626-1901 x14 or (218) 626-1901 x15
  - **E-mail address:** dawn.shykes@lssmn.org or dgregory@lssmn.org
LSS/Oh No! Eighteen (O.N.E.) Program  219 N. 6th Ave. E., Duluth, MN 55805
  • Description: Provides experiential independent living groups for youth ages 14-21 with a strong focus on adventure based learning, leadership and team building skills. Scattered site housing available.
  • Contact: Angie Skogstad  
    Phone: (218) 722-2075  
    E-mail address: angie.skogstad@lssmn.org

LSS/Runaway and Homeless Youth Program  9239 Idaho Street, Duluth, MN 55808
  • Description: This program is offered to eligible youth and their families at no cost. It provides a safe and secure setting for runaway/homeless youth, 17 years and younger, on a short term basis, who are not presently served by a social service agency or facility. On-going case planning is provided to help address goals and future living arrangements. Youth cannot be on the run from another facility, cannot be suicidal or under the influence of chemicals, and parental notification and consent is required.
  • Contact: LeAnna Hudson or shelter staff at Bethany Crisis Shelter  
    Phone: (218) 626-1901, x17 or (218) 390-4153  
    E-mail address: leanna.hudson@lssmn.org

LSS/Street Outreach Program  104 W. 1st Street, Duluth, MN 55802
  • Description: provides Street based outreach services to all homeless and runaway youth. Outreach workers assist in obtaining temporary/transitional housing, provide a positive adult presence on the streets, offering the youth counseling, basic needs support and serve as a bridge between street youth and community resources.
  • Contact: Lynn Gerlach-Collard  
    Phone: (218) 723-8052 x21  
    E-mail address: lynn.gerlach@lssmn.org

LSS/Cloquet Safe Exchange Program  531 Slate St., Cloquet, MN 55720
  • Description: A neutral setting where court-ordered families can pick up and drop off their children for their visitation periods. Cost is $2.00 per family.
  • Contact: Carrie Ayers  
    Phone: (218) 879-1527  
    E-mail address: carrie.ayers@lssmn.org

LSS/Carlton Youth Shelter  531 Slate St., Cloquet, MN 55720
  • Description: 24 hour, 7 day a week shelter for youth from newborn to 17 years old.
  • Contact: Carrie Ayers  
    Phone: (218) 879-1527  
    E-mail address: carrie.ayers@lssmn.org

LSS/Structured/Supervised Visitation Program  531 Slate St., Cloquet, MN 55720
  • Description: Supervised visitations are available to families who have been court-ordered to have visits with their children.
  • Contact: Carrie Ayers  
    Phone: (218) 879-1527  
    E-mail address: carrie.ayers@lssmn.org

LSS/Supervised Visitation Program  9239 Idaho Street, Duluth, MN 55808
  • Description: Proving supervised visitation services to families referred through St. Louis County.
  • Contact: Brenda Caya or Matt Loberg  
    Phone: (218) 391-9561 or (218) 626-1901 x26  
    E-mail address: brenda.caya@lssmn.org or mloberg@lssmn.org
LSS/The First & Second Year Program  424 W. Superior Street, Suite 204, Duluth, MN 55802
- **Description:** A comprehensive, collaborative effort of community agencies to assist first time parents at risk for insecure attachment to understand and respond sensitively to their infants needs. After completing the First Year Program, parents transition to the Second Year Program.
- **Contact:** Jessica Ollhoff or Cathy Bergh
  - **Phone:** (218) 529-2246  (218) 529-2233
  - **E-mail address:** jessica.ollhoff@lssmn.org or cathy.bergh@lssmn.org

LSS/Together for Youth  424 W Superior Street, Suite 204, Duluth, MN 55802
- **Description:** A social support group for youth (14-20) who are gay, lesbian, bisexual, and transgender (GLBT) or questioning their sexual orientation. Educational presentations on GLBT issues are available for agencies, groups and conferences.
- **Contact:** Shirley Duke or Cathy Bergh
  - **Phone:** (218) 529-2233
  - **E-mail address:** shirley.duke@lssmn.org or cathy.bergh@lssmn.org

LSS/Renaissance Transitional Living Program  104 West 1st Street, 2nd Floor, Duluth, MN 55802
- **Description:** Provides transitional housing for young people 16-21 years old. Services include case management, advocacy and assistance with independent living skills, educational and employment needs.
- **Contact:** Lynn Gerlach-Collard or Cathy Bergh
  - **Phone:** 218 723-8052, x21  or  218-529-2233
  - **E-mail address:** lynn.gerlach@lssmn.org or cathy.bergh@lssmn.org

LSS/The Wellness Center  104 West 1st Street, Duluth, MN 55802
- **Description:** Proving health care services to homeless youth ages 16-21 years old.
- **Contact:** Caroline Woods or Cathy Bergh
  - **Phone:** 218 733-1383  218-529-2233
  - **E-mail address:** cwoods@lssmn.org or cathy.bergh@lssmn.org

LSS/Truancy Action Project (TAP)  424 W Superior Street, Suite 204, Duluth, MN 55802
- **Description:** A school-based program to help students under the age of 16 who have an attendance issue. Currently available at the following schools:
  - Lincoln Park (grades 1-5)
  - Central (grade 9)
  - Proctor (Grade 9)
  - Morgan Park (grades 5-8)
  - Denfeld (grade 9)
  - Hermantown (Grade 9)
  - Woodland (grades 5-8)
  - Ordean (grades 5-8)
- **Contact:** Scott Peters or Dawn Shykes
  - **Phone:** (218) 529-2244  218-626-1901x14
  - **E-mail address:** scott.peters@lssmn.org or dawn.shykes@lssmn.org

LSS/Interagency Review Team for Truancy (IRT)  424 W Superior St, Suite 204, Duluth, MN 55802
- **Description:** The goal of the IRT is to provide a community response to truancy by diverting cases from court and providing community alternatives. This service is primarily available for students ages 12-15 enrolled in Duluth or surrounding area schools. Referrals must be made by a school administrator.
- **Contact:** Scott Peters
  - **Phone:** (218) 529.2244
  - **E-mail address:** scott.peters@lssmn.org

LSS/Explore  424 W Superior St, Suite 204, Duluth, MN 55802
- **Description:** A program to help parents, caregivers, and children of all ages to **EXP**erience, **P**lay, **L**earn, **O**bserve, **R**ead and **E**njoy together. Offers weekly parent/caregiver groups and family fun nights.
- **Contact:** Jessica Ollhoff
  - **Phone:** 218-529-2246
  - **E-mail address:** jessica.ollhoff@lssmn.org
**LSS/G.R.A.C.E. Diversion Program** (Guidance, Responsibility, and Community Experience)  
424 W. Superior Street, Suite 203, Duluth, MN 55802  
- **Description:** This program will be used as another tool for IRT and the courts when responding to truancy cases. Youth referred to this program will need to complete 30 hours of community service, a community experience piece, and any education component involved. Youth referred will be under the age of 16.  
- **Contact:** Lee Berlinquette  
  Phone: 218-529-2234 or 393-9269  
  E-mail address: lee.berlinquette@lssmn.org

**LSS/Range Family Resource Center** 507 9th Avenue S, Virginia, MN 55792  
- **Description:** A 24-hour, 7 days a week shelter that provides a safe environment to chemically free children from newborn to 17 years old.  
- **Contact:** Jamie Stauty  
  Phone: 218-741-3343  
  E-mail address: jamie.stauty@lssmn.org

**LSS/Range Supervised Visitation** 507 9th Avenue S, Virginia, MN 55792  
- **Description:** Providing supervised visitation services to families referred through St. Louis County.  
- **Contact:** Lori Laine  
  Phone: 218-741-3343  
  E-mail address: lori.laine@lssmn.org

**LSS/C.O.R.E Military/Veteran Family Services**  
424 W Superior Street, Suite 204, Duluth, MN 55802  
- **Description:** C.O.R.E. is a joint partnership with the Minnesota Department of Veterans Affairs and Lutheran Social Service of Minnesota offering case management, outreach, referral and education. Services and resources available include: individual and family counseling, services for youth and families, deployment and reintegration support, budget and debt management counseling, respite care and caregiver support, anger and stress management.  
- **Contact:** Leslie Perrett  
  Phone: 218-529-2287  
  E-mail address: leslie.perrett@lssmn.org

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To find out how your financial support can ensure all people in northern Minnesota have the opportunity to live with dignity, safety and hope, please contact:  

*Elizabeth Simonson, Major Gifts Officer*  
218.529.2254 or 218.391.4772,  
or email elizabeth.simonson@lssmn.org.  
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