

EQUIPMENT LIST  
B.W.C.A.W Canoe Trips

As the Boy Scouts advise, "Be prepared". The weather may vary from hot and sunny to cold, rainy, and windy. Keep in mind, though, that everything you bring must fit into a Duluth pack and be carried on portages. Bring essential and useful items; leave lawn chairs, pink flamingos, and cosmetics at home.

Plan your clothing items so they can be worn over each other in layers. During the coldest possible weather, you may be wearing nearly all of your layers. Wool is one of the best for: socks, sweater, cap, and even pants. Remember that this is camping; bring durable, not dress clothes.

WE FURNISH:

Canoes  
Paddles  
Life jackets  
Tents  
Toilet tissue  
Kitchen and cookware

Maps for the group  
Duluth packs  
Folding saw  
Matches  
Spare rope  
First Aid kit

YOU BRING:

Food for the trail  
Permits for the trip ( pick up before departure)  
2 Heavy duty garbage bags (Duluth pack liners)  
1 Pair light footwear for camp use  
1 Pair shoes or boots which can get wet  
4 Pair wool socks  
2 Pair pants (wool or light cotton)  
2 Long sleeved shirts  
3 T-shirts  
1 Pair shorts  
1 Swimsuit  
1 Heavy sweater  
1 Lightweight jacket  
2 Piece rainsuit of durable material  
Unbreakable eating utensils (plate, cup, bowl, k,f,s)  
Spare prescription glasses  
Sleeping bag ( to 10<sup>0</sup> F) in stuff sacs w/ plastic liners

Grand Marais Ranger Station  
(218) 387-1750  
Broad brimmed hat for sun protection  
Sunglasses  
3 Pair underwear  
1 Small towel  
Toothbrush/paste  
Soap in plastic bag  
Comb or brush  
Extra bandaids and moleskin (for blisters)  
Flashlight with fresh batteries and spare bulb  
Pocket knife  
Sunscreen lotion  
Insect repellent  
Sleeping pad (closed cell or Thermo-rest)  
Safety strap for glasses  
1 qt. nalgene (unbreakable plastic) water bottle

EXTRAS: Camera, Journal, Pencil, Fishing gear & license, books to read, field guides, personal map

DO NOT BRING: Radios, Tape players, Recreational drugs, Alcohol

NOTE: The U.M.D. Kirby Games and Outing Center rents a variety of individual equipment. Please anticipate your needs and reserve equipment early at (218) 726-8734.