University of Minnesota-Duluth
Bowling PE 1414

Tuesdays 2:00-3:40
Spring Semester 2003

Student Instructor: Chad Kreuser   E-mail: ckreuseravd.umn.edu
Phone: 612-245-6688
Appointments: Tuesday, Thursday 11:00-11:50
Made via E-mail or Phone

Supervising Instructor: Betty Fleissner   E-mail: bfleisslavd.umn.edu
Phone: 726-8276
Office: BohH.31

Bowling Class Schedule:

At the end of this course the student will be able to understand background knowledge of bowling such as bowling history, etiquette, basic rules, scoring, and safety. You will also learn specific psychomotor skills such as the stance (set-up), pendulum swing, footwork, 4-step approach, ball delivery, and the finish.

Text: No text required. Handouts will be given out which will be the basis for quizzes and the final.

Equipment: All Equipment will be provided at Skyline Lanes. (.50 cents for each shoe rental)
Feel free to bring your own equipment if you have it.

Tentative Class Schedule:

January 21   Meet on campus in wrestling gym. Go over syllabus, scoring, introductions, directions to Skyline Lanes (Students need to find their own ride), and daily procedures/expectations including general safety and emergency action plan. (Handout on scoring, and history)

January 28   Meet at Skyline Lanes. Check-in and get shoes. Go over emergency action plan and general safety precautions. Get into groups of 3 or 4. Scoring: Bowl three games and record each player's score by hand. (Handout on etiquette, rules)

February 11  Stance (set-up) (Handout)

February 18  Pendulum Swing (Handout)

February 25  Four-Step Approach and Footwork (Handout)
March 4       Delivery (Handout)
March 11      Finish (Handout) Mid-semester class evaluation.
March 18      Spring Break
March 25      Skills Testing and games (On proper stance, swing, approach, delivery, and finish)
               Skills will be videotaped for grading of technique.
April 1       Skills Testing and games
April 8       Skills Testing and games
April 15      Team Tournament
April 22      Team Tournament Continued
April 29      Final Exam and Bowl three games.

**Proposed Grading Scale:**

1. Attendance - 20 points per class @ 15 sessions.  
   300 Pts.
2. Skills Test:
   - Set-Up      5 pts.
   - Swing       5 pts.
   - Approach    5 pts.
   - Delivery    5 pts.
   - Finish      5 pts.  
   25 Pts.
3. Unannounced Quizzes (3) @ 15 points each.  
   (On Handouts) May be given at any time during the semester.  
   45 Pts.
4. Final Examination (On Handouts)  
   60 Pts.
   **Total 430 Pts.**

90 -100% = A 430- 387  
80 - 89%  = B 386 – 344  
70-79%    = C 343-301  
60-69%    = D 300-258  
59% and below = F
Class Notes and Policies:
This course is student-centered, which involves a high degree of participation. Students are required to attend ALL class sessions. Absences will only be accepted for University excused absences or extreme emergencies.

If a student is going to be absent from class, the student needs to call or e-mail the instructor before the scheduled class time. If you know you are going to be late, do not speed to class. Note: The instructor reserves the right to use discretion when marking students absent. (i.e. if a student is consistently late or consistently on time.)

Note: Absence is defined:  -When a student is over 15 minutes late to class.
-When a student does not attend class.

Deductions for each absence:  
1\textsuperscript{st} Absence 20 pts. total  
2\textsuperscript{nd} Absence 40 pts. total  
3\textsuperscript{rd} Absence 60 pts. total  

**Student will receive a grade of an "F" for PE 1414 on their 4th absence**

Individuals who have any disability, either permanent or temporary, which might affect their ability to perform in this class, are encouraged to inform the instructor at the start of the semester. Adaptation of methods, materials, or evaluation may be made as required to provide for equitable participation.

Course Plan:
- Respect others.
- Respect facility (please no food or pop in settee area)
- Safety at all times!
- Enjoy yourselves!