RE: Medical Equipment
TO: First Year Medical Students and Learning Community Advisors
FROM: Ruth Westra DO, MPH
Chair, Department of Family Medicine and Community Health Duluth

It is a requirement for the Introduction to Rural Family Medicine and the subsequent courses with clinical experiences that you are professional and are prepared with the tools of the profession of medicine; **medical equipment and Bates' Guide to Physical Examination and History Taking.** The Department of Family Medicine and Community Health Duluth has coordinated many clinical experiences for you throughout your first two years at the University of Minnesota Medical School Duluth. The clinical experiences will begin with the development of your physical exam skills during the Introduction to Rural Family Medicine Course. In addition, you will have local & rural preceptor sessions and Rural Medical Scholars Program in your first year of medical school, physical diagnostic skill sessions and Clinical Community Medicine (CCM) in your second year of medical school.

Because there are many options, the department faculty have created a list of equipment with approximate costs. **We expect you to purchase and have your equipment charged and ready for the first physical exam skills session scheduled in October.**

**Required Equipment:**
97200-MC Welch Allyn Macroview Set: The set includes an Otoscope and Ophthalmoscope Heads with Handle/Rechargeable Lithium Battery with conversion piece to use with C Batteries and Case. The approximate cost from PSS (Physician Sales & Service) is $529. If you wish to order from them, call 1-800-755-2203, identify yourself as a medical student from Duluth & give them your credit card info (name on credit card, # on card, expiration date, 3 digit code on back & billing address for card) ORDER DEADLINE IS FRIDAY, SEPTEMBER 7. All orders will be shipped to the Family Medicine Dept at one time in one box for delivery.
BP Cuff (Adult) $23
Reflex Hammer $3
Tuning Fork (128) $8.50
Stethoscope: During your White Coat Ceremony on September 29 you will receive a Littman 3G Stethoscope from Fairview Hospital.

**Required Book:** Bickley, L. Bates' Guide to Physical Examination and History Taking Tenth Edition
**Recommend purchasing the iPad app for the Bates' Textbook. You will receive an iPad on August 20. We recommend waiting until Orientation ipad session for clarification on purchasing.**

You may choose to purchase other brands at your discretion, but the above are faculty recommendations. The BP Cuff, tuning fork and reflex hammer may be purchased at the UMD Bookstore.

We wish you great success in your clinical experiences and medical career and want to lay a strong foundation during your initial Physical Exam Skills sessions.

If you have any questions, please contact me at rwestra@d.umn.edu (726-8393) or stop by my office, Room 143.