How to find links to Food Information on Countries and Cuisines
there are many links to food information on “countries, cultures, regions, areas and territories . . .” and cuisines on the course WebPages
and one or more of these might prove interesting, and useful with your class project
there is a WebPage listing all of the countries, cultures and areas available, or . . .
you can just click on the A-Z index in your Moodle home for the country or culture you’re interested in . . .
Subject Index: A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Anthropology of Food — Anth 3888-350

Continuing Education
Fall 2012, 3 Credit Hours

Tim Roufs

Please get acquainted with the course information materials and other links.

If you have not used Moodle course management system before, please view the orientation tutorial.

(Please note: The orientation tutorial is a UMN Technology Training Center tutorial. The content of the tutorial has nothing to do with this course. It is purely coincidental that it is about food. — Tim Roufs)

Rice Gatherers 1887
Seth Eastman (1830-1875)
from The Anishnaabe of the Minnesota Chippewa Tribe (1973);
Timothy G. Roufs, Phoenix Indian Tribal Center, p. 27.

1 2 3 4 5 6 7 8 9 10 11 12 13
14 15 16 17 18 19 20
Subject Index: A B C D E F G H I J K L M N O P Q R S T U V W X Y Z
or click on the
“Food of Countries / Cultures”
link in the
“Additional Learner Support
Resources” section
of your Moodle home . . .
Please get acquainted with the course site; review the course information materials and other links.

If you have not used Moodle course management system before, please view the orientation tutorial.

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![Image of Native American rice gatherers](image_url)

**Rice Gatherers 1867**
Seth Eastman (1830-1875)
from *The Anichinabe of the Minnesota Chippewa Tribe* (1975),
Timothy G. Roufs, Phoenix Indian Tribal Series, p. 27.
Course Resources

- Video Schedule
- Class Slides (PowerPoints)
- Participation Guidelines
- Technology Requirements
- On-line Study Tips
- Accessibility Support
- Library
- Food of Countries/Cultures
- UMD Workshops
- Optional Readings
the countries . . . page looks like this
Countries/Cultures
(Alphabetically)

by region

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

- Afghanistan > food
- Ainu > food
- Albania > food
- America > food
- Amish > food

scroll down for the individual countries . . .
where to go?
the first horse meat that I (knowingly) ate was in Belgium
the first horse meat that I (knowingly) ate was in Belgium

the best restaurant meal that I have ever eaten was in Bruges, Belgium
("the most romantic city in the world")

[these two events are unrelated]
so let’s go to Belgium . . .
- Argentina > food
- Armenia > food
- Australia > food
- Austria > food
- Azerbaijan > food

Belgium > food

- Bolivia > food
- Bosnia & Herzegovina > food
- Brazil > food
- Britain / United Kingdom > food
- Bulgaria > food

- Canada > food
- Canary Islands (Spain) > food
- Catalonia > food
- Channel Islands (UK)
  - Jersey Bailiwick
  - Guernsey Bailiwick
Belgium is divided (some say “split”) into two major cultural groups . . .
Belgium is divided (some say “split”) into two major cultural groups...
Waloonia (French Speaking) (Catholic)
Flanders (Flemish Speaking) (Catholic)
Brussels tends to operate as a separate “region” (Multilingual) (Catholic)
click on “Belgium” to start your trip
Belgium

presentors

Scale Belgian Chocolate

(scaleing_Belgium slides)

- nominal scale
- ordinal scale
- interval
- ratio scale

Belgian Lace Worker
note the three divisions:
Belgium (the country)
Flanders
Wallonia
Food Trivia 1:
in Belgium there is no such thing as a “Belgian waffle”
Food Trivia 2:

but there is a

“Brussels sprout”
“Brussels sprouts as we now know them were grown possibly as early as the 1200s in what is now Belgium”.

Wikipedia
Brussels sprouts as we now know them were grown possibly as early as the 1200s in what is now Belgium.

Format Factoid: This is the way most Europeans punctuate a “full stop” at the end of a sentence with a quotation mark in the U.S.A. it is conventionally just the reverse.

the 1200s in what is now Belgium.”.

Wikipedia
Food Trivia 3:

“french fries”

Format Factoid:

“french fries” is not capitalized

Belgium fare, not French . . .
Food Trivia 3:

“french fries” are French-speaking Belgium fare, not French . . .
( . . . a fact most American national politicians apparently weren’t aware of that when they voted to serve only “freedom fries” in Washington when France wouldn’t support the second war in Iraq . . . )
. . . but more to the point, speaking of “french” fries, what’s in a name anyway?
but more to the point, speaking of “french” fries, what’s in a name anyway?

some folks love “escargot”, aka “snails”
but more to the point, speaking of “french” fries, what’s in a name anyway? some folks love “escargot”, aka “snails”, but wouldn’t think of eating “slugs”, even if they were “freedom slugs” . . .
. . . back to the food of Belgium . . .
Belgium

the food information is toward the middle of the page

if you click on “food” from the index page that will take you directly there
click on “food” to go directly to the food section of the Belgium class WebPage
have a look at some of the other items on the page as you’re looking for the food section

they tell you a lot about the country

for e.g., note that Belgium has *three* national anthems as well as *three* flags
• national anthem
  ○ Belgium
    - wikipedia > National anthem > List of national anthems > Belgium > The Brabançonne (The Song of Brabant)
    - national-anthems.net > Europe > Belgium
  ○ Flanders
    - wikipedia > National anthem > List of national anthems > Belgium > Flanders > De Vlaamse Leeuw (The Flemish Lion)
    - national-anthems.net > Europe > Flanders
  ○ Wallonia
    - wikipedia > National anthem > List of national anthems > Belgium > Wallonia > Li Chant des Walons (Song of the Walloons)
    - national-anthems.net > Europe > Wallonia
• food

- The Success Story of the Belgian Chocolate, read "The Story"
  - Marieke Chocolatier
  - ChocoWit Chocolatier

- Belgian Cuisine -- Wikipedia
  - Cookbook.Cuisine of Belgium

- World Food Habits: Bibliography -- Robert Dirks

- Belgium -- Anthropology of Food-Food Science

- World Hearth Circle of International Cooking > Belgian

- Belgian chefs -- Wikipedia

- Belgium -- Epicurious.com

  - on-line edition -- Project Gutenberg
here at the food section you can find a lot of information on Belgium cuisine . . .

and you might even note that they have some of the best chocolate in the world . . .

(more on this Week 14)

and that they DO love waffles

(but each region has their own style and name – what we call the “Belgium Waffle” is a “Brussels Waffle”)

what we call the “Belgium Waffle” is what they call the “Brussels Waffle” and it’s the style eaten in the Brussels area.

other areas of Belgium have their own styles.
the term “Belgium Waffle” was invented as a marketing ploy to sell waffles to Americans at the World’s Fair
you probably will not find too much on-line about it, but the horsemeat sausages are really wonderful
You probably will not find too much on-line about it, but the horsemeat sausages are really wonderful.

really . . .
You probably will not find too much on-line about it, but the horsemeat sausages are really wonderful.

really . . .

wonderful!
REM: to go directly to a country’s food section just click on “food” from the index page or from you’re A-Z index on your Moodle page . . .
• food

... and that will get you here directly
Bon Appétit!
Bon Appétit!
The French-speaking Wallonians *like* to hear you talk like that