

Anthropology of Food Week 1
(Module 1)

[🔗](#) = leave page



[Tim Roufs](#) Inspecting [Durians](#) in Singapore Market, 2017

Available on-line in your  canvas folder at
<<http://canvas.umn.edu/>>
[Syllabus](#) [🔗](#)
[Calendar](#) [🔗](#)

Getting Started

"Setting the Anthropological Table"

If you haven't read the ["Greetings!" memo of 26 December 2020](#) [🔗](#), [Using the Canvas Syllabus and Calendar memo of 27 December 2020](#), and the ["Welcome!" memo of 3 January 2021](#) [🔗](#) please do that as it contains useful and important information about the course.

THIS WEEK'S HIGHLIGHTS

(click links for details)

[🔗](#) = leave page

General Comments for the Week

This week we're off to have a look at food and culture around the world. It will be a savory adventure. This week we'll also take a few minutes to get to know one another, and our selves, and get to know how the course is set up and operates.

Where to Start?

[“First Day Handout”](#)

Live Chat: Open Forum / Office Hours

[Contact Information](#)

Video Explorations

Real People . . . Real Places . . .

[Videos for the Semester](#)

This Week’s Slides

[Class Slides for the Semester](#)

Readings for the Week

[Readings for the Semester](#)

REM: [Textbooks](#)

Other Assignment Information

[Main Due Dates](#)

[Calendar](#)

Week 1 (Module 1) Calendar

Discussion

Self-Assessment

For Fun Trivia

What is longest word ever to appear in all of literature? [s2021](#)

For other optional items for the week check “[Calendar](#)” or “[Syllabus](#)”

Questions? Comments?

General Comments for the Week

This week we're off to have a look at food and culture around the world. It will be a savory adventure. This week we'll also take a few minutes to get to know one another, and our selves, and get to know how the course is set up and operates.

Where to start?

The best way to start is by having a quick look at the

"First Day Handout" [↗](#)

on-line at http://www.d.umn.edu/cla/faculty/troufs/anthfood/afhandout_first-day.html#title [↗](#).

REM: Links on screenshots are not "hot" (active)

Anth3888 s2021
Anthropology of Food
University of Minnesota Duluth

60771-001 (01/13/2021 - 04/30/2021), instruction mode: Online-asynchronous, [Roufs, Tim](#), 3 credits
Schedule may change as events of the semester require

(click links for details)
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First-Day Handout

[syllabus]

([pdf version s2021](#))

Greetings s2021 [↗](#)

Using the Canvas Syllabus and Calendar [↗](#)

Welcome Spring 2021 [↗](#)

What's Happening Week 1?: Getting Started Spring 2021 [↗](#)

Textbook [↗](#)

The Course in a Nutshell

Where Should I Begin?

 **canvas**
information
navigation
calendar

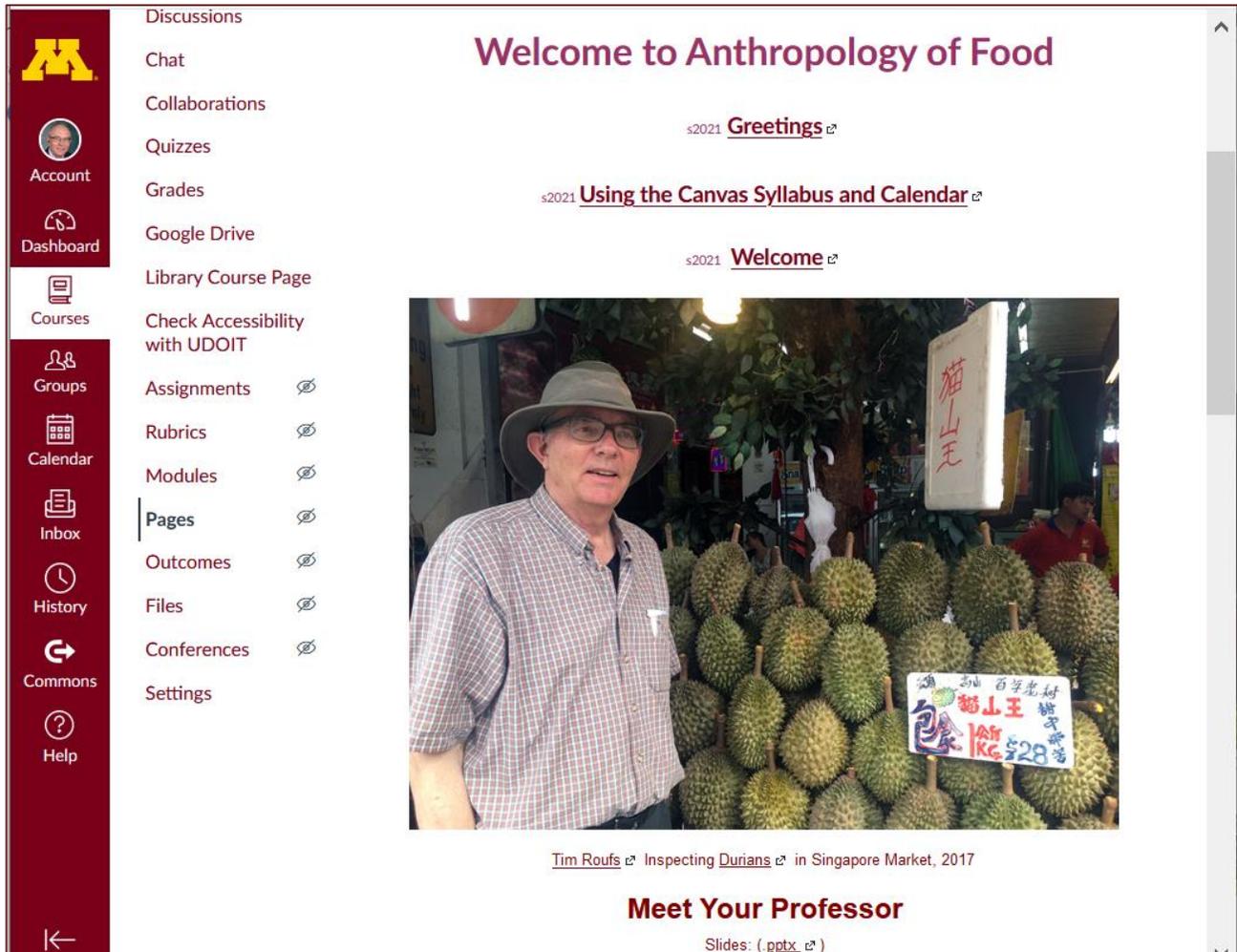
A-Z Index

Other Useful Information

Learner Outcomes

Also have a look at the course “Home” page of your Anthropology of Food  canvas folder <<http://canvas.umn.edu/>> . It will look something like this . . .

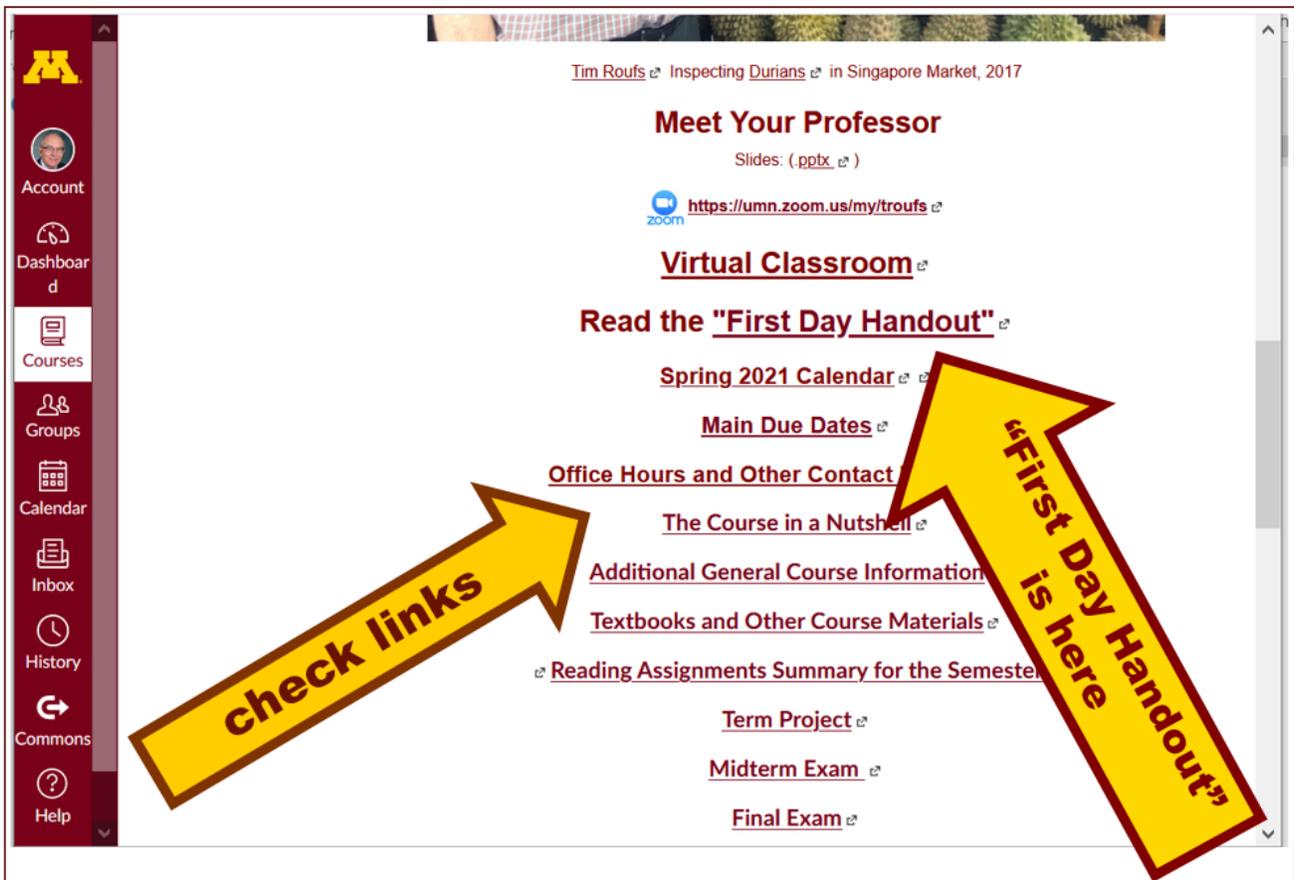
REM: Links on screenshots are not “hot” (active)



The screenshot shows a Canvas LMS interface. On the left is a dark red navigation sidebar with icons for Account, Dashboard, Courses, Groups, Calendar, Inbox, History, Commons, and Help. The main content area has a white background with a dark red header. The title 'Welcome to Anthropology of Food' is centered at the top. Below the title are several links: 'Greetings', 'Using the Canvas Syllabus and Calendar', and 'Welcome'. A central image shows a man in a hat and glasses standing in a market stall filled with durians. A sign in the stall reads '猫山王' (Mao Shan Wang) and '1kg \$28'. Below the image is a caption: 'Tim Roufs Inspecting Durians in Singapore Market, 2017'. At the bottom of the main content area is the heading 'Meet Your Professor' and a link to a slide presentation: 'Slides: (.pptx)'. The sidebar on the left lists various course management tools such as Discussions, Chat, Collaborations, Quizzes, Grades, Google Drive, Library Course Page, Check Accessibility with UDOIT, Assignments, Rubrics, Modules, Pages, Outcomes, Files, Conferences, and Settings.

Check the links on “Home” page . . .

REM: Links on screenshots are not “hot” (active)



Live Chat: Open Forum / Office Hours

[Contact Information](#)

Tuesday, 12 January 2021 @ 7:00-8:00 p.m. (CDT)

[“ZOOM”](#)

[click ↑ here]

or

e-mail anytime: <mailto:troufs@d.umn.edu>

[click ↑ here]



Live Chat is optional.

Video Explorations

Real People . . . Real Places . . .

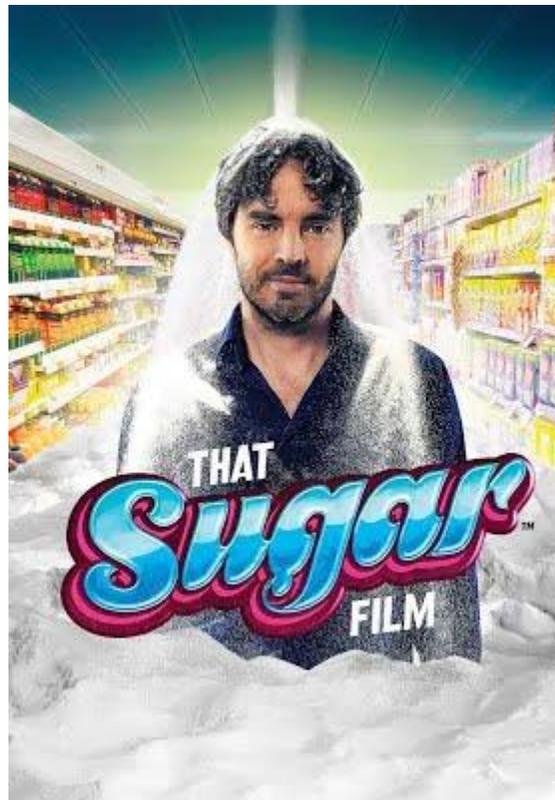
[Videos for the Semester](#)

 [***That Sugar Film***](#) -- [Wikipedia](#)
(102 min., 20145)

 [on-line access](#)

[[click](#) ↑ [here](#)]

[course viewing guide](#)



THAT SUGAR MOVEMENT was born from the success of *That Sugar Film*, Australia's highest earning cinema documentary which raised global awareness of the impact of hidden sugars on people's health.

THAT SUGAR FILM is one man's journey to discover the bitter truth about sugar. Damon

Gameau embarks on a unique experiment to document the effects of a high sugar diet on a healthy body, consuming only foods that are commonly perceived as “healthy.”

Through this entertaining and informative journey, Damon highlights some of the issues that plague the sugar industry, and where sugar lurks on supermarket shelves.

The film features guest cameos from the likes of Stephen Fry, Isabel Lucas and Brenton Thwaites, interviews with Gary Taubes, Michael Moss and Dr Kimber Stanhope plus a rocking soundtrack including Depeche Mode, Peter Gabriel and Florence and the Machine.

That Sugar Film will forever change the way you think about ‘healthy’ food.

-- That Sugar Film HomePage



🎬 ***The Truth about Fat***

NOVA, Season 47 Episode 6 (53:38 min. CC; 2020)

[Preview \(1:59 min\)](#) [🔗](#)

[Academic Video Online \(AVON\)](#) [🔗](#)

[click [↑](#) here]

Authentication notes: University of Minnesota Duluth access

If off campus, use

[Virtual Private Network \(VPN\)](#) [🔗](#) (UMD) [🔗](#)

BBC Worldwide Learning,; BBC Scotland,
London, England : BBC Worldwide 2015

For generations, fat has been the enemy.

We've demonized it as a cumbersome health risk and cast overweight individuals as too gluttonous or lazy to make healthy choices. But scientists are coming to understand that fat is not so simple.

In fact, it's a fascinating and dynamic organ — one whose size has more to do with biological processes than personal choices. Now, NOVA takes you inside the amazing world of fat.

Why don't sumo wrestlers suffer from the health problems that other obese people do? Why has evolution hardwired us to hang onto fat even when it's unhealthy? And what would happen if you had no fat at all?

Through real-life stories of hunter-gatherers, supermodels, and a BIGGEST LOSER contestant, NOVA explores the complex functions of fat and the role it plays in controlling hunger, hormones, and even reproduction on ["The Truth About Fat."](#)

-- PBS

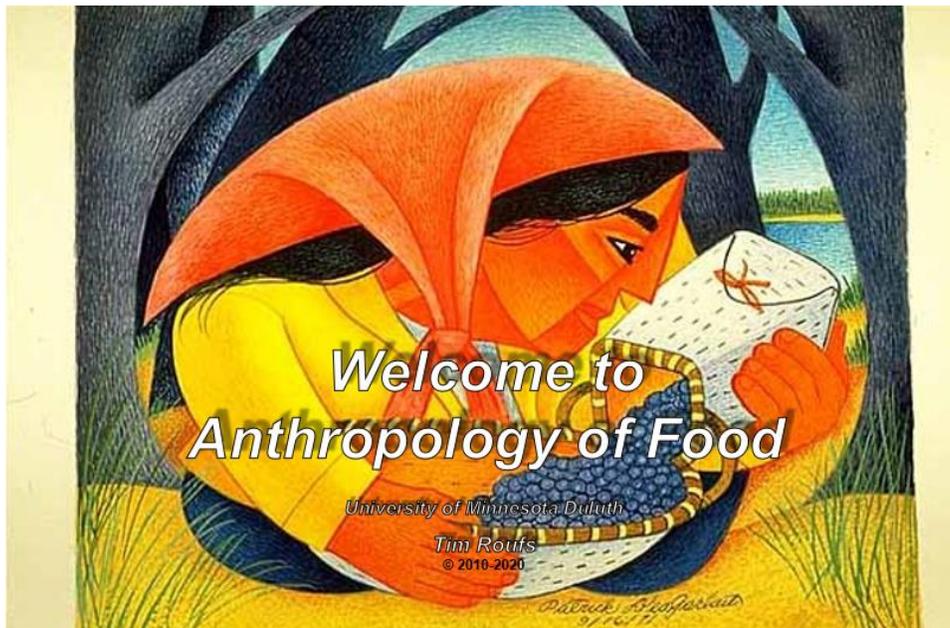
This Week's Slides

[Class Slides for the Semester](#)

“Orientation: Introduction to Anthropology / Orientation to the Course”

[\(.pptx\)](#)

[click ↑ here]



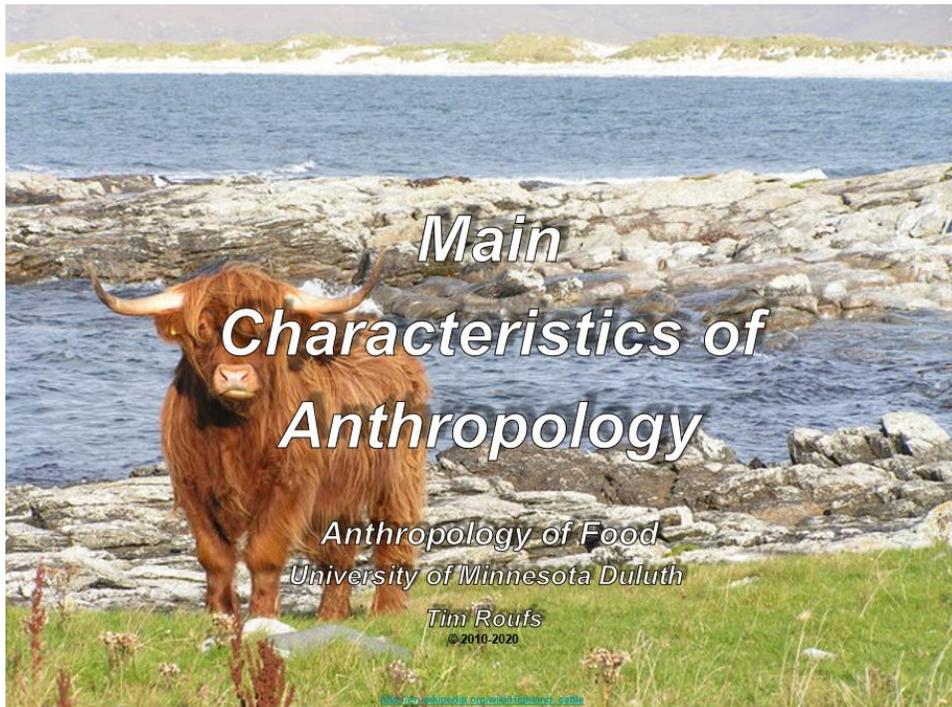
“Main Characteristics of Anthropology: Introduction”

(.pptx) [🔗](#)

(you can finish these slides next week if you want)

([holism slides.pptx](#))

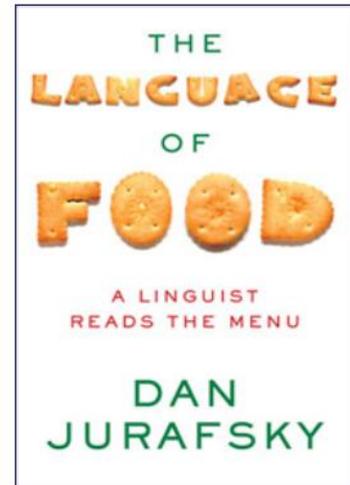
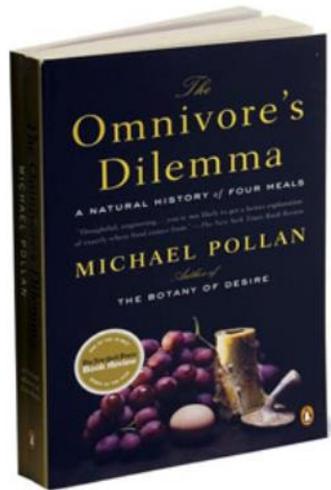
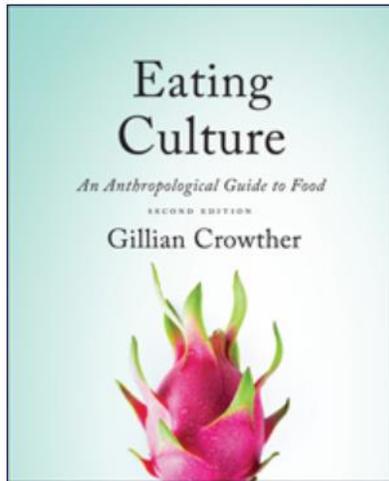
[click [↑](#) here]



Readings for the Week

[Readings for the Semester](#) [🔗](#)

REM: [Textbooks](#) [🔗](#)



- ***Eating Culture, Second Edition*, Gillian Crowther**

- INTRODUCTION, "SETTING THE ANTHROPOLOGICAL TABLE"
- *Glossary* page through the *Glossary* on pp. 301-312 and familiarize yourself with the terms

- ***Omnivore's Dilemma*, Michael Pollan**

(Assignments start in [Week 2](#))

- ***The Language of Food*, Dan Jurafsky**

(Assignments start in [Week 4](#))

Other Assignment Information

[Main Due Dates](#) [↗](#)

[Calendar](#) [↗](#)

Week 1 Calendar

(Module 1)

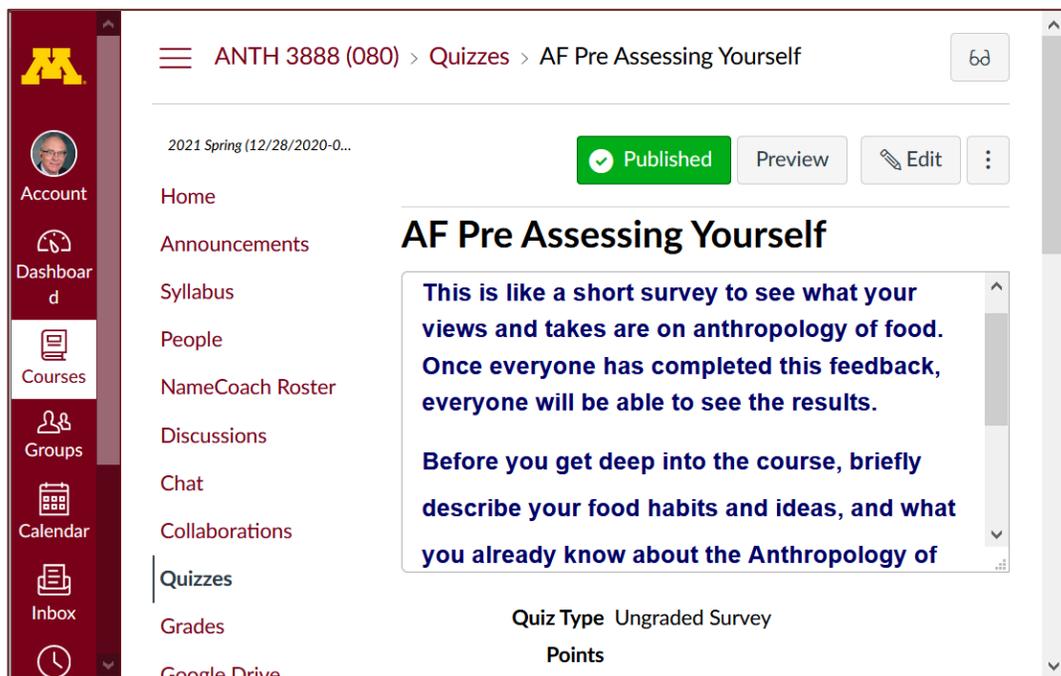
REM: Links on screenshots are not "hot" (active)

Be sure to check the details of the **activities and assignments** of the week in your  canvas folder. With the Week 1 Discussions and Activities, for e.g., we'd like to find out a little bit about your background and thoughts on food topics. . . .

This week in the first of two Discussions one of your tasks is to **keep track of a day of your food intake**. *One of the reasons for doing this, besides giving you some idea of how you are doing in terms of your overall “junk calorie” intake (basically SUGAR), is for you to see how difficult it is getting good data when doing food research involving food and people.* Detailed instructions are included on the *Discussion* page.

Self-Assessment

REM: Links on screenshots are not “hot” (active)



The screenshot displays the Canvas LMS interface for a course titled 'ANTH 3888 (080)'. The navigation menu on the left includes options like Account, Dashboard, Courses, Groups, Calendar, Inbox, and Google Drive. The main content area shows a quiz titled 'AF Pre Assessing Yourself' with a 'Published' status. The quiz description reads: 'This is like a short survey to see what your views and takes are on anthropology of food. Once everyone has completed this feedback, everyone will be able to see the results. Before you get deep into the course, briefly describe your food habits and ideas, and what you already know about the Anthropology of'. The quiz type is 'Ungraded Survey' and it is worth 'Points'.

For other optional items for the week check “[Calendar](#)” or “[Syllabus](#)”

For Fun Food Trivia for the Week . . .

What is longest word ever to appear in all of literature? [s2021](#)

[Lopadotemachoselachogaleokranioleipsanodrimhypotrimmatosilbiboparaoomefitorakatechymenokichlopiokossyphopharosperisteralektryonoptekphalliozikipoteiolagiosiraiobaphetraganopterygon](#)

[Answer](#)

If you have any **questions or comments** right now, please do not hesitate to post them on the  **canvas** “Discussions”, or e-mail troufs@d.umn.edu, or **ZOOM** <https://umn.zoom.us/my/troufs>. (E-mail is fastest, and most generally best as quite often URLs need be sent.)

REM: Each week—usually on Sunday—you will receive a “What’s Happening” memo like this in your UM e-mail account and the same memo will also be available in your  **canvas** folder in three places . . .

The screenshot shows the Canvas LMS interface for the Anthropology of Food course. The sidebar on the left contains navigation options: Home, Announcements, Syllabus, People, NameCoach Roster, Discussions, Grades, Google Drive, Library Course Page, and Collaborations. The main content area displays a 'Recent Announcements' section with a welcome message from the instructor, dated May 11, 2020. Below this is a subject index and a 'Welcome to Anthropology of Food' message. Three yellow arrows with black outlines point to the 'Announcements' link in the sidebar, the 'Calendar' link in the sidebar, and the 'Home Window' area of the main content.

REM: You can synchronize your  canvas calendar with your UMD Google calendar, if you want. Information for that is here [↗](#) for s2021.

Best Wishes,

Tim Roufs

<http://www.d.umn.edu/~troufs/> [↗](#)

<https://umn.zoom.us/my/troufs> [↗](#)

[other contact information](#) [↗](#)

P.S. REM: If you are new to the world of "technology" don't worry too much about that. Things may not "work" for you at first, but hang in there and we'll help you along. If you have not used  canvas course management system before, you might find it helpful to view the **[Canvas Student Guide](#)** [↗](#).