

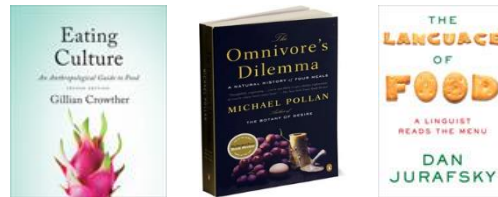
# UNIVERSITY OF MINNESOTA

Duluth Campus


Department of Studies in Justice, Culture, & Social Change  
College of Arts, Humanities, and Social Sciences

228 Cina Hall  
1123 University Drive  
Duluth, Minnesota 55812-3306  
<http://www.d.umn.edu/socanth>  
E-mail: [troufs@d.umn.edu](mailto:troufs@d.umn.edu)  
ZOOM: <https://umn.zoom.us/my/troufs>  
9 January 2022

## Anthropology of Food Week 1



Direct Link  
to Canvas

Available on-line in your  canvas folder at

s2022 [Canvas Modules](#)  
[Module 1](#)

(click links for details)

 = leave page



Tim Roufs Inspecting Durians in Singapore Market, 2017

## What's Happening Week 1?

# Getting Started

"Setting the Anthropological Table"

## THIS WEEK'S HIGHLIGHTS

(click links for details)

 = leave page



## **GENERAL COMMENTS FOR THE WEEK . . .**

This week we're off to have a look at food and culture around the world. It will be a savory adventure. This week we'll also take a few minutes to get to know one another, and our selves, and get to know how the course is set up and operates.

**Pre-term Memos . . .**

**"First Day Handout"** [🔗](#)

## **DUE: MEET AND GREET WEEK 1 . . .**

(optional) **LIVE CHAT / OFFICE HOURS . . .**

(Tuesday, 7:00-8:00 CDT, or E-mail)

Contact Information [🔗](#)

## **VIDEO EXPLORATIONS WEEK 1 . . .**

**Real People . . . Real Places . . .**

Videos for the Semester [🔗](#)

***That Sugar Film***

(102 min, 2015)

## **WEEK 1 SLIDES . . .**

Class Slides for the Semester [🔗](#)

**"Orientation:**

**Introduction to Anthropology /  
Orientation to the Course"**

**(.pptx)** [🔗](#)

## **READINGS FOR WEEK 1 . . .**

Readings for the Semester [🔗](#)

Textbook Information [🔗](#)

## **OTHER ASSIGNMENT INFORMATION . . .**

Main Due Dates [🔗](#)

s2022 **Module 1 – Week 1** [🔗](#)

**Self-Assessment**

**PROJECT INFORMATION . . .**

[Basic Information](#) [🔗](#)

[Main Due Dates](#) [🔗](#)

**DUE: DISCUSSION WEEK 1 . . .**

"'How 'yal doin'?' and How does one really know how your doin'?"

(optional) **FOR FUN FOOD TRIVIA . . .**

[Food Trivia HomePage](#) [🔗](#)

“What is longest word ever to appear in all of literature?”

(optional) **EXTRA CREDIT . . .**

[Basic Extra Credit Information](#) [🔗](#)

**OTHER (OPTIONAL) . . .**

**QUESTIONS? / COMMENTS?**

## **General Comments for the Week . . .**

This week we're off to have a look at food and culture around the world. It will be a savory adventure. This week we'll also take a few minutes to get to know one another, and our selves, and get to know how the course is set up and operates.

### **Pre-term Memos . . .**

#### **If you haven't read the**

**"Greetings" Memo**

(Textbooks)

of Sunday, 26 December 2021 [L](#),

**the "Canvas 'Modules' / 'Sunday Memos'"**

(General Organization of Stuff)

Memo of Tuesday, 28 December 2021 [L](#),

**the "Using the Canvas Modules" Memo**

(Keeping Track of Assignments and when things are Due)

Memo of Thursday, 30 December 2021 [L](#),

**and the "Welcome" Memo**

Memo of 2 January 2022 [L](#)

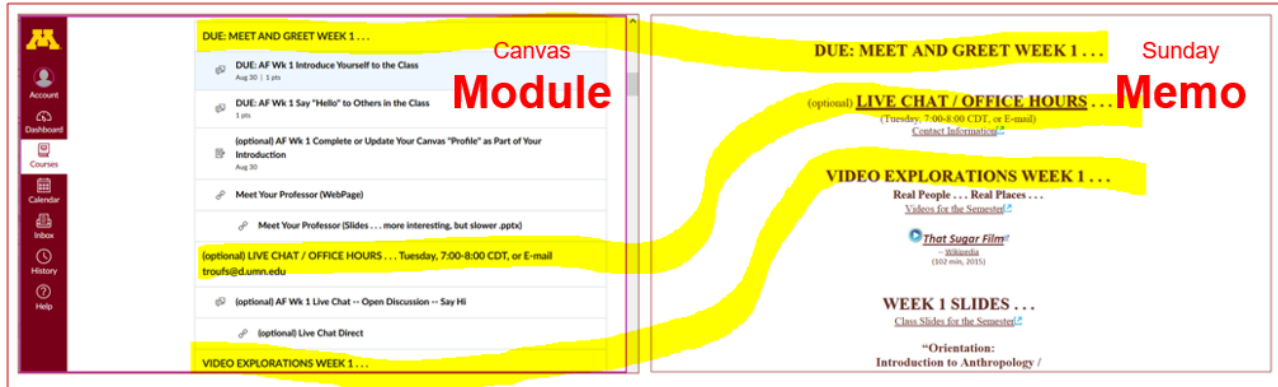
**please do that as they contain useful and important information  
about the course that will make your life much easier.**

**These are not required reading,  
but it would be a good idea to read them anyway.**

(That's a lot of stuff to read, but the "stuff" lightens up after next week.)

and

Compare this “Sunday Memo” with your Canvas “Week 1 Module”



These are the two things to focus on for Week 1.

The **Canvas Module** is the basic outline,  
the **Sunday Memo** contains more details.

Both contain “hot” [active] links to other materials.

The best way to start is by having a quick look at the

**"First Day Handout"** [↗](#)

on-line at [http://www.d.umn.edu/cla/faculty/troufs/anthfood/afhandout\\_first-day.html#title](http://www.d.umn.edu/cla/faculty/troufs/anthfood/afhandout_first-day.html#title) [↗](#)

REM: Links on screenshots are not “hot” (active)

[Jump to "Where to Begin?"](#)

Anth 3888 s2022  
**Anthropology of Food**  
University of Minnesota Duluth

48415-001 (01/12/2022 - 04/29/2022), instruction mode: Online-asynchronous, Room, Time 3 credit  
s Schedule may change as events of the semester require

(click links for details)  
if = leave page

## First-Day Handout

[syllabus]  
(.pdf version s2022)

1 of 15 1/7/2022, 10:41 PM

Anthropology of Food--University of Minnesota Duluth [https://www.d.umn.edu/cla/faculty/troufs/anthfood/afhandout\\_first-day.h](https://www.d.umn.edu/cla/faculty/troufs/anthfood/afhandout_first-day.h)

**Pre-term Memos**

s2022 [Greetings! – Information on Textbooks and Other Things](#)

s2022 [Canvas “Modules” and “Sunday Memos” -- General Organization of Stuff](#)

s2022 [Using the Canvas Modules to Keep Track of Your Assignments](#)

s2022 [Welcome!](#)


Week 1 Memo

[What's Happening Week 1?](#)  
-- Getting Started Spring 2022

[Textbook](#)

[The Course in a Nutshell](#)

[Where Should I Begin?](#)

 canvas

s2022 [Modules](#) for Participants  
[information](#)  
[navigation](#)

[A-Z Index](#)

[Other Useful Information](#)

Also have a look at the course “**Home**” page of your Anthropology of Food  folder [<http://canvas.umn.edu/>](http://canvas.umn.edu/). It will look something like this . . .

REM: Links on screenshots are not "hot" (active)

This screenshot shows the 'Home' page of a Canvas LMS course. On the left is a dark red navigation sidebar with icons for Home, Account, Dashboard, Courses, Calendar, Inbox, History, and Help. The main content area features a 'Welcome to the Anthropology of Food!' message with a photo of a man in a hat inspecting durians in a market. Below the photo is a 'Meet Your Professor' section with a Zoom link (https://umn.zoom.us/my/troufs) and a 'Read the "First Day Handout"' section dated Wednesday, 12 January 2022. At the bottom, there is a 'Spring 2022 Calendar' link.

Check the links on "Home" page . . .

REM: Links on screenshots are not "hot" (active)

This screenshot is similar to the one above but shows a different set of links on the course page. A large yellow arrow with the text 'check links' points to the navigation sidebar. The main content area includes links for 'Meet Your Professor' (with a Zoom link), 'Read the "First Day Handout"' (dated Wednesday, 12 January 2022), 'Spring 2022 Calendar', 'Main Due Dates', 'Office Hours and Other Contact Information', 'Course Modules for the Semester', 'Useful Canvas "How to . . ." Help Sites . . .', 'Anthropology of Food in a Nutshell', 'Course Structure', and 'Course Content'. The 'Home' link in the sidebar is highlighted.



## DUE: MEET AND GREET WEEK 1 . . .

Introduce Yourself to the Class



What would you like the others in class to know about you?

Be sure to also fill out your Canvas profile.

Photo Credit: [New York Times](#) 

s2022 <[https://canvas.umn.edu/courses/282589/discussion\\_topics/1480818?module\\_item\\_id=7029724](https://canvas.umn.edu/courses/282589/discussion_topics/1480818?module_item_id=7029724)>

[click  here]



Say "Hello" to Others in the Class



What would you like to know about others in the class?

Be sure to also fill out your Canvas profile.

Andrea Kihlstedt : Photo credit: Copyright: [boarding1now / 123RF Stock Photo](#)

s2022 <[https://canvas.umn.edu/courses/282589/discussion\\_topics/1480832?module\\_item\\_id=7029726](https://canvas.umn.edu/courses/282589/discussion_topics/1480832?module_item_id=7029726)>

[click ↑ here]

## Meet Your Professor

(WebPage) [↗](#)

slides: (.pptx) [↗](#)

## (optional) **LIVE CHAT: OPEN FORUM / OFFICE HOURS . . .**

[Contact Information](#) [↗](#)

Tuesday, 7:00-8:00 p.m. (CDT)

**“ZOOM”** [↗](#)

[click ↑ here]

or

e-mail anytime: <mailto:troufs@d.umn.edu> [↗](#)

[click ↑ here]



Live Chat is optional.

## VIDEO EXPLORATIONS WEEK 1 . . .

Real People . . . Real Places . . .

[Videos for the Semester](#)

▶ *That Sugar Film* -- [Wikipedia](#)  
(102 min., 20145)

YouTube [on-line access](#)

[click ↑ here]

[course viewing guide](#)

*That Sugar Film*  
-- [Wikipedia](#)



**THAT SUGAR MOVEMENT** was born from the success of *That Sugar Film*, Australia's highest earning cinema documentary which raised global awareness of the impact of hidden sugars on people's health.

**THAT SUGAR FILM** is one man's journey to discover the bitter truth about sugar. Damon Gameau embarks on a unique experiment to document the effects of a high sugar diet on a healthy body, consuming only foods that are commonly perceived as "healthy."

Through this entertaining and informative journey, Damon highlights some of the issues that plague the sugar industry, and where sugar lurks on supermarket shelves.

The film features guest cameos from the likes of Stephen Fry, Isabel Lucas and Brenton Thwaites, interviews with Gary Taubes, Michael Moss and Dr Kimber Stanhope plus a rocking soundtrack including Depeche Mode, Peter Gabriel and Florence and the Machine.

*That Sugar Film* will forever change the way you think about 'healthy' food.

-- [That Sugar Film HomePage](#)

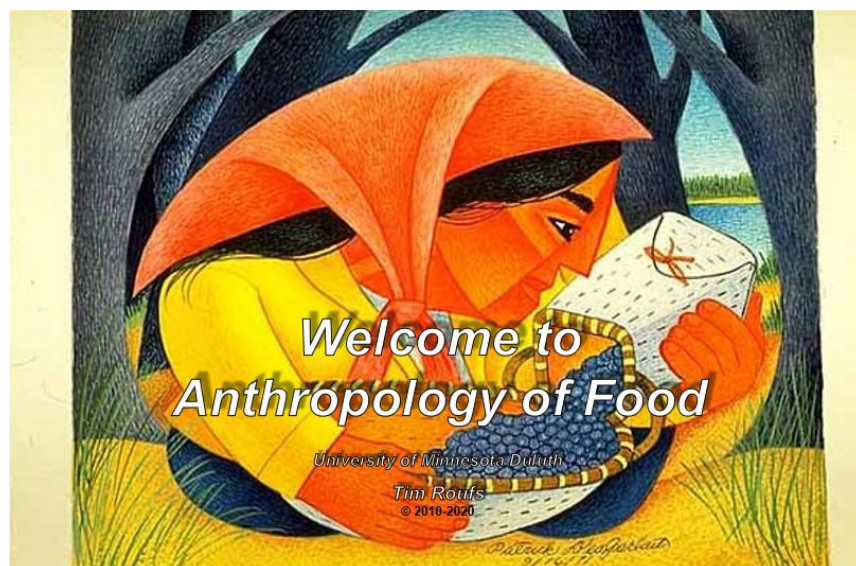
## WEEK 1 SLIDES . . .

[Class Slides for the Semester](#)

### **“Orientation: Introduction to Anthropology / Orientation to the Course”**

[\(.pptx\)](#)

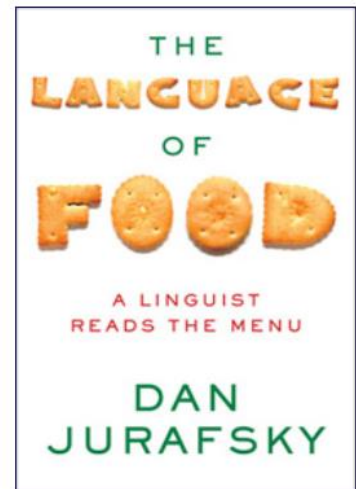
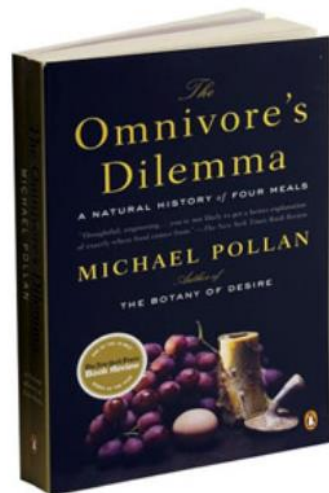
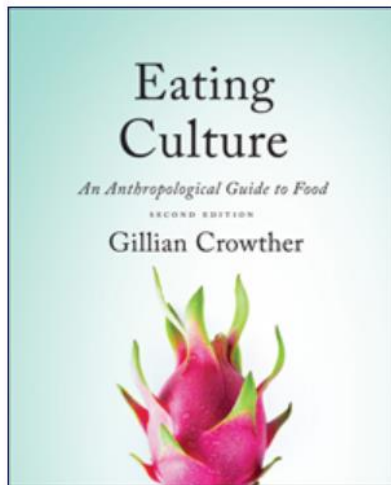
[click ↑ here]



## READINGS FOR WEEK 1 . . .

[Readings for the Semester](#)

[Textbook Information](#)



- **[Eating Culture, Second Edition, Gillian Crowther](#)**

- INTRODUCTION, "SETTING THE ANTHROPOLOGICAL TABLE"
- *Glossary* page through the *Glossary* on pp. 301-312 and familiarize yourself with the terms

- **[Omnivore's Dilemma, Michael Pollan](#)**

(Assignments start in [Week 2](#))

- **[The Language of Food, Dan Jurafsky](#)**

(Assignments start in [Week 4](#))

## OTHER ASSIGNMENT INFORMATION . . .

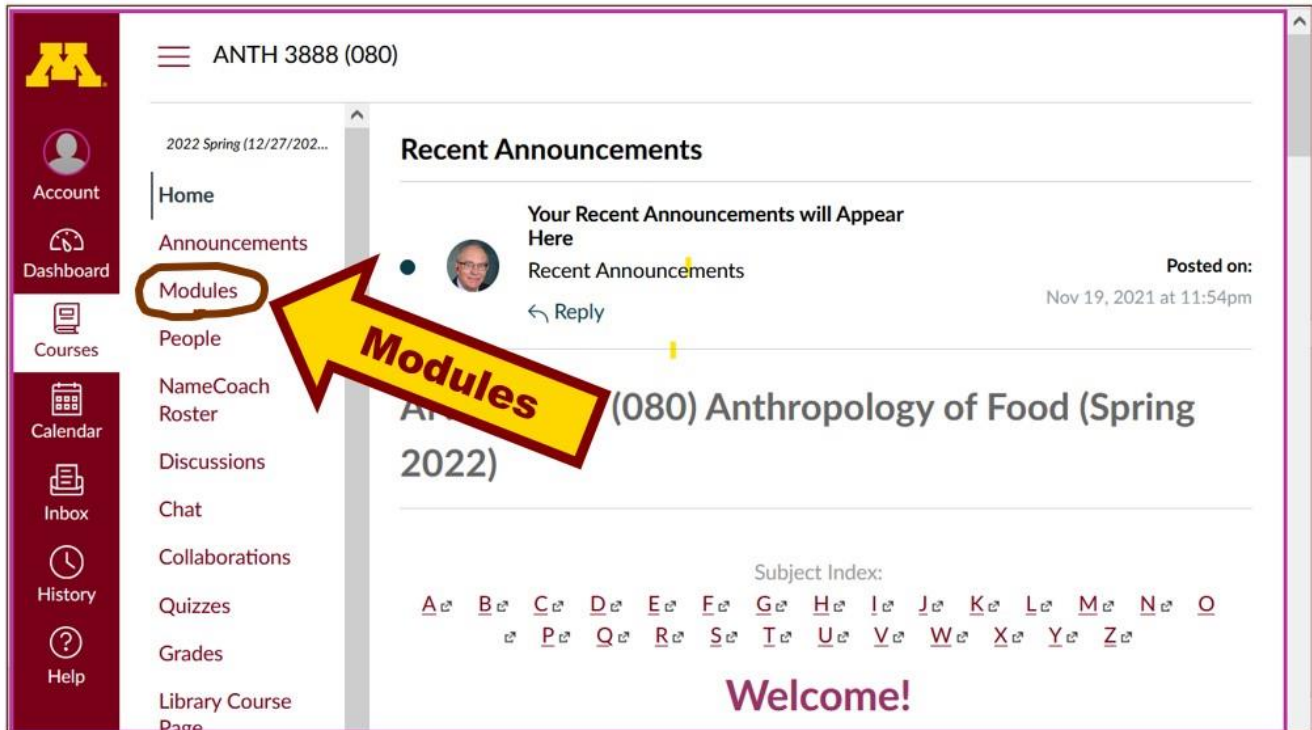
[Main Due Dates](#)

s2022 **[Module 1 – Week 1](#)**

From your  **Home Page,**  
click on the **Modules** feature to start out . . .



REM: Links on screenshots are not “hot” (active)

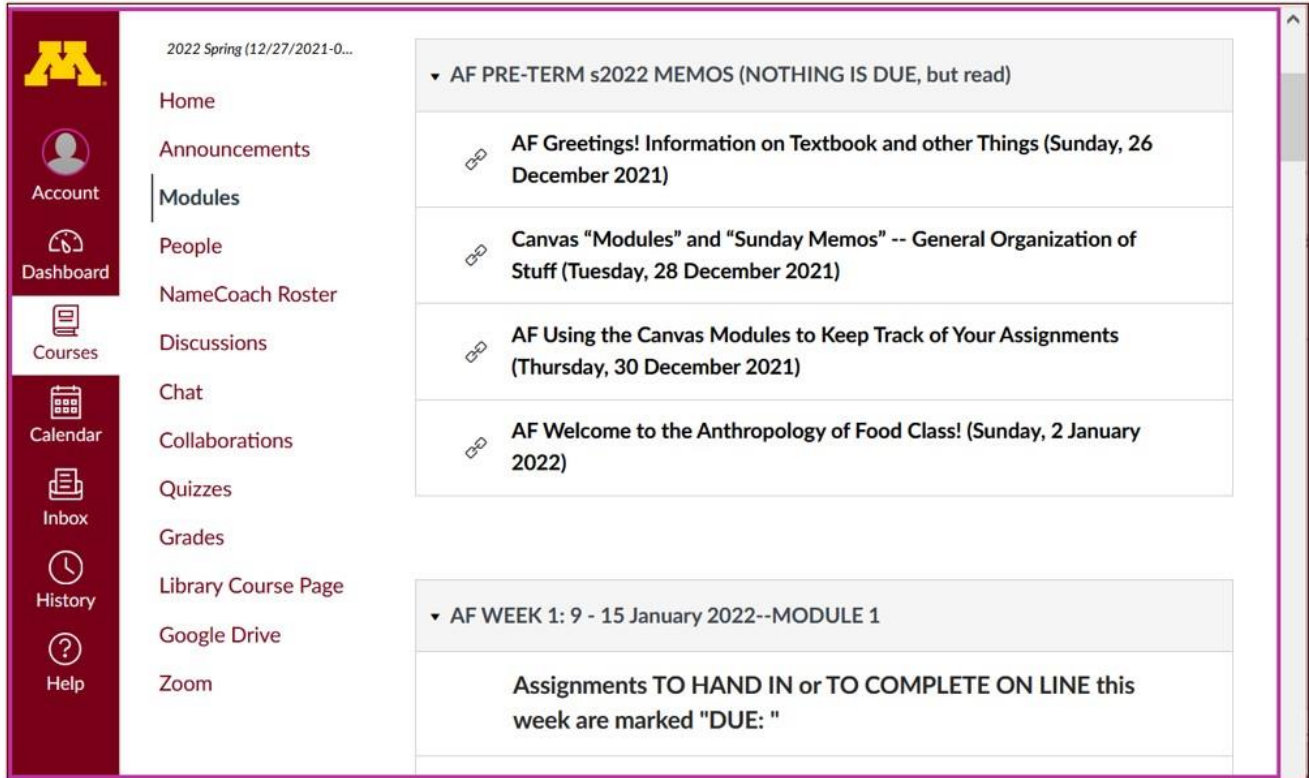


. . . and that will take you to the **Modules** folder, which  
looks something like this . . .



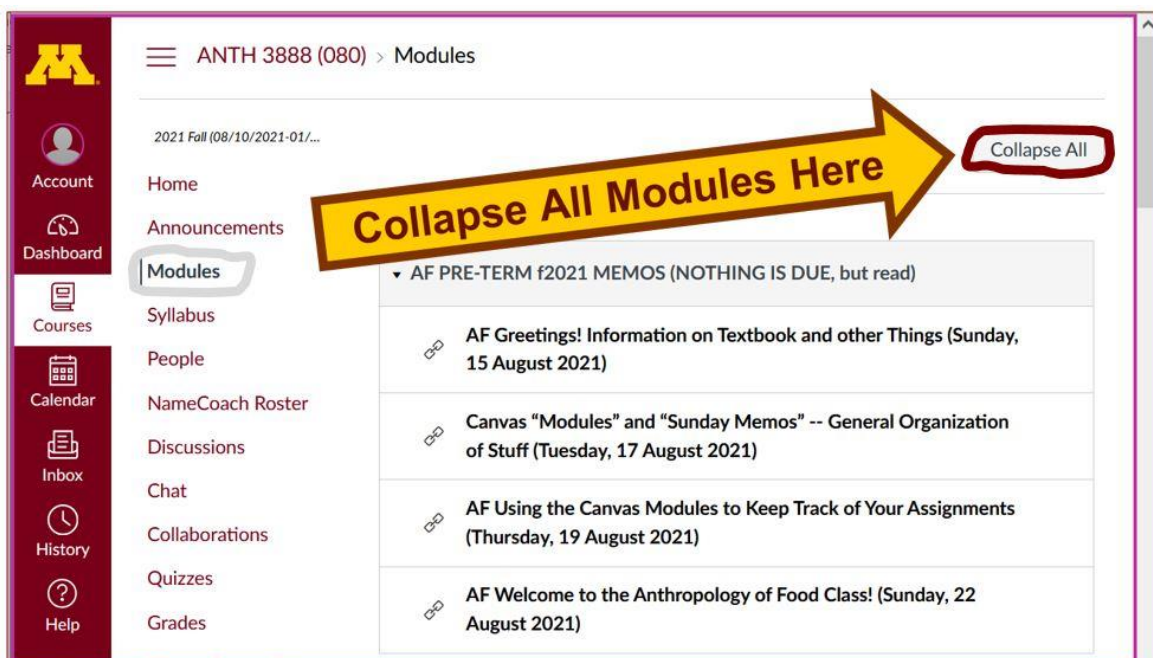


REM: Links on screenshots are not “hot” (active)



## To de-clutter your screen use the “Collapse All” feature in Modules . . .

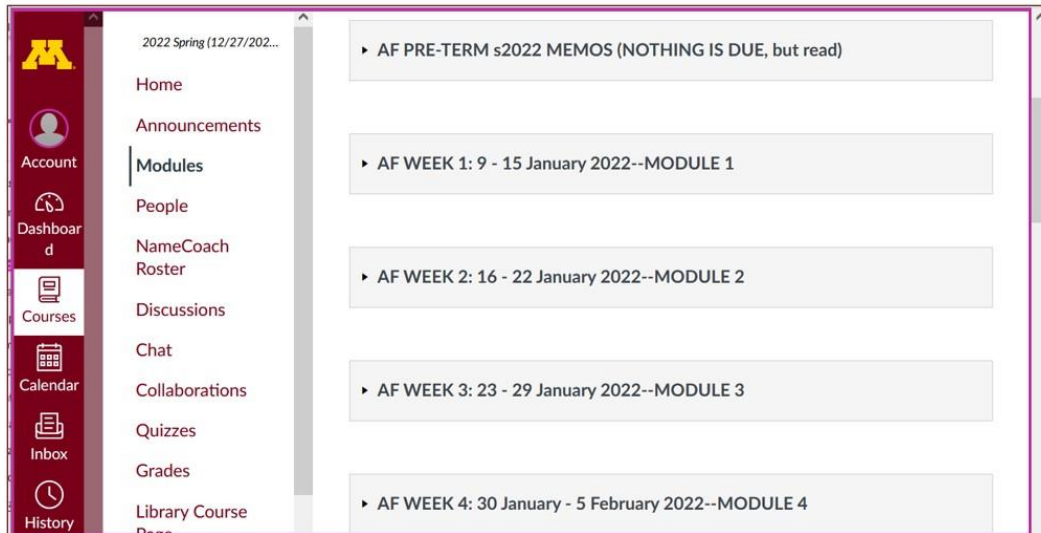
REM: Links on screenshots are not “hot” (active)



And your de-cluttered Modules page will look like this . . .

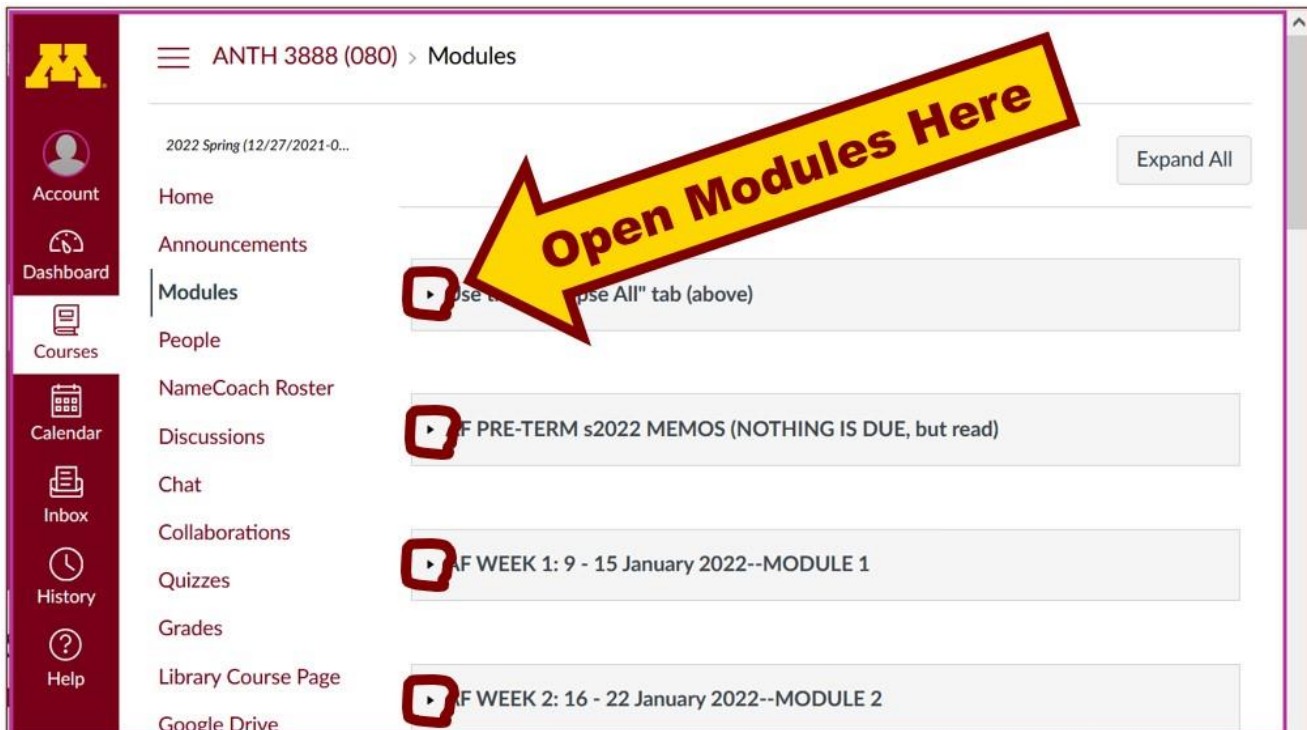


REM: Links on screenshots are not "hot" (active)



If it is closed, open Week 1 Module . . .

REM: Links on screenshots are not "hot" (active)





## And the Week 1 Module will look like this . . .



REM: Links on screenshots are not "hot" (active)

2022 Spring (12/27/202...

Home

Announcements

Modules

People

NameCoach

Roster

Discussions

Chat

Collaborations

Quizzes

Grades

Library Course

Page

▼ AF WEEK 1: 9 - 15 January 2022--MODULE 1

Assignments TO HAND IN or TO COMPLETE ON LINE this week are marked "DUE: "

MAIN MEMO FOR WEEK 1 . . .

🔗 Sunday Memo: AF Memo: What's Happening Week 1? -- Getting Started (Sunday, 9 January 2022)

🔗 AF The Course in a Nutshell

🔗 AF Course Structure

🔗 AF Course Content

📄 AF Wk 1 First Day Handout (The Class "Syllabus")

## PROJECT INFORMATION . . .

[Basic Information](#)

[Main Due Dates](#)

We'll have a look at some Project information next week

## DUE: DISCUSSION WEEK 1 . . .

"How 'yal doin'?" and How does one really know how your doin'?"

(optional) **FOR FUN FOOD TRIVIA . . .**

[Food Trivia HomePage](#)


"What is longest word ever to appear in all of literature?"

(optional) **EXTRA CREDIT . . .**

[Basic Extra Credit Information](#)

Extra Credit is available in this class.  
We'll have a closer look at Extra Credit after the Midterm Exam.

**OTHER (OPTIONAL) . . .**

Be sure to check the details of the **activities and assignments** of the week in your  **canvas** folder. With the Week 1 Discussions and Activities, for e.g., we'd like to find out a little bit about your background and thoughts on food topics. . . .

This week in the first of two Discussions one of your tasks is to **keep track of a day of your food intake**. *One of the reasons for doing this, besides giving you some idea of how you are doing in terms of your overall “junk calorie” intake (basically SUGAR), is for you to see how difficult it is getting good data when doing food research involving food and people.* Detailed instructions are included on the *Discussion* page.

## **Self-Assessment**

This week please also take a short survey to give us an idea of what your views and takes are on Global Cultures. Once every one has completed this feedback, everyone will be able to see the results.

**Before you get deep into the course, briefly describe your experiences with and ideas about Global Cultures, and what you already know about things related to Understanding Global Cultures.**

**At different points during the semester we will return to these questions to have a look at the various subjects.**

REM: Links on screenshots are not "hot" (active)

2022 Spring (12/27/2021-0...)

**AF Pre Assessing Yourself**

Due Jan 15, 2022 at 11:59pm    Questions 18    Time Limit None

Allowed Attempts Unlimited

### Instructions

This is like a short survey to see what your views and takes are on anthropology of food. Once everyone has completed this feedback, everyone will be able to see the results.

Before you get deep into the course, briefly describe your food habits and ideas, and what you already know about the Anthropology of Food.

At different points during the semester we will return to these questions to have a look at the various subjects.




## For Fun Food Trivia for the Week . . .


**What is longest word ever to appear in all of literature?** [s2021](#)

[Lopadotemachoselachogaleokranioleipsanodrimhypotrimmatosilbioporaomelitoakarakechymenokichhepiatossynphopteropterissteralektryonoptekephallokiokllofeioiagooisiraioibaphefraganopteryyon](#)

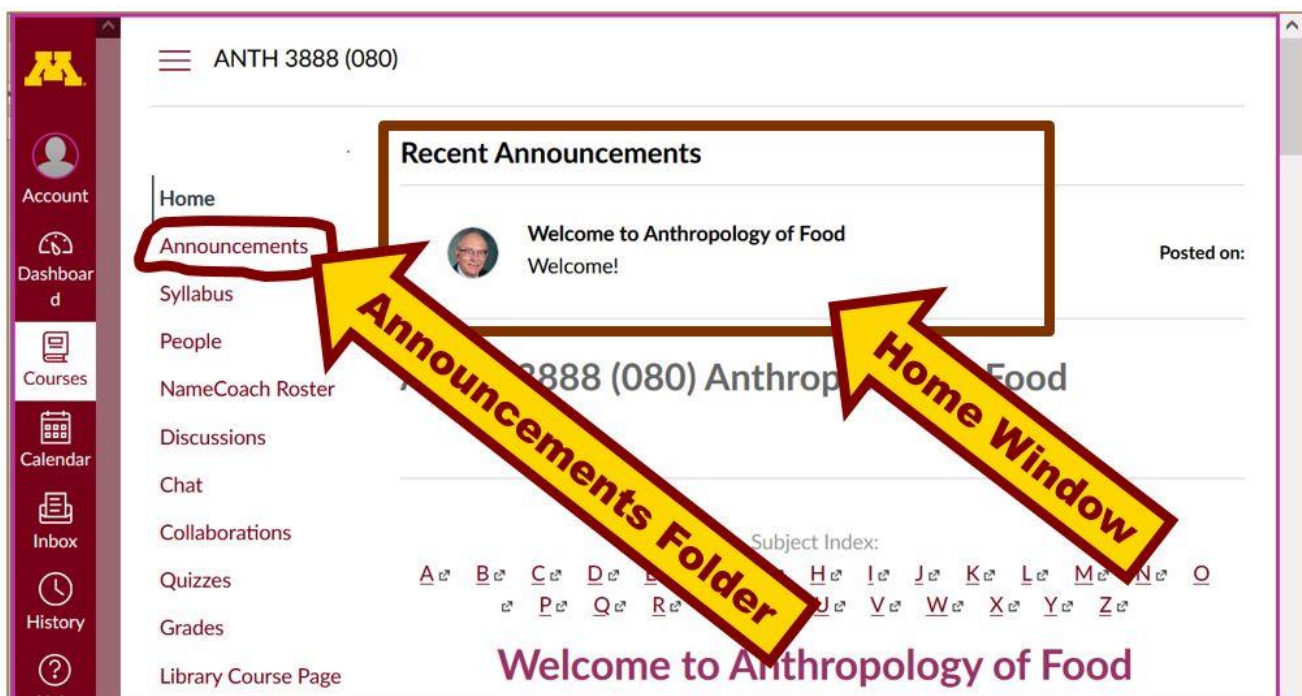
[Answer](#)

**QUESTIONS? / COMMENTS . . .**

If you have any **questions or comments** right now, please do not hesitate to post them on the  canvas “Discussions”, or e-mail [troufs@d.umn.edu](mailto:troufs@d.umn.edu),  or ZOOM <https://umn.zoom.us/my/troufs>.  (E-mail is fastest, and most generally best as quite often URLs need be sent.)

**REM: Each week—usually on Sunday—you will receive a “What’s Happening” memo like this in your UM e-mail account and the same memo will also be available in your  canvas folder in two places . . .**

REM: Links on screenshots are not “hot” (active)




Best Wishes,

Tim Roufs

<<http://www.d.umn.edu/~troufs/>> 

<<https://umn.zoom.us/my/troufs>> 

<[other contact information](#)> 

P.S. REM: If you are new to the world of "technology" don't worry too much about that. Things may not "work" for you at first, but hang in there and we'll help you along. If you have not used  canvas course management system before, you might find it helpful to view the **[Canvas Student Guide](#)**. 