

# UNIVERSITY OF MINNESOTA

Duluth Campus

Department of Studies in Justice, Culture, & Social Change  
College of Arts, Humanities, and Social Sciences

228 Cina Hall  
1123 University Drive  
Duluth, Minnesota 55812-3306  
E-mail: [troufs@d.umn.edu](mailto:troufs@d.umn.edu)  
ZOOM: <https://umn.zoom.us/my/troufs>  
2 June 2024



Tim Roufs Inspecting Durians in Singapore Market, 2017

**Class officially starts on Monday, 3 June 2024.**

## Welcome!

[Checklist for Week 1](#)

### General Information on Getting Started

1.0 What's Happening?

[“Sunday Memos”](#)  
[Meet and Greet](#)

\*5.0 Other Assignments

9.0 (optional)  
For Fun Trivia

(optional)  
Live Chat  
Tuesday 7:00-8:00 p.m.

2.0 Video Explorations

6.0 \*Exams

10.0 (optional)  
Extra Credit

(optional)  
Questions / Comments

3.0 Slides

7.0 Project

11.0 (optional)  
Other

“Simple Syllabus”

4.0 Readings  
[Semester Readings](#)

\*8.0 Discussion

click links for details)  
 = leave page

**Items DUE this week:**  
\*enter on-line  
\*\*upload file

## 1.0 What's Happening Week 1?

This week we're off to have a look at food and culture around the world. It will be a savory adventure. This week we'll also take a few minutes to get to know one another, and our selves, and get to know how the course is set up and operates.

**New at UMD this year . . .  
Give it a try.**

su2024 [AF Canvas Simple Syllabus](#) (URL) 

su2024 [AF Canvas Simple Syllabus](#) (.pdf URL) 

**Pre-term Memos . . .**

**If you haven't read the**

**"Greetings" Memo**

**(Textbooks)**

of Sunday, 19 May 2024 

**my "Canvas 'Modules' / 'Sunday Memos'"**

**(General Organization of Stuff)**

Memo of Wednesday, 22 May 2024 

**and my "Using the Canvas Modules -- REVIEW" Memo**

**(skip if you are comfortable using Canvas "Modules)**

of Friday, 24 May 2024 

**and the "Welcome" Memo**

of Sunday, 26 May 2024 

**please do that as they contain useful and important information  
about the course that will make your life much easier.**

**These are not required reading,  
but it would be a good idea to read them anyway.**

(That's a lot of stuff to read, but the "stuff" lightens up after next week.)

and

## Compare this “Sunday Memo” with your Canvas “Week 1 Module”

▼ AF WEEK 1:	
Assignments TO HAND IN or TO COMPLETE ON LINE this week are marked "DUE" [Search for "DUE" using Ctrl+F, or Command + F on Mac]	<small>Tim Roufs, Inspecting Durians in Singapore Market, 2017</small>
"SUNDAY MEMO" FOR WEEK 1 . . .	<b>Anthropology of food Week 1</b>
 AF Memo: <b>What's Happening Week 1?</b>	<b>General Information on <a href="#">Getting Started</a></b>
 AF Wk 1 First Day Handout (The Class "Syllabus")	<b>What's Happening?</b> <b>Meet and Greet</b> <b>Live Chat</b> <b>Questions / Comments</b> Tuesday 7:00-8:00 p.m.
DUE: <b>MEET AND GREET WEEK 1 . . .</b>	<b>Video</b> <b>Slides</b> <b>Readings</b> <b>*Discussion</b> <u>Explorations</u> <u>Midterm Exam</u>
 DUE: AF Introduce Yourself to the Class	<b>Project</b> <b>*Other Assignments</b> <b>Midterm Exam</b> <small>(click links for details)</small> <small>= leave page</small>
 DUE: AF Say "Hello" to Others in the Class	<small>(optional)</small> <b>For Fun Trivia</b> <small>(optional)</small> <b>Extra Credit</b> <small>(optional)</small> <b>Other</b> <b>Items DUE this week:</b> <b>*enter on-line</b> <b>**upload file</b>

These are the two things to focus on for Week 1.

The **Canvas Module** is the basic course management platform, the **Sunday Memo** contains more detailed information.

Both contain “hot” [active] links to other materials.

# Getting Started . . .

The best way to start is by having a quick look at the

**"First Day Handout"** 

on-line at [http://www.d.umn.edu/cla/faculty/troufs/anthfood/afhandout\\_first-day.html#title](http://www.d.umn.edu/cla/faculty/troufs/anthfood/afhandout_first-day.html#title) 

REM: Links on screenshots are not “hot” (active)

**First-Day Handout**

[syllabus]  
(.pdf version su2024<sup>af</sup>)

**Pre-term**

**Greetings! Information on Textbook and Other Things**<sup>af</sup> (.pdf) (Sunday, 19 May 2024)

**Canvas "Modules" and "Sunday Memos": General Organization of "Stuff"**<sup>af</sup> (.pdf) (Wednesday, 22 May 2024)

**Using the Canvas "Modules" -- REVIEW** (skip if you are comfortable using Canvas "Modules")<sup>af</sup> (.pdf) (Friday, 24 May 2024)

**Welcome to the Anthropology of Food Class!**<sup>af</sup> (.pdf) (Sunday, 26 May 2024)

**Week 1 Memo**

**What's Happening Week 1?**  
**-- Getting Started Summer Session 2024**<sup>af</sup> (.pdf) (Sunday, 26 May 2024)

**Give the Simple Syllabus a try. . .**

su2024 **AF Canvas Simple Syllabus**<sup>af</sup> (URL)

Also have a look at the course “**Home**” page of your Anthropology of Food  folder <<http://canvas.umn.edu/>>. It will look something like this . . .

REM: Links on screenshots are not "hot" (active)

The screenshot shows a course dashboard for '2024 May/Summer (04/22/...)'. On the left is a dark red sidebar with icons for Home, Account, Dashboard, Courses, Calendar, Inbox, History, and Help. The main content area has a large 'Welcome!' heading. Below it is a photo of a man in a hat and glasses standing in front of a large display of durians at a market. A sign in the photo reads '猫山王' (Mao Shan Wang) and '1kg \$28'. Below the photo is the caption 'Tim Roufs inspecting Durians in Singapore Market, 2017'. At the bottom of the main area is the heading 'Meet Your Professor'.

Check the links on "Home" page . . .

REM: Links on screenshots are not "hot" (active)

This screenshot shows the same course dashboard as above, but with the 'Meet Your Professor' section expanded. It includes a link to 'Slides: (.pptx)', a Zoom link 'https://umn.zoom.us/my/troufs', and an 'Index of Major Items' section. The index lists several links: 'AF 1.0 "Sunday Memos"', 'AF 2.0 Video Schedule', 'AF 3.0 Slides Schedule', 'AF 4.0 Text Assignments Schedule', 'Main Due Dates', and 'Summer 2024 Calendar'. A large yellow arrow with the text 'check links' points to these links.

## Check the links in Modules “WEEK 1” page . . .

REM: Links on screenshots are not “hot” (active)

The screenshot shows a course management system interface. On the left is a dark red sidebar menu with icons and labels for: Home, Account, Dashboard, Courses, Calendar, Inbox, and History. The 'Modules' option is circled in red. The main content area is titled 'AF WEEK 1: 3-8 June 2024--MODULE 1'. Below the title, there is a section for 'Assignments TO HAND IN or TO COMPLETE ON LINE this week are marked "DUE" [Search for "DUE" using Ctrl+F, or Command + F on Mac]'. A list of items follows, each with a broken link icon: 'AF wk1-1.0 "SUNDAY MEMO": What's Happening? -- Getting Started (Sunday, 2 June 2024)', 'AF First-Day Handout', 'AF The Course In a Nutshell', 'DUE: MEET AND GREET WEEK 1 . . .', and 'DUE: AF wk1 Introduce Yourself to the Class' (dated Jun 9, 5 pts).

## **DUE: DISCUSSION WEEK 1 . . .**

[Online Discussions Information, Rubric, and Sample Posts](#)

### **MEET AND GREET (Week 1)**

### **Meet Your Classmates: Introduce Yourself to the Class**

(if you haven't already done so)

Introduce Yourself to the Class



What would you like the others in class to know about you?

Be sure to also fill out your Canvas profile.

Photo Credit: [New York Times](#)

su2024 <<https://canvas.umn.edu/courses/426915/modules/items/11849018>>

[click ↑ here]

Say "Hello" to Others in the Class



What would you like to know about others in the class?

Be sure to also fill out your Canvas profile.

Andrea Kihlstedt : Photo credit: Copyright: [boarding1now / 123RF Stock Photo](#)

su2024 <<https://canvas.umn.edu/courses/426915/modules/items/11849019>>

[click ↑ here]

## Meet Your Professor

(WebPage) [↗](#)

slides: (.pptx) [↗](#)

If you are curious about me, more than you probably want (or ought) to know is available on the [Meet Your Professor](#) page

<http://www.d.umn.edu/cla/faculty/troufs/MeetYourProfessor.html>. More that you or anyone needs to know is available, with some nice photos, at [http://www.d.umn.edu/~troufs/anthfood/PowerPoint/af-meet\\_your\\_prof.pptx](http://www.d.umn.edu/~troufs/anthfood/PowerPoint/af-meet_your_prof.pptx).

A while back one of the students seemed to especially like the part where the older folks in my home town of Winsted, MN, talk about the time I burnt the Town Hall by my dad's restaurant down (which I didn't, I only burnt half of the back side off.)



The image shows a screenshot of a university website's navigation menu. On the left is a dark red sidebar with icons for Home, Account, Dashboard, Courses, Calendar, Inbox, and a clock. The main menu lists: Home, Announcements, Modules, People, Discussions, Grades, Library Course Materials, and Simple Syllabus. A large yellow arrow with the text 'Meet Your Professor' points from the sidebar towards a photograph of a man wearing a hat and glasses, standing in a market stall filled with durians. A sign in the stall reads '猫山王' (Mao Shan King) and '1kg \$28'. Below the photo, the text 'Inspecting Durians in Singapore Market, 2017' is visible. At the bottom of the photo area, the text 'Meet Your Professor' is repeated.

## 2.0 VIDEO EXPLORATIONS WEEK 1 . . .

Real People . . . Real Places . . .

[Videos for the Semester](#)

### *That Sugar Film*

(102 min., 2015)

 [On-Line](#)

(UMD Library Link updated 2022.08.08)

[click  here]

 [on-line access](#)

[course viewing guide](#)

**That Sugar Film**

-- [Wikipedia](#)



**THAT SUGAR MOVEMENT** was born from the success of *That Sugar Film*, Australia's highest earning cinema documentary which raised global awareness of the impact of hidden sugars on people's health.

**THAT SUGAR FILM** is one man's journey to discover the bitter truth about sugar. Damon Gameau embarks on a unique experiment to document the effects of a high sugar diet on a healthy body, consuming only foods that are commonly perceived as "healthy."

Through this entertaining and informative journey, Damon highlights some of the issues that plague the sugar industry, and where sugar lurks on supermarket shelves.

The film features guest cameos from the likes of Stephen Fry, Isabel Lucas and Brenton Thwaites, interviews with Gary Taubes, Michael Moss and Dr Kimber Stanhope plus a rocking soundtrack including Depeche Mode, Peter Gabriel and Florence and the Machine.

*That Sugar Film* will forever change the way you think about 'healthy' food.

-- [That Sugar Film HomePage](#)

## **3.0 WEEK 1 SLIDES . . .**

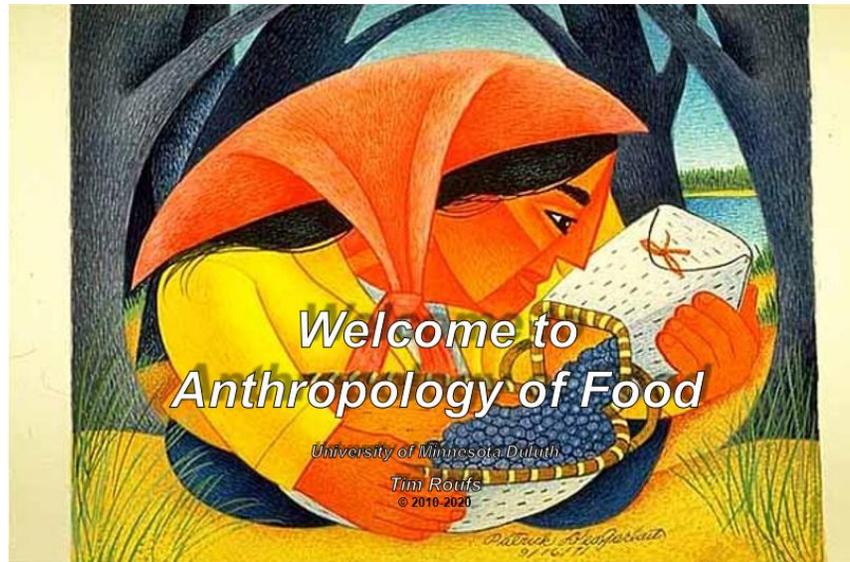
[Class Slides for the Semester](#)

### **“Introduction / Orientation:**

**Introduction to Anthropology /  
Orientation to the Course”**

[\(.pptx\)](#)

[click ↑ here]

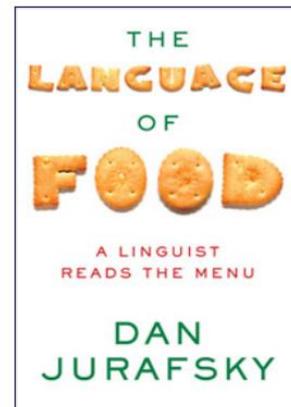
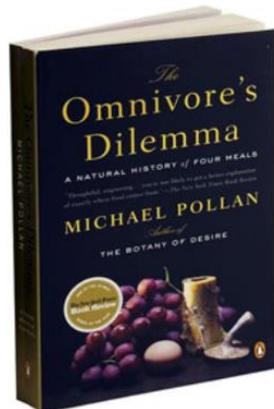
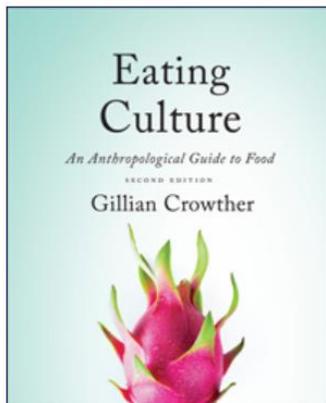


See also "Meet Your Professor"  
in MEET AND GREET WEEK 1 . . . (above)

## 4.0 READINGS FOR WEEK 1 . . .

[Readings for the Semester](#)

[Textbook Information](#)



- **Eating Culture, Second Edition, Gillian Crowther**

- INTRODUCTION, "SETTING THE ANTHROPOLOGICAL TABLE"
- CHAPTER ONE: OMNIVOROUSNESS: CLASSIFYING FOOD
- *Glossary* page through the *Glossary* on pp. 301-312 and *familiarize* yourself with the terms

## 5.0 OTHER ASSIGNMENT INFORMATION . . .

[Main Due Dates](#)

su2024 [Module 1 – Week 1](#)

From your  **Home Page**,  
click on the **Modules** feature to start out . . .



REM: Links on screenshots are not "hot" (active)



. . . and that will take you to the Modules folder, which looks something like this . . .



REM: Links on screenshots are not "hot" (active)

The screenshot shows a course dashboard. On the left is a dark red sidebar with icons and labels for: Home, Account, Dashboard, Courses, Calendar, Inbox, and History. The main content area is titled "2024 May/Summer (04/22/...)". Below the title is a dropdown menu for "AF WEEK 1: 3-8 June 2024--MODULE 1". The main content area contains a list of items: "Assignments TO HAND IN or TO COMPLETE ON LINE this week are marked 'DUE' [Search for 'DUE' using Ctrl+F, or Command + F on Mac]", "AF wk1-1.0 'SUNDAY MEMO': What's Happening? -- Getting Started (Sunday, 2 June 2024)", "AF First-Day Handout", "AF The Course In a Nutshell", "DUE: MEET AND GREET WEEK 1...", and "DUE: AF wk1 Introduce Yourself to the Class" (dated Jun 9, 5 pts).

## To de-clutter your screen use the "Collapse All" feature in Modules . . .

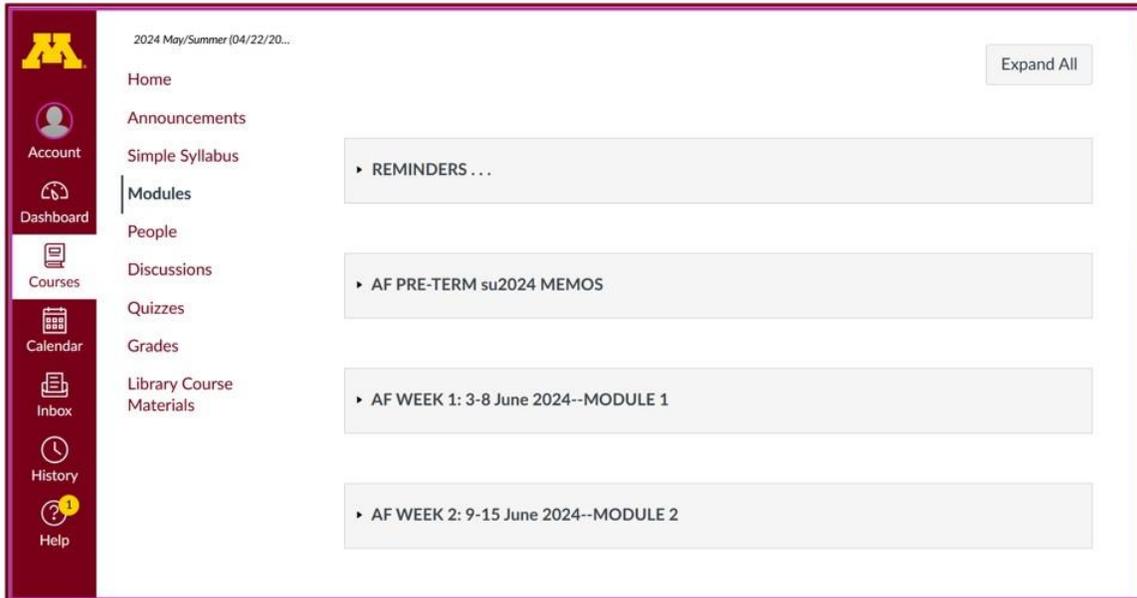
REM: Links on screenshots are not "hot" (active)

The screenshot shows a course page for "ANTH 3888 (080) > Modules". The sidebar on the left includes icons for Home, Account, Dashboard, Courses, Calendar, and Inbox. The main content area has a "Collapse All" button circled in red. A large yellow arrow with a red outline points from the bottom left towards the "Collapse All" button, containing the text "COLLAPSE / EXPAND ALL SECTIONS AT ONCE HERE". Below the arrow, there is a text box that reads: "THE 'COLLAPSE ALL' TAB (above). There is a lot of information contained on each Week's Module, and if you do not use the 'COLLAPSE ALL' tab, it WILL BE confusing for the first few weeks, until you get used to the way things are laid out."

And your de-cluttered Modules page will look like this . . .

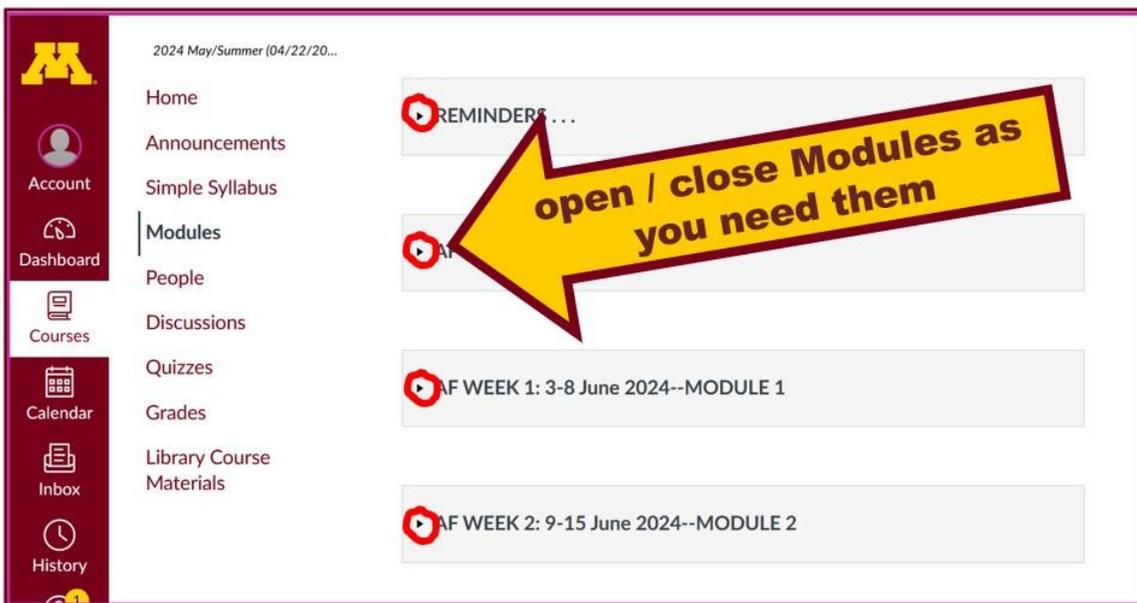


REM: Links on screenshots are not "hot" (active)



Then open the Module of the week that you want to look at . . . :

REM: Links on screenshots are not "hot" (active)



## And the Week 1 Module will look like this . . .



REM: Links on screenshots are not "hot" (active)

## 5.0 OTHER ASSIGNMENT INFORMATION (cont.) . . .

[Main Due Dates](#)

Be sure to check the details of the **activities and assignments** each week in your  **canvas** folder.

## Self-Assessment

**This week please also take a short survey to give us an idea of what your views and takes are on Global Cultures. Once everyone has completed this feedback, everyone will be able to see the results.**

**Before you get deep into the course, briefly describe your experiences with and ideas about Global Cultures, and what you already know about things related to Understanding Global Cultures.**

**At different points during the semester we will return to these questions to have a look at the various subjects.**

REM: Links on screenshots are not “hot” (active)

The screenshot shows a Blackboard course interface. On the left is a dark red navigation sidebar with icons and labels for: Home, Account, Dashboard, Courses, Calendar, Inbox, and a clock icon. The main content area is white and features a course title 'AF Pre Assessing Yourself' with a due date of 'Jun 9 at 11:59pm', 'Questions 18', 'Time Limit None', and 'Allowed Attempts Unlimited'. Below this is a section titled 'Instructions' with the text: 'This is like a short survey to see what your views and takes are on anthropology of food. Once everyone has completed this feedback, everyone will be able to see the results.' and 'Before you get deep into the course, briefly describe your food habits and ideas, and what you already know about the Anthropology of Food.'

## 6.0 MIDTERM EXAM ...

[General Midterm Exam Information](#)

## 7.0 PROJECT INFORMATION ...

[Basic Information](#)

[Main Due Dates](#)

We'll have a look at some Project information next week

## 8.0 DUE: DISCUSSION WEEKS 1 and 3 ...

(optional) [Online Discussions Information, Rubric, and Sample Posts](#)

## #1

(DUE: Sunday, 9 June 2024)

### Words for Different Things to Eat. What are your favorites?

su2024 <<https://canvas.umn.edu/courses/426915/modules/items/11849045>>

[click ↑ here]

## #2

(DUE: Sunday, 23 June 2024)

### “How 'yal doin'?” and How does one really know how your doin'?”

su2024 <<https://canvas.umn.edu/courses/426915/modules/items/11849046>>

This week in the first of two Discussions one of your tasks is to **keep track of a day of your food intake**. *One of the reasons for doing this, besides giving you some idea of how you are doing in terms of your overall “junk calorie” intake (basically SUGAR), is for you to see how difficult it is getting good data when doing food research involving food and people.* Detailed instructions are included on the *Discussion* page.

## 9.0 (optional) FOR FUN FOOD TRIVIA . . .

[Food Trivia HomePage](#)

### Week 1 First Question

“What is longest word ever to appear in all of literature?”

[Answer](#)

### Week 1 Second Question

“What does “Häagen-Dazs” mean?”



1. "Happy Days"
2. "High Life"
3. "Danish Delight"
4. It's a Family Name
5. Absolutely Nothing

[Answer](#)

## 10.0 (optional) EXTRA CREDIT . . .

[Basic Extra Credit Information](#)

Extra Credit is available in this class.  
We'll have a closer look at Extra Credit after the Midterm Exam.

## 11.0 OTHER (OPTIONAL) . . .

Be sure to check the details of the **activities and assignments** of the week in your  **canvas** folder. With the Week 1 Discussions and Activities, for e.g., we'd like to find out a little bit about your background and thoughts on food topics. . . .

(optional) **LIVE CHAT: OPEN FORUM / OFFICE HOURS . . .**

[Contact Information](#)

Tuesday, 7:00-8:00 p.m. (CDT)

**[“ZOOM”](#)**

[click ↑ here]

or

e-mail anytime: <mailto:troufs@d.umn.edu>

[click ↑ here]



Live Chat is optional.

**QUESTIONS? / COMMENTS . . .**

If you have any questions or comments right now, please do not hesitate to post them on the  **canvas** “Discussions”, or e-mail [troufs@d.umn.edu](mailto:troufs@d.umn.edu), or ZOOM <https://umn.zoom.us/my/troufs>. (E-mail is fastest, and most generally best as quite often URLs need be sent.)

REM: Each week—usually on Sunday—you will receive a “What’s Happening” memo like this in your UM e-mail account and the same memo will also be available in your  **canvas** folder in two places . . .

REM: Links on screenshots are not “hot” (active)

2024 May/Summer (04/22/...

Home

**Announcements**

Modules

People

Discussions

Quizzes

Grades

Library Course Materials

Simple Syllabus

## Recent Announcements

Recent Announcements

Your Recent Announce...

Posted on:

← Reply

3888 (080) Anthrop... of Food

(Su... 2024)

Start Each Week with a guide ...

**Announcements Folder**

**"Sunday Memos?"**  
Recent Announcements Window. :))

Try the  canvas **"Simple Syllabus"** for a first look ...

REM: Links on screenshots are not "hot" (active)

Start Each Week with a guide ...

Home

Announcements

**Simple Syllabus**

Modules

People

NameCoach Roster

Discussions

Collaborations

Quizzes

Grades

Rubrics

Library Course Materials

Google Drive

Zoom

Weeks

→ **Pre-Term** 1 2 3 4 5 6 7 8

[click ↑ here] [Handy List of the "Sunday Memos"](#)

## Welcome!



REM

su2024 [AF Canvas Simple Syllabus](#) (URL) 

su2024 [AF Canvas Simple Syllabus](#) (.pdf URL) 

Best Wishes,

Tim Roufs

<<http://www.d.umn.edu/~troufs/>> 

<<https://umn.zoom.us/my/troufs>> 

<other contact information> 

P.S. REM: If you are new to the world of "technology" don't worry too much about that. Things may not "work" for you at first, but hang in there and we'll help you along. If you have not used  canvas course management system before, you might find it helpful to view the [Canvas Student Guide](#) 