I hope your first week with Anthropology of Food went well, and that it has been enjoyable, and that you are liking the readings and other materials.

Each week as we go along I will send you a memo like this about the highlights for the coming week, usually on Sunday. The memos will talk about the main items and issues for the weeks, and they will also contain a few important reminders.

These memos will also be available in your (1) UM e-mail folder, in the (2) “Recent Announcements“ section at the very top of your
“Home” page, and in the (3) “Announcements” page (accessed via the second item on the Course Navigation Panel).

Your “Home” page on your Canvas app (available via the What is the Canvas Student app? link) looks something like this:
Your Classmates

If you are curious about the others in class, have a look at the "Introduce Yourself" entries in the “Discussion” section of your canvas folder.

If you are curious about me, more than you probably want (or ought) to know is available on the Meet Your Professor page <http://www.d.umn.edu/cla/faculty/troufs/MeetYourProfessor.html>. More that you or anyone needs to know is available, with some nice photos, at <http://www.d.umn.edu/~troufs/anthfood/PowerPoint/af-meet_your_prof.pptx>.

Awhile back one of the students seemed to especially like the part where the older folks in my home town of Winsted, MN, talk about the time I burnt the Town Hall by my dad's restaurant down (which I didn't, I only burnt half of the back side off.)

(If you need to upgrade your PowerPoint viewer, you can do that free at <http://www.microsoft.com/en-us/download/details.aspx?id=13>.)
The Course: Part I

Anthropology graduates, reflecting back on their time with us at UMD, suggested in our surveys that it would be a good idea to tie the individual courses in the Anthropology curriculum together a little more. So that’s what we’re going to do for much of the next two or three weeks, after we finish the Orientation.

This will also help set the basic analytic, theoretical, and historical framework for the course. This material should provide
you with the **background and analytical tools** to help you with your **class Project**, and help you begin to make sense out of the topics that follow later in the course—a good deal of which will be provided *via* video—and towards the end of the semester with your class presentations.

Once you have mastered the basic information and conceptual framework relating to the Anthropology of Food—an approach centered on the **“Biocultural Framework for the Study of Diet and Nutrition”** which is one of the **main items of the week**—we will have an intensive look at a series of food-related issues from around the world.

Some of the **slide sets** for this week are **fairly long, but bear with them as the programs as they provide important information.**

Your **Class Project**
This week we’ll also explore class projects a little bit.

For your Class Project, start with something *that you, personally, are interested in*, and we’ll work things out from there.

This Project is something with which you should be able to have *fun*.

It’s a good time to have at least a quick look at the information for your class project, which you can find at <http://www.d.umn.edu/cla/faculty/troufs/anthfood/afproject.html#title>. Your class Project is your Term Paper, plus a short “work-in-progress”.

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**Demosthenes Practising Oratory** (1870)

**Details of Presentation**

**Charles Dickens** (1842)

**Details of Term Paper**

Your *Informal Project Statement*, or Project Proposal, is due by the
end of Week 4, Saturday, 22 September 2018. Basically that’s a short informal summary personal statement of what you are interested in doing, how you think you might go about it, and what resources you are thinking about using. It can be as simple as the following:

“For my project I’m thinking about X, or Y, and these are the items I’m thinking about using [add short list]. This is why I’m interested in this/these project(s) [add your reason(s)]. . . .

It is an informal statement. A more formal statement will come later on (in Week 6).

Main Due Dates

Major Due Dates are listed at

<http://www.d.umn.edu/cla/faculty/troufs/anthfood/afdue-dates.html>

[including Term Paper / Exams / Extra Credit Papers . . . not including weekly Discussions and Review assignments . . .]

As I mentioned last week, for the first part of the course much of the material for the week will be presented in the form of text materials and
slide materials. In the second section of the semester, once you have mastered the basic information relating to the Anthropology of Food, we will look (generally comparatively, cf., Main Characteristics of Anthropology in Week 01) at a series of video materials from around the world. The final section will focus on your research projects.

**Assignments and Events**

... this week are listed on your (1) "Calendar", and the (2) "Syllabus” sections of your canvas folder.

Be sure to check the details of the activities and assignments of the week in your canvas folder. With the Week 2 Activities we’d like to find out a little bit about your background and thoughts on food topics... This week one of your tasks is to keep track of a day of your food intake. One of the reasons for doing this is for you to see how difficult it is getting good data when doing food research involving food and people. Detailed instructions are included on the Discussion page.
(1) This Week’s ”Calendar”

<table>
<thead>
<tr>
<th>Mon Sep 3, 2018</th>
<th>Tues Sep 4, 2018</th>
<th>Wed Sep 5, 2018</th>
<th>Thurs Sep 6, 2018</th>
<th>Fri Sep 7, 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>AF For Fun Food Trivia: What would Willie Nelson have his Last Supper be? One what?</td>
<td>AF 2 Main Characteristics of Anthropology (cont.)</td>
<td>AF 2 Meet Your Classmates</td>
<td>AF 2 Meet Your Professor</td>
<td>AF Discussion: “How 'ya doin'?” and How does one really know how your doin'? (Wk 2)</td>
</tr>
<tr>
<td>AF For Fun Food Trivia: What were the American frontiersman Kit Carson's Last Words?</td>
<td>1:02a -- AF 2 Meet Your Classmates</td>
<td>1:05a -- AF 2 Meet Your Professor</td>
<td>AF Discussion: Your Last Supper (Wk 2)</td>
<td></td>
</tr>
</tbody>
</table>

(2) This Week’s “Syllabus”

<table>
<thead>
<tr>
<th>Sat Sep 1, 2018</th>
<th>Sun Sep 2, 2018</th>
<th>Mon Sep 3, 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>-- AF 1 Due: Self Assessment</td>
<td>-- AF For Fun Food Trivia: What would Willie Nelson have his Last Supper be? One what?</td>
<td>-- AF 2 Main Characteristics of Anthropology (cont.)</td>
</tr>
<tr>
<td></td>
<td>AF For Fun Food Trivia: What were the American frontiersman Kit Carson's Last Words?</td>
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</tr>
<tr>
<td></td>
<td></td>
<td>-- AF Discussion: Your Last Supper (Wk 2)</td>
</tr>
</tbody>
</table>
Do you want a **list of all of the due dates for assignments**?

**Click on "Grades" in Course Navigation**
This week our **trivia question for fun relates to last meals**
(below the “Reading Assignments” section of Block 2) . . .

**What would Willie Nelson's Last Supper be?**

![William Shatner](image1.png)

(Answer) Check it out.

**Week 2 Second Question**

**What were the American frontiersman Kit Carson's Last Words?**

![Kit Carson](image2.png)

"This is the last picture of Carson, which was taken by photographer James Wallace Black two months before his death. The portrait was
made around March 20, 1868 during Carson's visit to Boston with Ouray and Ute chiefs. The print is signed by Carson and is the largest extant photograph of him." -- Kit Carson, Wikipedia

(Answer)

If you have any questions right now, please do not hesitate to post them on the canvas Course “Chat”, or e-mail troufs@d.umn.edu, or stop by Cina 215 [map].

Have a great Labor Day weekend.

Best Regards,

Tim Roufs
<http://www.d.umn.edu/~troufs/>