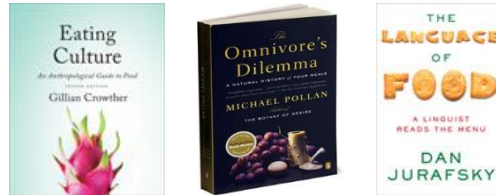





Anthropology of Food Week 2



Direct Link
to Canvas

Available on-line in your  canvas folder at

2021 [Canvas Modules](#) 
[Module 2](#) 

(click links for details)
 = leave page




Tim Roufs Inspecting Durians in Singapore Market, 2017

What's Happening Week 2?

"Omnivorosity: Defining Food"

THIS WEEK'S HIGHLIGHTS

(click links for details)
 = leave page



GENERAL COMMENTS FOR THE WEEK . . .

I hope your first week with Anthropology of Food went well, and that it has been enjoyable, and that you are liking the readings and other materials.

Don't forget to check up on your classmates and prof . . . if you haven't already done so.

The Course: Part I

The Biocultural Framework

REM: MEET AND GREET FROM WEEK 1 . . .

Your Classmates and Prof

(optional) LIVE CHAT / OFFICE HOURS . . .

(Tuesday, 7:00-8:00 CDT, or E-mail)

[Contact Information](#)

VIDEO EXPLORATIONS WEEK 2 . . .

Real People . . . Real Places . . .

[Videos for the Semester](#)

The Truth about Fat

NOVA, Season 47 Episode 6

(53:38 min. CC; 2020)

WEEK 2 SLIDES . . .

[Class Slides for the Semester](#)

“Main Characteristics of Anthropology:

Introduction”

(.pptx) [↗](#)

[click ↑ here]

including

(holism slides.pptx) [↗](#)

[click ↑ here]

READINGS FOR WEEK 2 . . .

[Readings for the Semester](#) [↗](#) [↗](#)

[Textbook Information](#) [↗](#)

OTHER ASSIGNMENT INFORMATION . . .

[Main Due Dates](#) [↗](#)

f2021 **Module 2 – Week 2** [↗](#)

REM: Did you finish your **Self-Assessment** [↗](#)
from last week?

PROJECT INFORMATION . . .

[Basic Information](#) [↗](#)

[Main Due Dates](#) [↗](#)

DUE: DISCUSSION WEEK 2 . . .

Your Last Supper

(optional) **FOR FUN FOOD TRIVIA . . .**

[Food Trivia HomePage](#) [↗](#)

What would Willie Nelson's Last Supper be? [↗](#)

**What were the American frontiersman
Kit Carson's Last Words?** [↗](#)

(optional) **EXTRA CREDIT . . .**

[Basic Extra Credit Information](#) [↗](#)

OTHER (OPTIONAL) . . .

(optional) Canvas Cell Phone Apps

QUESTIONS? / COMMENTS?

General Comments for the Week

I hope your first week with Anthropology of Food went well, and that it has been enjoyable, and that you are liking the readings and other materials.

Now would be a good time to have a look at the overall organization of the course. Have a look at . . .

The Course: Part I

Anthropology graduates, reflecting back on their time with us at UMD, suggested in our surveys that it would be a good idea to tie the individual courses in the Anthropology curriculum together a little more. So that's what we're going to do for much of the next two or three weeks, after we finish the **Orientation and Introduction**.

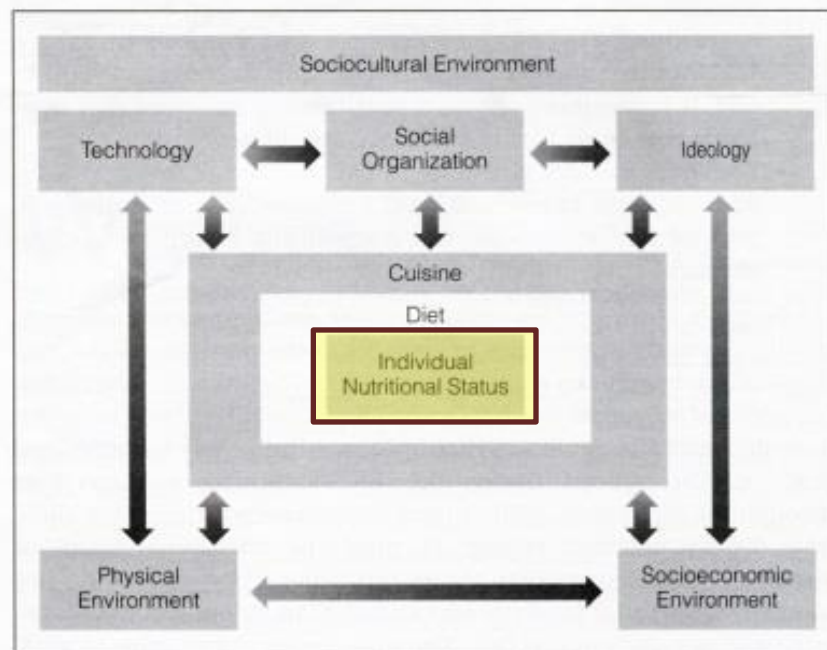
This will also help set **the basic analytic, theoretical, and historical framework** for the course. This material should provide you with the **background and analytical tools** to help you with **your class Project**, and help you begin to make sense out of the topics that follow later in the course—a good deal of which will be provided *via* video—and towards the end of the semester with your class presentations.

The Biocultural Framework

Once you have mastered the basic information and conceptual framework relating to the Anthropology of Food—an approach centered on the

“Biocultural Framework for the Study of Diet and Nutrition” [📄](#) which is one of the main items of the week—we will have an intensive look at a series of food-related issues from around the world.

Figure 1.1
Biocultural Framework for the Study of Diet and Nutrition



Source: Authors

Some of the **slide sets** for this and the next couple of weeks are **fairly long**, but bear with them as the programs as they provide important information.

Don't forget to check up on your classmates and prof . . . if you haven't already done so.

REM: MEET AND GREET FROM WEEK 1

Your Classmates and Prof

If you haven't already done so, meet the others in class. Have a look at the "Introduce Yourself" entries in the "Discussion" section of your  canvas folder.

Introduce Yourself to the Class



What would you like the others in class to know about you?

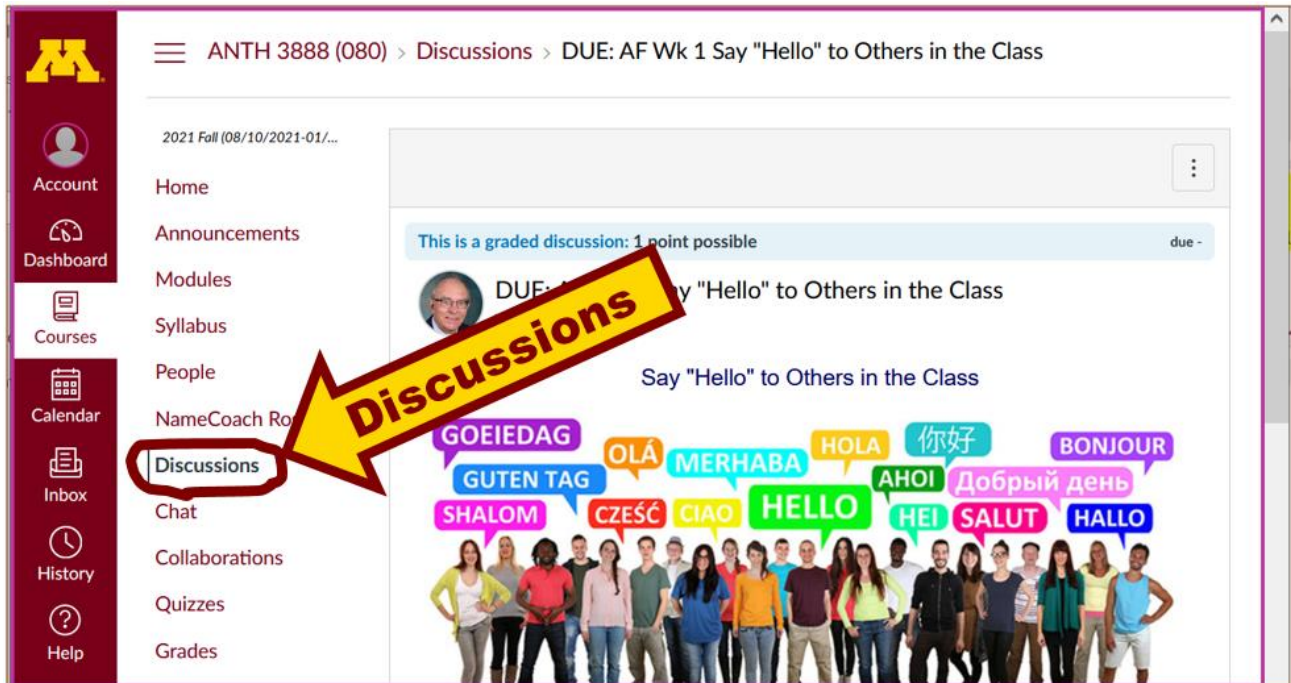
Be sure to also fill out your Canvas profile.

Photo Credit: [New York Times](#) 

And say "Hello" to others in the class . . .

(if you haven't already done so)

REM: Links on screenshots are not "hot" (active)



and

[Meet Your Professor](#) . . .

If you are curious about me, more than you probably want (or ought) to know is available on the [Meet Your Professor](#) page

with some nice photos, at http://www.d.umn.edu/~troufs/anthfood/PowerPoint/af-meet_your_prof.pptx

A while back one of the students seemed to especially like the part where the older folks in my home town of Winsted, MN, talk about the time I burnt the Town Hall by my dad's restaurant down (which I didn't, I only burnt half of the back side off.)

REM: Links on screenshots are not “hot” (active)

The screenshot shows the course page for ANTH 3888 (080) Anthropology of Food (Fall 2021). The main content area includes a 'Subject Index' with letters A through Z, a 'Welcome!' message, and a photo of a man in a hat inspecting durians in a market. A large yellow arrow points to the photo with the text 'Meet Your Professor'. Below the photo is the text 'Inspecting Durians in Singapore Market, 2017' and another 'Meet Your Professor' link. The right sidebar contains a 'To Do' list with several items, including 'Instructions for Signing...', 'AF Fall 2021 Greetings...', 'AF Canvas "Modules" a...', 'AF Using the Canvas ...', 'AF Welcome to the An...', 'AF Module 1 = Week 1...', and '(optional) AF Wk 1 For ...'. The left sidebar contains navigation links for Home, Announcements, Modules, Syllabus, People, NameCoach Roster, Discussions, and Zoom.

(optional) **LIVE CHAT: OPEN FORUM / OFFICE HOURS ...**

[Contact Information](#)

Tuesday, @ 7:00-8:00 p.m. (CDT)

“ZOOM”

[click ↑ here]

or

e-mail anytime: <mailto:troufs@d.umn.edu>

[click ↑ here]



Live Chat is optional.

VIDEO EXPLORATIONS WEEK 2 . . .

Real People . . . Real Places . . .

[Videos for the Semester](#)



The Truth about Fat

NOVA, Season 47 Episode 6 (53:38 min. CC; 2020)

[Preview \(1:59 min\)](#)

[Academic Video Online \(AVON\)](#)

[click  here]

Authentication notes: University of Minnesota Duluth access

If off campus, use
[Virtual Private Network \(VPN\)](#)  (UMD) 


BBC Worldwide Learning,; BBC Scotland,
London, England: BBC Worldwide 2015

For generations, fat has been the enemy.

We've demonized it as a cumbersome health risk and cast overweight individuals as too gluttonous or lazy to make healthy choices. But scientists are coming to understand that fat is not so simple.

In fact, it's a fascinating and dynamic organ — one whose size has more to do with biological processes than personal choices. Now, NOVA takes you inside the amazing world of fat.

Why don't sumo wrestlers suffer from the health problems that other obese people do? Why has evolution hardwired us to hang onto fat even when it's unhealthy? And what would happen if you had no fat at all?

Through real-life stories of hunter-gatherers, supermodels, and a BIGGEST LOSER contestant, NOVA explores the complex functions of fat and the role it plays in controlling hunger, hormones, and even reproduction on ["The Truth About Fat."](#) 

-- PBS

WEEK 2 SLIDES . . .

[Class Slides for the Semester](#) 

“Main Characteristics of Anthropology: Introduction”

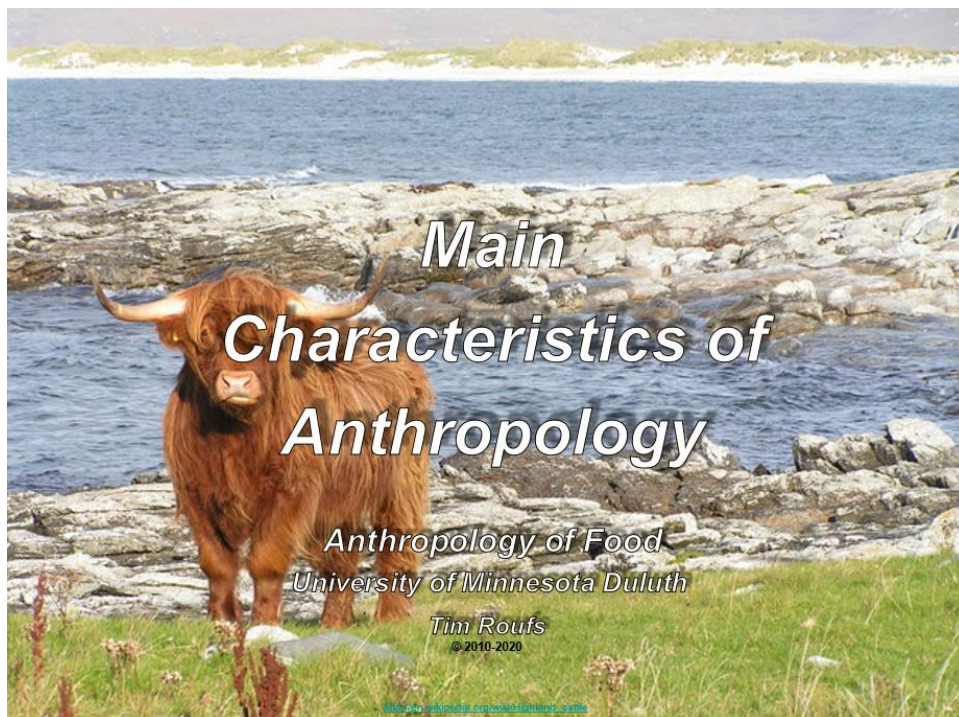
(.pptx) [🔗](#)

(you can finish these slides next week if you want)

including

(holism slides.pptx)

[click [↑](#) here]



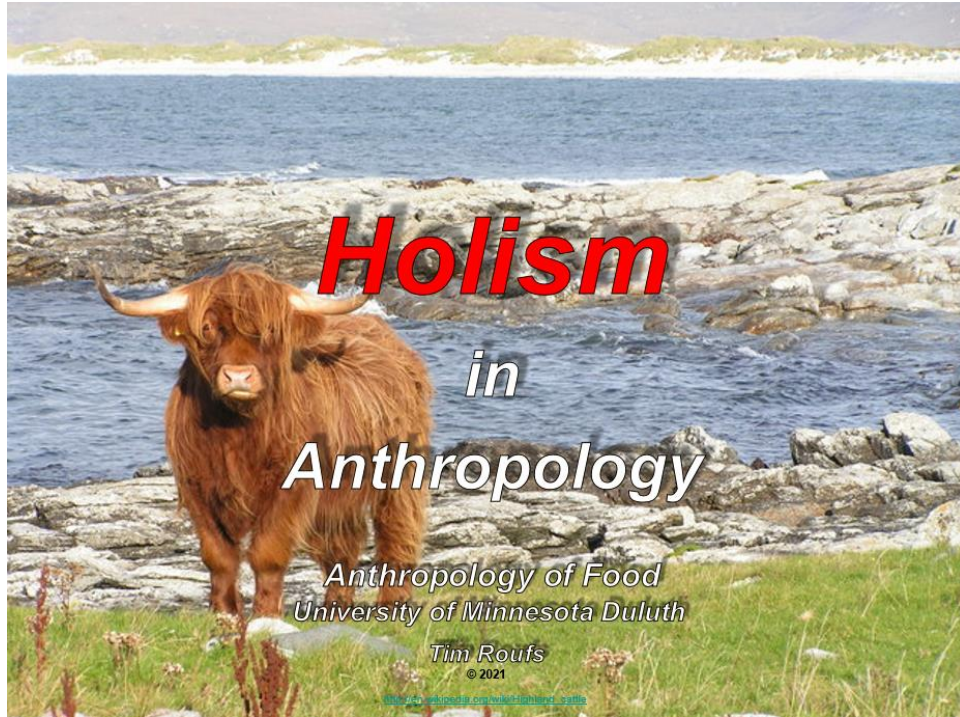
xxxxxxx

Review and continue these slides using the "slide show" mode:

“Holism”



(.pptx) [🔗](#)

[click [↑](#) here]



Have a look at these slides using the "slide show" mode:



“Other Important Terms”

(.pptx) 
[click  here]



Review and continue these slides using the "slide show" mode:

“Units of Analysis”

(.pptx) 
[click  here]

At least start looking at these this week. You can finish them next week.

Units of Analysis

It is really important that you focus on your unit(s) of analysis when you are doing your class project. For a discussion and lots of examples, have a look at the class slides on the units of analysis commonly used in Anthropology

as mentioned in the "Orientation"

units of analysis may include:

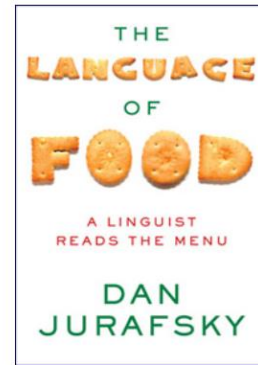
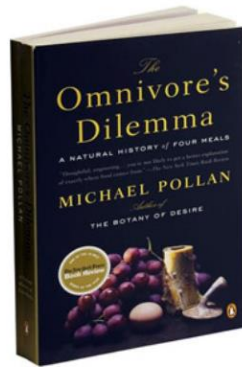
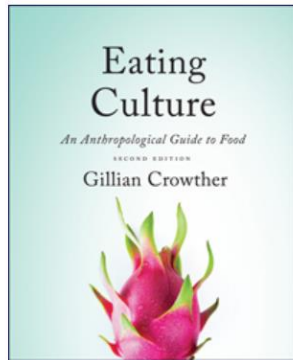
- one person
- the family
- the community
- a region
- a "culture area"
- a culture / "subculture"
- a nation
- the world
- an item or action itself
- a "cultural metaphor"

xxxxxxx

READINGS FOR WEEK 2 . . .

[Readings for the Semester](#)

[Textbook Information](#)



- **Eating Culture, Second Edition, Gillian Crowther**

- CHAPTER ONE: OMNIVOROUSNESS: CLASSIFYING FOOD

- **Omnivore's Dilemma, Michael Pollan**

- Ch. 15 "The forager"
- Ch. 16 "The omnivore's dilemma"
- Ch. 17 "The ethics of eating animals"

(We're starting this book here, with Michael Pollan's discussion of "The forager" and "The ethics of eating animals" as next Week we begin having a closer look at hunting / gathering / foraging as a way people get their food in nonindustrialized societies)

- **The Language of Food, Dan Jurafsky**

- (Assignments start in [Week 4](#))

OTHER ASSIGNMENT INFORMATION . . .

[Main Due Dates](#)

f2021 [Module 2 – Week 2](#)

PROJECT INFORMATION . . .

[Basic Information](#)

[Main Due Dates](#)

Start thinking a little bit about [your Class Project](#).

Start thinking about something *that you, personally, are interested in*, and we'll work things out from there.

This Project is something with which you should be able to have *fun*.

It's a good time to have at least a quick look at the information for your class project, which you can find at <http://www.d.umn.edu/cla/faculty/troufs/anthfood/afproject.html#title>.

Your class Project is your Term Paper, plus a short “work-in-progress” presentation.



Demosthenes Practising Oratory (1870)

Details of Presentation



Charles Dickens (1842)

Details of Term Paper

Your **Informal Project Statement**, or Project Proposal, is due by the

end of Week 4, **Saturday, 25 September 2021**. Basically that's a short *informal* summary personal statement of what you are interested in doing, how you think you might go about it, and what resources you are thinking about using. It can be as simple as the following:

“For my project I'm thinking about X, or Y, and these are the items I'm thinking about using [add short list]. This is why I'm interested in this/these project(s) [add your reason(s)]. . . .

It is an *informal* statement. A more formal statement will come later on (in Week 7, Saturday, 16 October 2021).

DUE: DISCUSSION WEEK 2 . . .

Your Last Supper

(optional) **FOR FUN FOOD TRIVIA . . .**

[Food Trivia HomePage](#) 

Week 2 First Question

This week our **trivia questions for fun**
relate to the last meals of last week . . .

What would Willie Nelson's Last Supper be?



[Answer](#)

Check it out.

Week 2 Second Question

**What were the American frontiersman
Kit Carson's Last Words?**



"This is the last picture of Carson, which was taken by photographer James Wallace Black two months before his death. The portrait was made around March 20, 1868 during Carson's visit to Boston with Ouray and Ute chiefs. The print is signed by Carson and is the largest extant photograph of him." -- [Kit Carson, Wikipedia](#)

[Answer](#)

(optional) **EXTRA CREDIT . . .**

[Basic Extra Credit Information](#)

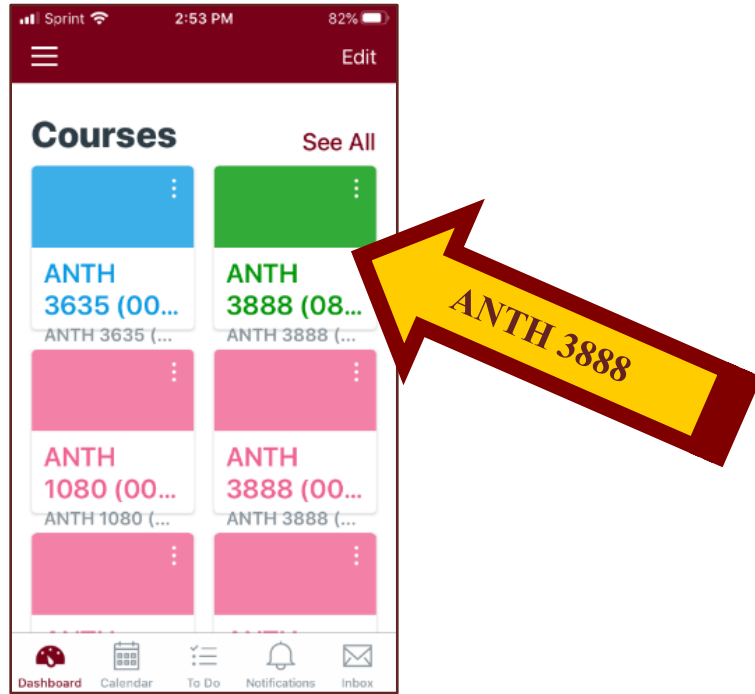
Extra Credit is available in this class.
We'll have a closer look at Extra Credit after the Midterm Exam.

OTHER (OPTIONAL) . . .

(optional) Canvas Cell Phone Apps

Your *Dashboard* screen on your Canvas phone app (available *via* the [What is the Canvas Student app?](#) link) looks something like this:

NOTE: External links may not work on all phones



Your “*Home*” page on your Canvas phone app looks something like this:

NOTE: External links may not work on all phones



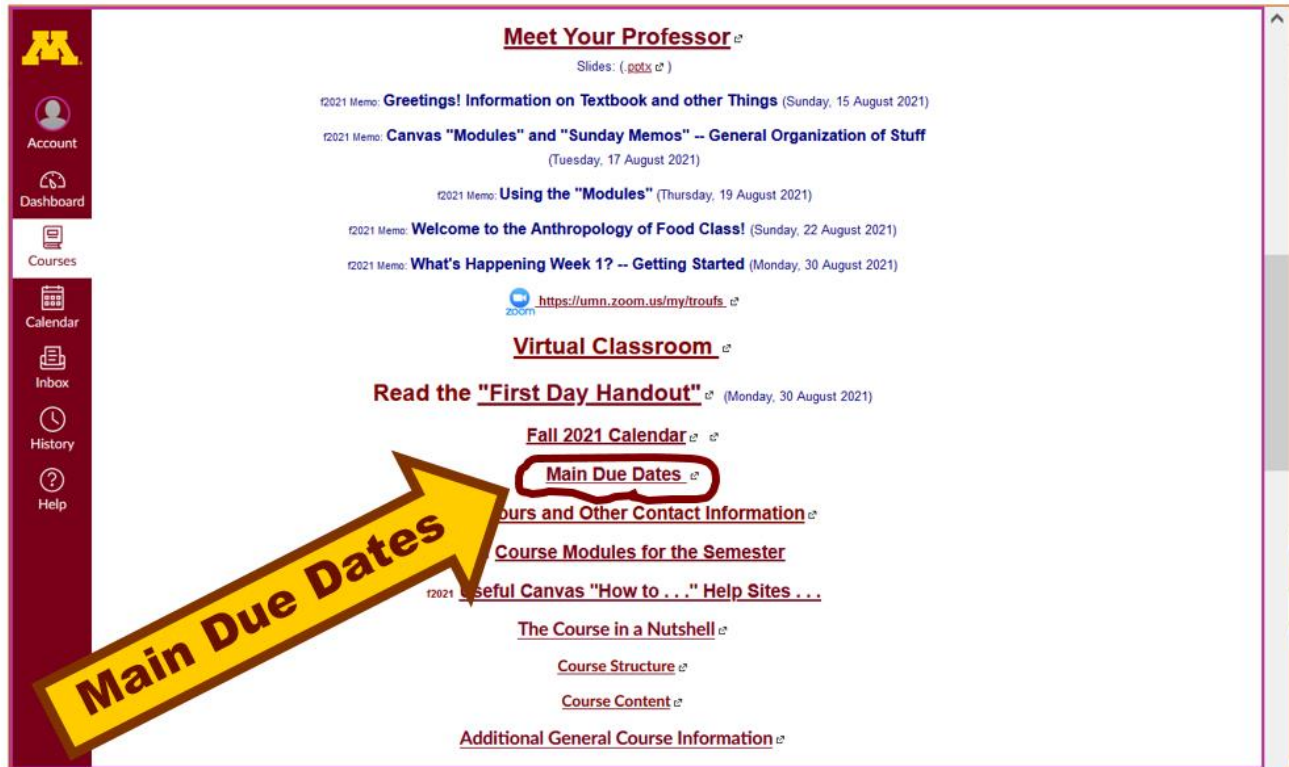
Main Due Dates

are listed at

<<http://www.d.umn.edu/cla/faculty/troufs/anthfood/afdue-dates.html#title>> 

[including Term Paper / Exams / Extra Credit Papers . . . not including weekly *Discussions* and Review assignments . . .]

REM: Links on screenshots are not “hot” (active)



QUESTIONS? / COMMENTS ...

If you have any **questions or comments** right now, please do not hesitate to post them on the  **Canvas** “Discussions”, or e-mail troufs@d.umn.edu , or **ZOOM** <https://umn.zoom.us/my/troufs> . (E-mail is fastest, and most generally best as quite often URLs need be sent.)

Best Wishes,

Tim Roufs

<http://www.d.umn.edu/~troufs/> 

<https://umn.zoom.us/my/troufs> 

[other contact information](#) 