Anthropology of Food Week 5

"Cooks and Kitchens"

Midterm Exam
Midterm Exam Study Questions

Catch Up

After the Exam
Food and Culture

Food and Religion (Intro.)

Video Explorations:
Food for Body and Spirit (29 min.)

Assignments and Events
Readings for the Semester
Class Slides for the Semester

Discussion This Week:
Anthropophagy

For Fun Food Trivia
Midterm Exam . . .
—next week.

When they are available—and that will be shortly—use the annotated questions from the assignment of last week as study questions.

They will be at
<https://canvas.umn.edu/courses/149026/discussion_topics/533864>

Other Information on the Midterm Exam is available at
Midterm Exam General Information

This could be a handy reference when reviewing the readings for the exam:

Catch Up

This week take a little time to catch up . . .
After the Exam . . .

we’ll spend much of the rest of the semester (up until it we look at your Research Project) examining how people get their food in nonindustrial and industrial cultures, and in exploring the social, corporeal, sacred, psychological, political, economic, and cultural aspects of food —that’s the holistic anthropology approach (you remember that from Week 1).

In short, after the Midterm Exam, “Food and Culture” will be our focus.

And, hopefully, in the last part of the term you will be applying your analytical anthropological skills that you have been developing and honing in the first four weeks of the course.
Food and Religion (Intro.)

We begin our focus on Food and Culture this week by looking at food as medicine, and how food amongst traditional Chinese Buddhists unites families.

Video Explorations

So this week you should watch the short (29 min.) film Food for Body and Spirit—the second film of a classic four-part series, A Taste of China—the film shows how in traditional Chinese culture religion and food has united families for over a thousand years.

Food for Body and Spirit visits a sacred Taoist retreat, high on Blue City Mountain in Szechuan Province, China.

Food for Body and Spirit (29 min.)

Food for Body and Spirit Viewing Guide

Next week we’ll have a look at another film as part of a “controlled comparison” involving . . .

—Chinese : Buddhism : Food in China and Malaysia
In *Food for Body and Spirit* we have a look at a Chinese Taoist temple and Buddhist Slow Food and Locavorism which has a thousand year history . . . and we see how food holds Chinese culture together . . .

Next week, in *The Pig Commandments*, we’ll see how food tears apart a major segment of Chinese culture in Malaysia.

"Extreme Cuisine" Short Video clips
<https://canvas.umn.edu/courses/149026/assignments/867986>

Have a look at . . .

Assignments and Events

. . . *this week* as they are listed on your "Calendar". They are also listed on the “Syllabus” section of your folder, if you prefer to have them in another form (see below).
REM: Links on screenshots are not “hot” (active)

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The links to the on-line movies are on your Canvas calendar.

The “Syllabus” version is found here:

![Syllabus](image)

In the “Syllabus” version the assignments look like this:
### Anthropology of Food, Week 5, p. 7

**For Fun Food Trivia...**

If you had to eat a human to survive, which body part should you pick first?

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<thead>
<tr>
<th>Date</th>
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<tr>
<td>Sun Feb 9, 2020</td>
<td>AF What's Happening Week 5?</td>
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<td>Mon Feb 10, 2020</td>
<td>AF Wk 5 Readings</td>
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<td>Tue Feb 11, 2020</td>
<td>Ketchup</td>
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<td>Wed Feb 12, 2020</td>
<td>AF Wk 5 Video: Food for Body and Spirit (29 min.)</td>
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<td>Thu Feb 13, 2020</td>
<td>AF Wk 5 View On-line: National Geographic &quot;Extreme Cuisine&quot; Short Videoclips</td>
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| Fri Feb 14, 2020   | AF Wk 5 Discussion: Anthropophagy  
                      AF Wk 5 Review for Midterm Exam  
                      (optional) AF List of Readings for the Entire Semester (useful for reviewing for Midterm Exam) |
| Sat Feb 15, 2020   |          |
If you have any **questions** right now, please do not hesitate to post them on the ✨ **canvas** Course “Chat”, or e-mail troufs@d.umn.edu, or stop by Cina 215 if you’re in the neighborhood [map].

Best Regards,

Tim Roufs

<http://www.d.umn.edu/~troufs/>