

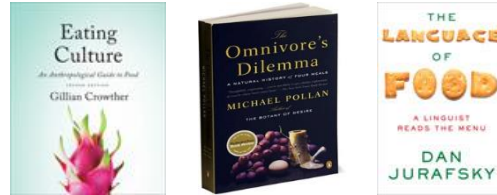
# UNIVERSITY OF MINNESOTA

Duluth Campus

Department of Studies in Justice, Culture, and Social Change  
College of Arts, Humanities, and Social Sciences



228 Cina Hall  
1123 University Drive  
Duluth, Minnesota 55812-3306  
<http://www.d.umn.edu/socanth>  
E-mail: [troufs@d.umn.edu](mailto:troufs@d.umn.edu)  
ZOOM: <https://umn.zoom.us/my/troufs>  
3 October 2021


## Anthropology of Food Week 6



Direct Link  
to Canvas

Available on-line in your  canvas folder at

2021 [Canvas Modules](#)   
[Module 6](#) 

(click links for details)  
 = leave page




Tim Roufs Inspecting Durians in Singapore Market, 2017

## What's Happening Week 6?

Midterm Exam

Food and Religion: Comparative Analysis

## THIS WEEK'S HIGHLIGHTS

(click links for details)  
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## **GENERAL COMMENTS FOR THE WEEK . . .**

One big event of the week is the  
**Midterm Exam**  
which will be available from Monday a.m. to Saturday,  
4 - 9 October 2021  
(10:00 p.m. starting time on Saturday)

**After the exam we'll have a comparative look at Food and Religion . . . by looking at Pigs . . . in Malaysia. . . and Food as medicine in China, and how food amongst traditional Chinese Buddhists *unites* families. It is part of a comparison with the Chinese in Malaysia, as seen in *Pig Commandments*, where food *divides* Chinese families. See details on the comparison with this week's "Video Explorations".**

(REM: **comparative methods**  
are a fundamental feature of Anthropology).

## **Food and Religion**

**We'll close the week off with a discussion on the Worldwide Slow Food Movement and Locavorism.**

**After all of that, it's back to your Class Project.**

(optional) **LIVE CHAT: MIDTERM EXAM / OFFICE HOURS . . .**

(Tuesday, 7:00-8:00 CDT, or E-mail)

Contact Information [↗](#)

## **VIDEO EXPLORATIONS WEEK 6 . . .**

**Real People . . . Real Places . . .**

Videos for the Semester [↗](#)

After the Exam Take the Two Very Short

**Selective Attention Tests**

(2X <2 min.)

Then watch:

**Pig Commandments**

(72 min, 2005)

Taste of China, Part 2,

**"Food for Body and Spirit"**

(29 min., 1984)

**WEEK 6 SLIDES . . .**

Class Slides for the Semester [↗](#)

**Other Important Terms**

(.pptx) [↗](#)

[click ↑ here]

**Review Slides for the Midterm Exam**

**READINGS FOR WEEK 6 . . .**

Readings for the Semester [↗](#)

Textbook Information [↗](#)

**OTHER ASSIGNMENT INFORMATION . . .**

Main Due Dates [↗](#)

f2021 **Module 6 – Week 6** [↗](#)

**DUE: MIDTERM EXAM . . .**

which will be available from Monday a.m. to Saturday,

4 - 9 October 2021

(10:00 p.m. starting time on Saturday)

## **Study Questions are at . . .**

f2021 @ <<https://canvas.umn.edu/courses/259022/modules/items/6016451>> [↗](#)

[click ↑ here]

## **General Midterm Exam Information is at . . .**

<[https://www.d.umn.edu/cla/faculty/troufs/anthfood/afexams\\_midterm.html#title](https://www.d.umn.edu/cla/faculty/troufs/anthfood/afexams_midterm.html#title)> [↗](#)

REM: **Live Chat** is Tuesday at 7:00 pm

## **PROJECT INFORMATION . . .**

[Basic Information](#) [↗](#)

[Main Due Dates](#) [↗](#)

## **DUE: DISCUSSION WEEK 6 . . .**

"Slow Food Convivia / Locavorism"

## (optional) **FOR FUN FOOD TRIVIA . . .**

[Food Trivia HomePage](#) [↗](#)

(optional) "What religious food prohibitions do Buddhists have?"

## (optional) **EXTRA CREDIT . . .**

[Basic Extra Credit Information](#) [↗](#)

## **OTHER (OPTIONAL) . . .**

## **QUESTIONS? / COMMENTS?**

# General Comments for the Week

One big event of the week is the

## Midterm Exam

which will be available from Monday a.m. to Saturday,

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(10:00 p.m. starting time on Saturday)

**After the exam we'll have a comparative look at Food and Religion . . . by looking at Pigs . . . in Malaysia. . . and Food as medicine in China, and how food amongst traditional Chinese Buddhists unites families. It's part of a comparison with the Chinese in Malaysia, as seen in *Pig Commandments*, where food divides Chinese families. See details on the comparison with this week's "Video Explorations".**

(REM: **comparative methods** are a fundamental feature of Anthropology).

## Food and Religion

**We'll close the week off with a discussion on the Slow Food Movement worldwide.**

**After all of that, it's back to your Class Project.**

(optional) **LIVE CHAT: MIDTERM EXAM / OPEN FORUM / OFFICE HOURS . . .**

Contact Information [🔗](#)

Tuesday, @ 7:00-8:00 p.m. (CDT)

**“ZOOM”** [🔗](#)

[click ↑ here]

or

e-mail anytime: <mailto:troufs@d.umn.edu> [🔗](#)

[click ↑ here]



Live Chat is optional.

## **VIDEO EXPLORATIONS WEEK 6 . . .**

**Real People . . . Real Places . . .**

[Videos for the Semester](#) [🔗](#)

After the Exam first take the

### **Selective Attention Tests**

(2 X <2 min.)

And hopefully, also as noted last week, in the remainder of the term you will be **applying your analytical anthropological skills** that you have been developing and honing in the first five weeks of the course. We will be visiting many parts of the globe in the process—so you will have lots of opportunities to practice your skills.

Speaking of skills . . . this week, after you are finished with your Midterm Exam, take the two short minute-and-a-half **tests of your observational skills** before you continue your intensive look at the wide variety of Anthropology of Food video materials. You should take those short tests this week, but wait until after you have finished the Midterm Exam (you will have enough to do before the Exam).



**After the Exam Take the Two (Very Short) Selective Attention Tests in Preparation for Watching Remaining Videos.**

**(Be sure to take both tests. Read the instructions carefully.)**

**First, take the . . .**

**Selective Attention Test**

<http://www.youtube.com/watch?v=vJG698U2Mvo> 

**Read and follow the directions carefully.**

(Be sure to also count the *bounce* passes.)



**When you are finished with the Selective Attention Test,  
watch . . .**

## **The Monkey Business Illusion**

[http://www.youtube.com/watch?v=IGQmdoK\\_ZfY](http://www.youtube.com/watch?v=IGQmdoK_ZfY) 

(It too is short: 1:42)

**Again, read and follow the directions carefully.**

(And as with The Selective Attention Test, be sure to also count  
the *bounce* passes.)



**After the Midterm Exam,  
and after these short Selective Attention Tests  
“Food and Culture”  
will be our focus.**



And, hopefully, in the last part of the term you will be **applying your analytical anthropological skills** that you have been developing and honing in the first four weeks of the course.

We'll spend much of the rest of the semester examining

**how people get their food in industrial cultures,**

and in exploring the social, corporeal, sacred/religious, psychological, political, economic, and cultural aspects of food—that's the **holistic** anthropology approach (you remember that from Weeks 1 and 2).

**When you're finished with your exam and attention tests  
we'll do a**

**Controlled Comparison**

**focusing on Food and Religion,**

and more specifically, a comparison involving

**—Chinese : Buddhism : Food  
in China and Malaysia**

We'll start by watching . . .

## *The Pig Commandments*

(72 min, 2005)

followed by the short film, a part of a series,

## ”Food for Body and Spirit”

(29 min, 1984)

\* \* \* \* \*

## *The Pig Commandments*

(72 min, 2005)

 [Online Access](#) 

[click  here]

(use with [VPN](#)  if you are off campus)

[course viewing guide](#) 

[transcript](#) 

NOTE: This video should be compared with *Food for Body and Spirit* below.

In the film *The Pig Commandments*, we'll see **how food tears apart** a major segment of Chinese culture in Malaysia. This is an older film, but it is more than ever relevant to today.

**"To Chinese, pig symbolizes prosperity and health. Pork is the principle ingredient of the main course of Chinese feasts and it is the best choice of offerings. In contrast, pig is unclean to Muslims. It surely would not be found on their dining table. Conflict is inevitable when these two values meet. The scene is set in Malaysia, home to 12 million Muslims and 6 million Chinese. A group of Chinese who make their living in the pig business confronts Muslims who are forbidden to eat pork; Chinese Muslims are often caught in the crossfire. What is the solution to this deep-rooted ethnic dilemma?"**

**"This fascinating film illustrates how religious differences, even on the basic level of dietary prohibitions, can affect the way neighbors interact. It focuses on Malaysia, home to 12 million Muslims and 6 million Chinese. Islam bans the eating of pork, considering it unclean, while the Chinese have treasured pork for thousands of years. The ancient Chinese character for 'home' was a pig. For the Chinese the pig is a symbol of prosperity and all celebrations involve a pig roast."**

**"*Pig Commandments* outlines the ways in which the Muslim prohibition to eat pork affects the relationship between the Chinese and Muslims in this part of the world. There is legislation to keep pig farms away from the Muslim population. Many Chinese in Malaysia have converted to Islam. For them, the Koran has been translated into Chinese; and four chapters of the Koran deal with the prohibition to eating pork. One Chinese convert describes the problem with eating with her family. Only once a year when the Chinese celebrate the New Year with a vegetarian meal, can she join her family at dinner."**

**"*The Pig Commandments* shows how dietary laws can divide people or bring them closer together. It demonstrates dramatically the social effects of food regulations and the sensitivity of people who are offended by another culture's eating habits. Scholars, religious leaders, and people of both religions express their feelings about this contentious issue. In addition we see how generations of pig farmers are proud of their succulent product."**



Shaikh Hussain Ye  
Malaysia



\* \* \* \* \*

*Taste of China, Part 2,*

## ▶ **”Food for Body and Spirit”**

(29 min, 1984)

▶ [Online Access](#) 

[click  here]

(use with VPN if you need to)

[course viewing guide](#) 

**”Food for Body and Spirit”**—the second film of a classic four-part series, *A Taste of China*— shows how in traditional Chinese culture religion and food has *united* Buddhists families for over a thousand years. In “Food for Body and Spirit” we’ll have a look at a Chinese Taoist temple retreat, high on Blue City Mountain in Szechuan Province, China, and we’ll have a look at Buddhist Slow Food and Locavorism . . . and we’ll see how food holds Chinese culture *together, and has for millennia*. . . . This film, like *Pig Commandments*, is an older film, but what it has to say is still relevant today—as it has been for thousands of years.



## WEEK 6 SLIDES . . .

[Class Slides for the Semester](#) 

### “Other Important Terms”

[\(.pptx\)](#) 

[click  here]



## Catch up on and Review slides for Midterm Exam . . .

### Orientation

[\(.pptx\)](#) 

### Main Characteristics of Anthropology

[\(.pptx\)](#) 

### Other Important Terms

[\(.pptx\)](#) 

## **Biocultural Framework for the Study of Diet and Nutrition: Introduction**

(.pptx) [↗](#)

- **Nutritional Status**  
(.pptx) [↗](#)
- **Human Nutrient Needs**  
(.pptx) [↗](#)

## **Diet and Human Evolution: Introduction**

(.pptx) [↗](#)

[do not spend too much time on this slide set]

## **The Neolithic "Agricultural" Revolution**

(.pptx)

## **The Industrial Revolution**

(.pptx)

## **The Scientific Revolution**

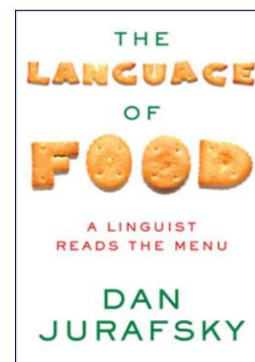
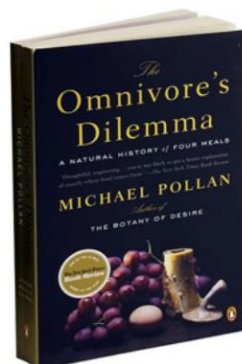
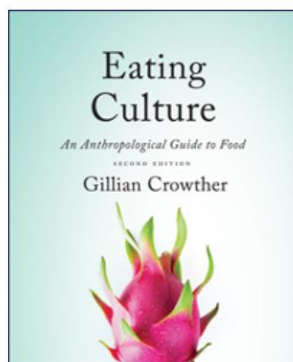
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[click [↑](#) the above]

## **READINGS FOR WEEK 6 . . .**

[Readings for the Semester](#) [↗](#)

[Textbook Information](#) [↗](#)



Review for [Midterm Exam](#)

For after the [Midterm Exam](#)

- ***[Eating Culture, Second Edition](#), Gillian Crowther***

- CHAPTER FIVE: RECIPES AND DISHES

- ***[Omnivore's Dilemma](#), Michael Pollan***

- "Introduction: our national eating disorder"
- Ch. 1 "The plant: corn's conquest"
- Ch. 2 "The farm"
- Ch. 3 "The elevator"
- Ch. 4 "The feedlot: making meat"

(We're starting this book here, with Michael Pollan's discussion of "The forager" and "The ethics of eating animals" as next Week we begin having a closer look at hunting / gathering / foraging as a way people get their food in nonindustrialized societies)

- ***[The Language of Food](#), Dan Jurafsky***

- (Review)

## OTHER ASSIGNMENT INFORMATION . . .

[Main Due Dates](#) 

f2021 **[Module 6 – Week 6](#)** 

## DUE: MIDTERM EXAM . . .

will be available from Monday a.m. to Saturday,  
4 - 9 October 2021

(10:00 p.m. starting time on Saturday)

A good activity to start your review would be looking over Ch. 1, “Setting the Anthropological Table”, the slide sets (see above), and the “What’s Happening?” weekly memos. And, of course, focus on the **Study Questions**.

**Use the annotated questions from the assignment of the end of Week 4 as your study questions.**

**Study Questions are at . . .**

r2021 @ <<https://canvas.umn.edu/courses/259022/modules/items/6016451>> 

[click  here]

As I mentioned before, be sure to **focus on the *ideas* and main concepts, and differing points of view**, and do not be preoccupied with only trying to memorize facts and assorted pieces of information.

**General Midterm Exam Information is at . . .**

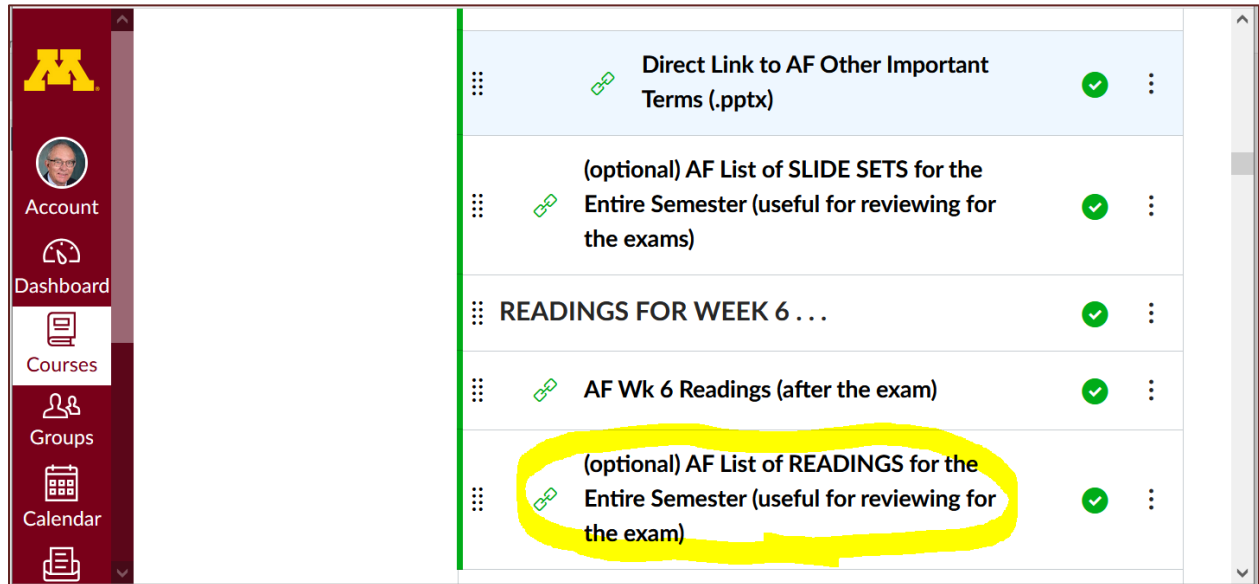
<[https://www.d.umn.edu/cla/faculty/troufs/anthfood/afexams\\_midterm.html#title](https://www.d.umn.edu/cla/faculty/troufs/anthfood/afexams_midterm.html#title)> 

**Live Chat is Tuesday at 7:00 pm**

**The final *pool* of questions generally contains 12-16 questions, all taken from the annotated wiki list of Discussion questions (link above), including at least one current affairs question.**

[The final pool of questions will not include more than one question on the same (or essentially similar question), which is one of the reasons why it usually ends up with 12-16 questions; other questions that were submitted would be better for the final exam, and those questions are noted.)]





The [List of Readings for the Entire Semester](#) could be a handy reference when reviewing the readings for the exam:

## PROJECT INFORMATION ...

[Basic Information](#)  
[Main Due Dates](#)

## DUE: DISCUSSION WEEK 6 ...

### Slow Food Convivia / Locavorism



Slow Food restaurant placard, [SantoriniLinks to an external site.](#), [GreeceLinks to an external site.](#)

(optional) **FOR FUN FOOD TRIVIA . . .**

[Food Trivia HomePage](#) 

(optional) **“What religious food prohibitions do Buddhists have?”**



Buddhist monks and nuns praying in the Buddha Tooth Relic Temple of Singapore  
Wikimedia



“Food for Body and Spirit”

[Answer](#)

## (optional) **EXTRA CREDIT . . .**

[Basic Extra Credit Information](#)

Extra Credit is available in this class.  
We'll have a closer look at Extra Credit after the Midterm Exam.

## **OTHER (OPTIONAL) . . .**

**(optional) Study Abroad? Explore the World? Do it. . . .**

## **QUESTIONS? / COMMENTS . . .**

If you have any **questions or comments** right now, please do not hesitate to post them on the [canvas](#) “Discussions”, or e-mail [troufs@d.umn.edu](mailto:troufs@d.umn.edu) , or ZOOM <https://umn.zoom.us/my/troufs> . (E-mail is fastest, and most generally best as quite often URLs need be sent.)

Best Wishes,

Tim Roufs

<<http://www.d.umn.edu/~troufs/>> 

<<https://umn.zoom.us/my/troufs>> 

<[other contact information](#)> 