

It's Pancake Day [Shrove Tuesday]

“In the United Kingdom, Ireland and parts of the Commonwealth, Shrove Tuesday is also known as Pancake Day or Pancake Tuesday, as it became a traditional custom to eat pancakes as a meal.” -- [Wikipedia](#)



[The Duchess of Cambridge Catherine "Kate" Middleton Flipping Pancakes](#)
BBCAmerica

and
Mardi Gras
[Fat Tuesday]



R.I.P. [Big Chief Allison "Tootie" Montana](#)
-- [Wikipedia](#)

and
Carnival Day

[that's *carne-val* from the Latin *carnem levāre*, "to put away meat"]

[A Guide to the Wildest Carnival Celebrations Around the World](#)

-- [Shauna Beni](#), [Megan Spurrell](#) and [Paul Rubio](#), [Conde Nast Traveler](#) (31 January 2020)



[Lady in White](#)
[Carnival of Venice - Wikipedia](#)
[Italy](#)

**And in in the run-up to Shrove Tuesday in the medieval town of Ivrea, Italy,
The Battle of the Oranges takes place**



[In pictures: The battle of the oranges](#)

-- [BBCnews](#) (20 February 2020)

and
tomorrow is Ash Wednesday
and
Lent begins
[in the Christian world]



A cross marked in ash on a worshipper's forehead -- [Ash Wednesday](#)
-- [Wikipedia](#)

Ash Wednesday:
Lenten Food Regulations begin for Roman Catholics and others



[The Holy See](#)TM
(The Vatican)

So Enjoy the Week!
Eat well while you can.

Tim Roufs

<http://www.d.umn.edu/~troufs/>

<https://umn.zoom.us/my/troufs>

[other contact information](#)