Anthropology of Food Week 12

The Language of Food Video Explorations
(On-line or at the UMN Library)

The Big Three This week . . .

1. American Meat

2. FOOD, INC.
   (if you haven’t seen it)

3. Projects
As I have been mentioning throughout the semester a major part of this course is your research project—not just for the points, but because researching a topic you are interested in, and presenting your findings to others, and then writing the results up as a formal paper, is one of the best ways to learn things, and it gives you valuable practice for presenting your ideas and arguments.

Keep in mind what I said earlier on about your Presentations, viz., that they are intended to be a report on work in progress, that is, basically, a rough draft of your ideas that should eventually make their way into your final Term Paper.

The class Presentations WebPage, if you would like to review, is at <http://www.d.umn.edu/cla/faculty/troufs/anthfood/afpresentations.html>.

American Meat
This week have a look at **American Meat.**

(1:22)

**Film HomePage**

“American Meat is a pro-farmer look at chicken, hog and cattle production in America.”

“Beginning with a history of our current industrial system, the feedlots and confinement operations are unveiled, not through hidden cameras, but through the eyes of the farmers who live and work there. From there, the story shifts to Polyface Farms, where the Salatin family has developed an alternative agricultural model based on rotational grazing and local distribution. Nationwide, a local-food movement of farmers, chefs, and everyday people has taken root. . . . But could it ever feed us all?”
FOOD, INC.

and, if you haven’t seen it
please also watch that film

(1:33)

(Food, Inc. is available on UMD Streaming Videos, and is also available at the main desk of the UMD Library, and is available on Netflix)

Viewing Guide

Food, Inc. probably would have won the 2010 Oscar for Best Documentary had not The Cove won it (we’ll see The Cove Week 14). Food, Inc. is the very same film that the Director, Robert Kenner, spoke about at UMD when he was here, and it features, among others, Joel Salatin who also spoke at UMD (Joel Salatin, at the 3rd Annual Community Wellness Day April 28th 2012 at UMD).

This week’s salutes goes to and Joel Saladin of Polyface Farm, Swoope,
Virginia, a hero in his own right. Joel has come out with another book, *Folks, This Ain't Normal: A Farmer's Advice for Happier Hens, Healthier People, and a Better World* (Center Street, 2011), and *The Pigness of Pigs: Respecting and Caring for All God's Creation* (FaithWords, 2016). Joel’s story is a testament to what one committed person can do, with the help of others in the community.

"In Folks, This Ain't Normal, Joel Salatin says it's high time we stopped taking our industrialized food system as a given and instead consider local, sustainable food production as the norm. Good plan. Whether or not you agree with his contention that we would be better off if the government got out of food regulation, his ideas are compellingly written, fun to read, and well worth pondering." (Marion Nestle, Dept. of Nutrition, Food Studies, and Public Health, NYU, and author, *Food Politics*)

"Joel . . . is one of the most creative, productive and sustainable farmers working in America today . . . His message is that we eaters can change the world, one meal at a time." (Michael Pollan, in the introduction to *Holy Cows and Hog Heaven: The Food Buyer's Guide to Farm Friendly Food*)

You’ll meet Joel in the text and in the videos.

And speaking of Joel Salatin and Extra Credit . . . his talk at UMD is one that qualifies for the Extra Credit Review (which is due at the end of the week) . . .

YouTube Talk:

**Joel Salatin at the 3rd Annual Community Wellness Day**

**April 28th 2012, UMD Duluth, Minnesota**
REM (friendly): Your Term Paper is due in two weeks

Assignments and Events

... this week are listed on your (1) “Calendar”, and the (2) “Syllabus” sections of your canvas folder.

(1) This Week’s “Calendar”

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<thead>
<tr>
<th>Date</th>
<th>Activity</th>
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<tbody>
<tr>
<td>11</td>
<td>AF 12 Readings</td>
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<tr>
<td>12</td>
<td>AF 12 Video: American Meat (85 min.)</td>
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<tr>
<td>13</td>
<td>AF 12 Tim Roufs’ article on Hot Dish (optional, except for people who like “hot dish”)</td>
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<tr>
<td>14</td>
<td>AF 12 Video (if you have not seen it): Food, Inc. (93 min.)</td>
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(2) This Week’s “Syllabus”

<table>
<thead>
<tr>
<th>Topic</th>
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<td>AF 12 REM: Work on Project — Presentation is Due Next Week</td>
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If you have any **questions** right now, please do not hesitate to post them on the Canvas Course “Chat”, or e-mail troufs@d.umn.edu, or stop by Cina 215 [map].

Best Regards,

Tim Roufs

<http://www.d.umn.edu/~troufs/>