Members: Ana Hammerschmidt, Gary Holquist, Sean Huls, Katie Jackson, Lauretta Perry, Tori Seymour

CHAC Goals:

Goal 1 - CHAC will regularly review and analyze current alcohol and other drug use and trends both locally and nationally (maps to university goals 1; maps to student life goals 4.).

Goal 2 - CHAC will provide a venue for creating campus collaborations on alcohol and drug education programming and prevention efforts (maps to university goals 1; student life goals 3.2, 4.4).

Goal 3 - CHAC will make recommendations for the UMD campus concerning alcohol and other drug issues (maps to university goals 5; student life goal 3.3).

Goal 4 - CHAC will share information and data with appropriate stakeholders (maps to university goal 5; student life goal 3.3, 4.3)

Goal 1 - CHAC will regularly review and analyze current alcohol and other drug use and trends both locally and nationally.

Objective: Based on the rise in vaping related EVALI cases, CHAC will obtain and review UMD specific data as it relates to vaping.

In September 2019, approximately 25 individual interviews were conducted with UMD students to understand the language, devices, behaviors, and attitudes associated with vaping. The findings from these conversations assisted in the creation of an electronic survey, which yielded 1132 responses. An internship position was created to work with the Drug/Alcohol Educator to compile data and modify peer education curriculum to incorporate vaping. A summary of those findings are included under “Assessment”.

Objective: Due to the national prevalence of opioid abuse, committee members will receive a training/update on opioid and prescription drug abuse

On October 30, 2019, Mike Wendinger, UMD Assistant Athletic Director, provided a presentation on prescription drug abuse. The presentation highlighted data from the Sports Science Institute and a survey of 23,000 NCAA students.

Objective: CHAC will monitor the number of DUI/DWI arrests related to UMD students.

UMD Police have issued a growing number of DUI/DWI citations. CHAC began tracking to clarify how many of these incidents involve UMD students. In 2018-19, 24% of DUI/DWI arrests involved UMD students (5 of 21). In 2019-2020, 17.65% (3 of 17) DUI/DWI arrests involved UMD students
Goal 2 - **CHAC will provide a venue for creating campus collaborations on alcohol and drug education programming and prevention efforts:**

Objective: *CHAC will meet monthly to allow for networking and collaboration to occur on a regular basis*

The committee met October through February and again in May. Meetings were discontinued March and April due to COVID.

**Objective: Select CHAC members will serve on the Tri Campus Coalition on College Student Alcohol and Drug Use**

Two members from CHAC, UMD Police Chief and the Drug/Alcohol Educator, served on the committee. This year, UMD initiated the conversation to sunset the current coalition format (3 general membership meetings per academic year) to one general membership meeting and one semesterly meeting among Health Educators from each of the campuses to identify initiatives and reach out as needed to community and coalition members. This decision was made after evaluating meeting attendance, outcomes, and coalition member survey data. UMD Drug/Alcohol Educator will continue to coordinate coalition efforts.

**Objective: Risk reduction presentations regarding alcohol and cannabis will be provided on campus by selected CHAC members. This will include messaging on medical amnesty.**

Approximately 25 classroom presentations were provided to UMD Seminar classes fall semester. Presentations were also given in: Hlth 1100, Women’s Health Issues, Intro to Psychology, Residence Halls, Varsity Athletics, and Greek Life from September 2019 - March 2020.

**Objective: Presentations will be provided to area high schools on alcohol and other drugs from a risk reduction standpoint.**

Presentations were made for Health classes at Harbor City High School twice per semester focused on alcohol and cannabis. Presentations for the senior class at Marshall high school on alcohol, cannabis and sexual violence prevention were cancelled this spring due to COVID.

**Objective: Student voices will be sought, as needed, to address trends and behaviors related to alcohol/drugs.**

In September 2019, approximately 25 individual interviews with UMD students were conducted to understand the language, devices, behaviors, and attitudes associated with vaping. The findings from these conversations assisted in the creation of an electronic survey, which yielded 1132 responses (see Assessment)

Goal 3 - **CHAC will make recommendations for the UMD campus concerning alcohol and other drug issues**

**Objective: Continue to monitor and respond, as appropriate, to efforts to legalize cannabis in the state of Minnesota as it relates to the public health lens of driving under the influence, curriculum and public service announcements.**

No legislative efforts to legalize cannabis occurred during the 2019-20 academic year.
Goal 4 - CHAC will share information and data with appropriate stakeholders

Objective: CHAC members will share research findings related to UMD student vaping patterns with UMD staff and faculty at a Lunch on a Mission event.
The presentation, scheduled for April 22, was postponed due to COVID-19.

Objective: A select CHAC member will provide information related to current trends to senior leadership semiannually
UMD Police Chief (and CHAC member) met with the Chancellor’s cabinet on January 28, 2020 and with the Vice Chancellor of Finance and Operations on a quarterly basis.

Objective: A select CHAC member will provide data findings related to college student use of cannabis to the Minnesota Program Sharing Prevention conference, scheduled for Oct. 2019.
“Cannabis - Understanding the Nuances of College Student Use” was presented on October 25, 2019 at the DECC in Duluth, MN

Assessment
Vaping - A random sample, electronic survey was distributed to approximately 3,000 UMD undergraduates to better understand UMD student patterns of vaping behavior. 1,132 students participated in the survey, yielding a 35% response rate. The top reasons listed for vaping were: "friends were doing it" (81%), "curiosity" (65%), and as "part of party culture" (36%). Also of note, 70% of those surveyed had tried vaping. A summary of the findings can be found in the appendix

Cannabis - A random sample, electronic survey was distributed to 2,770 UMD undergraduates to compare and contrast use with the cannabis survey distributed in 2017. 736 students participated in the 2020 survey, yielding a 27% response rate, consistent with 705 participating in 2017. The most significant finding was a 10% reduction in students driving while under the influence of cannabis. This may be a reflection of prevention messaging beginning in 2018 which utilized posters and social media to encourage students to delay driving 2-3 hours after smoking as part of a risk reduction campaign. The 2020 survey also included questions for students who use cannabis as a reward, a method of relaxation, or a technique to manage their depression or anxiety to identify other strategies they are utilizing. These data will be shared with Health Services Counseling and Disabilities Resources staff in 2020-21. A document comparing 2017 and 2020 data can be found in the appendix.

Budget
CHAC does not have a budget, or assigned EFS number. Appropriate departments contribute for specific costs.

Alcohol Edu – $35,850 Fee covered by Coca Cola monies
E-chug/E-toke (on-line assessment tools) - $2,150. Fees are equally distributed between the departments of Health Services, Housing, and the Office of Student Conduct and Conflict Resolution.