# *Carlson (7e)* PowerPoint Lecture Outline Chapter 10: Reproductive Behavior

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## **Reproductive Behaviors**

- n Reproductive behaviors are social behaviors that are critical for survival of the species
  - I Courting, mating, parental behavior
- n Reproductive behaviors are sexually dimorphic
  - Behaviors vary systematically in males and females
    Most forms of aggressive behavior are dimorphic
  - Early hormone experience plays a prominent role in the development and control of sexually dimorphic behaviors

## Markers of Sex

- n Chromosomal: XX or XY (23rd chromosome pair) is determined at conception
- n Gonadal: testes or ovaries
- n Hormonal: Estrogen/androgen
- n Internal reproductive structures
  - I Mullerian system: Fallopian tubes, uterus, inner 2/3 of vagina
  - **I** Wolffian system: epididymis, vas deferens, seminal vesicles
- n External reproductive structures
  - I Males: penis/scrotum
  - Females: labia, clitoris, outer 1/3 of vagina

### Development of the Internal Sex Organs



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#### Development of the External Genitalia

Source: Adapted from Spaulding, M.H., in Contributions to Embryology, Vol. 13. Washington, D.C.: Carnegie Institute of Washington, 1921. Copyright © 2001 by Allyn & Bac on

## Sexual Development

- n "Nature's Impulse is to create a female"
  - I The internal reproductive structures can develop into a male or female pattern
  - I Male testes secrete
    - u Anti-Mullerian hormone prevents development of the Mullerian system
    - u Androgens promote development of the Wolffian system
      - ä Testosterone
      - a Dihydrotestosterone
  - In the absence of androgen secreted by testes, female pattern develops:
    - u Mullerian system
    - u External genitalia
    - u Brain

## Male Sexual Development

- n SRY gene on XY chromosome induces development of testis
  - I Testes secrete:
    - u Anti-Mullerian hormone (defeminizing effect)u Androgens: stimulate Wolffiian system development
  - External male reproductive structures require dihyrotestosterone (androgen)

## Internal Sex Organ Development





### Sexual Maturation

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## Sexual Maturation

n Secondary sexual characteristics include

- Female: enlarged breasts, widened hips;
- I Male: beard, deep voice
- n Secondary sex characteristics appear at puberty
  - Puberty is associated with secretion of gonadotropin-releasing hormones (GnRH)
    - u GnRH in turn induces secretion from the anterior pituitary of
      - ä Follicle-stimulating hormone (FSH)
      - **ä** Luteinizing hormone (LH)
  - FSH and LH are secreted in females (develop the ovum) and males (stimulate development of sperm, secrete testosterone)
     LEstradiol secreted by the gonads induces breast development
    - u Androgens stimulate facial hair, lowered voice, muscle development

# Female Reproductive Cycles

- n Reproductive cycles in females involve a fixed sequence of hormonal events
  - Primates: menstrual cycle of uterine lining growth (and loss), mating is not tied to ovulation
  - Rats: estrous cycle is a four day cycle, no menses, mating is tied to ovulation
  - I Cycle starts with secretion of gonadotropins from the ant. pituitary
    - u FSH stimulates ovarian follicles
    - Follicles secrete estadiol, which stimulates uterine lining growth and triggers a pulse of LH from the anterior pituitary
    - u The LH surge induces ovulation, the ruptured follicle (corpus luteum) produces estradiol and progesterone (which maintain the uterine lining)
    - u If pregnancy does not result, the corpus luteum shuts down, resulting in menses

# Adult Sexual Behaviors (Rodent)

### n Male

- I Intromission
- I Pelvic thrusting
- I Ejaculation
- Post-ejaculatory refractory period

### n Female

- I Lordosis response
- Receptivity: willingness to copulate
- <u>Proceptivity</u>: behaviors that seek out and arouse male sexual interest
- Attractiveness: physiological and behavioral changes that affect the male (odor)

## Hormones: Male Sexual Behavior

- n Male sexual behavior depends on testosterone
- n <u>Activational</u> effects of hormones in the male:
  - I Male sexual behavior requires testosterone
    - u Testosterone is converted to estradiol which restores sexual behavior in a castrated male
    - u Drugs that block the conversion of testosterone to estadiol reduces male sexual behavior
  - Oxytocin may contribute to smooth muscle contract during orgasm
  - Prolactin is released during ejaculation and may mediate male sexual refractory period
  - I The endogenous opiate dynorphin may also contribute to male sexual satiety

### Hormones: Female Sexual Behavior

- n Sexual behavior in the mammalian female depends on gonadal hormones secreted during estrus
  - Estrogen is secreted, followed by progesterone
  - Ovariectomized rats are not sexually receptive
    - Lestoration of receptivity requires a small amount of estradiol followed by large levels of progesterone
    - u Female mice that lack estrogen receptors are not receptive
  - Oxytocin: contributes to smooth muscle contractions during orgasm

# Organizational Effects of Testosterone

- n Early androgen exposure promotes:
  - Behavioral <u>defeminization</u> as an adult
  - Behavioral <u>masculinization</u>
  - Involve estrogen receptors



# Pheromone Actions in Animals

n Pheromones are chemicals that transmit a message from one animal to another

- Pheromones can alter reproduction
  - Lee-Boot effect: the estrous cycle stops when groups of female mice are housed together
  - <u>Whitten effect</u>: the estrous cycle restarts in synchrony when a group of female mice are exposed to the urine of a male mouse
  - <u>Bruce effect</u>: involves the failure of pregnancy when a recently impregnated mouse is exposed to a normal male mouse (other than the one with which she mated)

I The vomeronasal organ detects nonvolatile chemicals in urine

- u The vomeronasal organ projects to the accessory olfactory bulb which in turn projects to the amygdala which has connections with the hypothalamus
- Lesions of the accessory olfactory bulb disrupt the Lee-Boot, Whitten and Bruce effects



Cross Section Through the Rat Brain



Source: Adapted from Swanson, L.W. Brain Maps: Structure of the Rat Brain. New York: Elsevier, 1992. Copyright © 2001 by Allyn & Bac on

## Pheromone Actions in Humans

- n Humans possess a vomeronasal organ
- n Exposure to chemical present in sweat can alter human behavior
  - I McClintock studied the menstrual cycles of women who attended an all-female college
    - u Women who spent time together showed synchronization of their menstrual cycles
    - u Women who spent time with men showed shorter cycles
    - Let Exposure to underarm sweat elicited synchronization
  - I Pheromones present in human sweat can alter social behavior
    - Androstenol placed on a necklace had no effect on the social interactions of men, but women exposed to androstenol showed more interactions with men

# Sexual Orientation

- n Sexual orientation relates to the gender of a person's preferred sexual partner
  - Only humans are <u>exclusively</u> homosexual (prefer a partner of the same sex)
  - Homosexuality does not appear to be a product of childhood experiences (domineering mother, submissive father)
    u Self-reports of homosexual feelings predate homosexual activity
  - Prenatal hormone exposure may play a role in sexual orientation
    - Congenital adrenal hyperplasia (CAH) results in exposure of female fetus to high levels of androgens
    - u 37-48% of CAH women reported themselves to be bisexual or homosexual
  - I Twin studies indicate a higher concordance for homosexuality among monozygotic twins than for dizygotic twins





# Male Spinal Sexual Reflexes

- n The spinal cord contains circuitry that is sufficient for certain sexual reflexes in the male
  - Erection and ejaculation can occur in animals and humans in which the spinal cord has been transected
  - I The transection eliminates the experience of orgasm
  - I Circuitry for these reflexes is located beneath the level of the transection
  - Spinal cord neurons that participate in sexual reflexes are sexually dimorphic
    - Spinal nucleus of the bulbocavernosus (SNB) is larger in males than in females
    - u Development of the SNB requires androgen exposure

# Medial Preoptic Area

- n The medial preoptic area (MPA) is involved in the control of male sexual behavior:
  - I MPA contains testosterone receptors
    - u Infusions of testosterone into the MPA restore copulation in castrated rats
  - MPA neurons are active during copulation
    u As indexed by firing rate and by c-fos studies
  - I Electrical stimulation of the MPA induces copulation
  - Lesions of the MPA disrupt copulation
  - I The MPA receives input from the vomeronasal organ
  - I The MPA has outputs to the motor neurons of the spinal cord that control pelvic organs involved in copulation

motor neurons in the spinal cord

of Fos protein.

## Female Sexual Behavior

- n The ventromedial hypothalamus (VMH) has a critical role in modulating female sexual behavior in rats
  - I VMH lesions block lordosis in female rats which is not restored by estrogen/progesterone
  - Electrical stimulation of VMH facilitates lordosis
  - Copulation is associated with *fos* production in the VMH (and amygdala)
  - Removal of the ovaries reduces female sexual behavior, this behavior is restored when estrogen and progesterone are placed directly into the VMH
    - u Estrogen increases the number of hypothalamic progesterone receptors
  - I The VMH projects to the PAG, which projects to the medulla and spinal cord

Estration reament of stimulation of VMH increases neural activity.
 Neurons contain estrogen and

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progesterone receptors.

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### Parental Behavior

- n Parental behavior serves to protect and nourish offspring
- n Maternal behavior in rodents
  - I Pregnant female rats and mice build nests to house their offspring
  - I Maternal behaviors that occur at the time of parturition (birth):
    - **u** Delivering the offspring
    - **u** Removing the placental and fetal membranes
    - u Stimulating defecation/urination by licking the anogenital region
    - u Retrieval of pups into the nest
  - I Olfaction plays a role in maternal behavior
  - Lesions of the MPA disrupt maternal behavior