

Fish Consumption Guidelines for Women Who Are or May Become Pregnant, and Children under Age 15



LAKE NAME

County DOWID*

Meal Advice

ADA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cass 11025000	Bluegill Sunfish	All sizes				
	Cisco	All sizes				
	Northern Pike		shorter than 25"	25" or longer		Mercury
ADAMS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38015300	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
ADLEY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Otter Tail 56003100	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	White Sucker		All sizes			Mercury
AGATE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cass 11021600	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
AGNES	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Douglas 21005300	Bullhead		All sizes			Mercury
	Crappie		All sizes			Mercury
	White Sucker	All sizes				
AGNES	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69083000	Northern Pike			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
AITKIN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Aitkin 01004000	Sunfish		All sizes			Mercury
ALBERT LEA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Freeborn 24001400	Buffalo	All sizes				
	Carp	All sizes				
	Channel Catfish		All sizes			Mercury
	Crappie	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury

Notes:

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PCBs - Polychlorinated biphenyls PFOS - Perfluorooctane sulfonate

Contaminants listed were measured at levels high enough to warrant a recommendation to limit consumption.

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LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
ALDEN St. Louis 69013100	Crappie			All sizes		Mercury
	Redhorse Sucker			All sizes		Mercury
	Walleye			All sizes		Mercury
ALDER Cook 16011400	Lake Trout		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
ALIMAGNET Dakota 19002100	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
ALPINE Cook 16075900	Lake Whitefish		All sizes			Mercury
	Walleye			shorter than 22"	22" or longer	Mercury
ALTON Cook 16062200	Northern Pike		shorter than 21"	21" or longer		Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
AMBER Lake 38033600	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
ANDREW Douglas 21008500	Northern Pike		shorter than 19"	19" or longer		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch			All sizes		Mercury
ANDREW Kandiyohi 34020600	Crappie		All sizes			Mercury
	Freshwater Drum		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury

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LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
ANDRUSIA Beltrami 04003800	Bluegill Sunfish	All sizes				
	Cisco	All sizes				
	Northern Pike		shorter than 23"	23" or longer		Mercury
	Rock Bass		All sizes			Mercury
	Walleye		shorter than 18"	18" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
	ANN Carver 10001200	Bluegill Sunfish		All sizes		
Bullhead			All sizes			Mercury
Northern Pike				All sizes		Mercury
ANN Kanabec 33004000	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
ANN Wright 86019000	Carp		All sizes			Mercury
	Crappie			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
ARMSTRONG St. Louis 69027800	Bluegill Sunfish	All sizes				
	Crappie	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
ARTICHOKE Big Stone 06000200	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury

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ARVILLA Meeker 47002300	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
ASH St. Louis 69086400	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
ASPEN Cook 16020400	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	Yellow Perch			All sizes		Mercury
ASPEN Itasca 31069000	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	Yellow Perch			All sizes		Mercury
ASTRID St. Louis 69058900	Northern Pike			shorter than 19"	19" or longer	Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
AUBURN Carver 10004400	Bluegill Sunfish		All sizes			Mercury
	Bullhead	All sizes				
	Northern Pike		All sizes			Mercury
AUGUST Lake 38069100	Northern Pike			All sizes		Mercury
	Walleye			shorter than 20"	20" or longer	Mercury
	White Sucker		All sizes			Mercury
AUTO St. Louis 69073100	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury

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BABY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cass 11028300	Bluegill Sunfish		All sizes			Mercury
	Cisco	All sizes				
	Northern Pike		All sizes			Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye				All sizes	Mercury
BAD MEDICINE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Becker 03008500	Northern Pike		All sizes			Mercury
	Rainbow Trout		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
BALD EAGLE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Ramsey 62000200	Bluegill Sunfish	All sizes				
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
BALL CLUB	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16018200	Northern Pike		All sizes			Mercury
	Walleye		shorter than 12"	12" or longer		Mercury
	White Sucker		All sizes			Mercury
BALL CLUB	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31081200	Cisco	All sizes				
	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
BALM	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Beltrami 04032900	Bluegill Sunfish		All sizes			Mercury
	Bullhead	All sizes				
	Northern Pike			All sizes		Mercury
BALSAM	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38024500	Brook Trout			All sizes		Mercury
	White Sucker		All sizes			Mercury

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BAN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69074200	Crappie			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
BARKER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16035800	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
BARRETT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Grant 26009500	Walleye			All sizes		Mercury
	White Sucker	All sizes				
	Yellow Perch		All sizes			Mercury
BARTLETT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Koochiching 36001800	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
BASS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Faribault 22007400	Bluegill Sunfish	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
BASS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31031600	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass		All sizes			Mercury
BASS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31057600	Northern Pike			All sizes		Mercury
	White Sucker	All sizes				
BASS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Pine 58012800	Bluegill Sunfish		All sizes			Mercury
	Bullhead			All sizes		Mercury
	Northern Pike			All sizes		Mercury

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BASS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69006300	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
BASS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69055300	Bluegill Sunfish		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike		shorter than 24"	24" or longer		Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
BASS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Wright 86023400	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
BASSETT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69004100	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
BASSWOOD	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38064500	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
BAVARIA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carver 10001900	Bluegill Sunfish		All sizes			Mercury
	Bullhead			All sizes		Mercury
	Carp		All sizes			Mercury
	Northern Pike		shorter than 21"	21" or longer		Mercury
BAY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Crow Wing 18003400	Bluegill Sunfish	All sizes				
	Cisco	All sizes				
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
BEAN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38040900	Rainbow Trout	All sizes				
	Splake		All sizes			Mercury

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LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
BEAR Freeborn 24002800	Carp	All sizes				
	Northern Pike		All sizes			Mercury
BEAR ISLAND St. Louis 69011500	Bluegill Sunfish		All sizes			Mercury
	Northern Pike		shorter than 17"	17" or longer		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
BEARHEAD St. Louis 69025400	Northern Pike		All sizes			Mercury
	Walleye		shorter than 13"	13" or longer		Mercury
BEARSKIN Cook 16022800	Lake Trout		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
BEAST St. Louis 69083700	Northern Pike			shorter than 23"	23" or longer	Mercury
	Smallmouth Bass			All sizes		Mercury
	White Sucker			All sizes		Mercury
BEAUTY Hubbard 29029200	Bluegill Sunfish		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye				All sizes	Mercury
BEAUTY Itasca 31002800	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
BEAVER Ramsey 62001600	Bluegill Sunfish		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
BEAVER HUT Lake 38073700	White Sucker		All sizes			Mercury
	Yellow Perch			All sizes		Mercury

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LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
BEEBE Wright 86002300	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Walleye		shorter than 17"	17" or longer		Mercury
BELL St. Louis 69080500	Northern Pike			All sizes		Mercury
BELLE Meeker 47004900	Bluegill Sunfish	All sizes				
	Carp	All sizes				
	Crappie	All sizes				
	Largemouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
BELLE TAINE Hubbard 29014600	Bluegill Sunfish	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
BELLO Itasca 31072600	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
BELTRAMI Beltrami 04013500	Cisco		All sizes			Mercury
	Northern Pike		shorter than 22"	22" or longer		Mercury
	Rock Bass		All sizes			Mercury
BEMIDJI Beltrami 04013000	Cisco	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		shorter than 18"	18" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch	All sizes				

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BENEDICT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hubbard 29004800	Bluegill Sunfish		All sizes			Mercury
	Cisco		All sizes			Mercury
	Northern Pike			shorter than 30"	30" or longer	Mercury
	Walleye			shorter than 25"	25" or longer	Mercury
	White Sucker	All sizes				
BENNETT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Ramsey 62004800	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			PFOS
	Northern Pike		shorter than 21"	21" or longer		Mercury PFOS
BENSON	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38001800	Splake			All sizes		Mercury
BENTON	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lincoln 41004300	Crappie		All sizes			Mercury
	Walleye		shorter than 14"	14" or longer		Mercury
	White Sucker		All sizes			Mercury
BETTY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Meeker 47004200	Bullhead		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
BIG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Beltrami 04004900	Northern Pike		shorter than 21"	21" or longer		Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
	Yellow Perch		All sizes			Mercury
BIG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carlton 09003200	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
BIG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69005000	Northern Pike			All sizes		Mercury

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BIG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69019000	Northern Pike		shorter than 19"	19" or longer		Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		shorter than 15"	15" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
BIG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Sherburne 71008200	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury PCBs
	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye				All sizes	Mercury
BIG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Todd 77006300	Bluegill Sunfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
BIG BASS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Beltrami 04013200	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
BIG BEAR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69011300	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch			All sizes		Mercury
BIG BIRCH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Todd 77008400	Carp	All sizes				
	Cisco		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Redhorse Sucker	All sizes				
	Walleye			All sizes		Mercury
	White Sucker	All sizes				

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BIG CARNELIAN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Washington 82004900	Bluegill Sunfish		All sizes			Mercury
	Bullhead			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	White Sucker	All sizes				
BIG CORMORANT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Becker 03057600	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
BIG FISH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Stearns 73010600	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	White Sucker	All sizes				
BIG KANDIYOHI	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Kandiyohi 34008600	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch	All sizes				
BIG MARINE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Washington 82005200	Bluegill Sunfish		All sizes			Mercury
	Bullhead			All sizes		Mercury
	Crappie			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
BIG MOOSE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69031600	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
BIG PINE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Aitkin 01015700	Bluegill Sunfish	All sizes				
	Crappie		All sizes			Mercury
	Sunfish		All sizes			Mercury

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BIG PINE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants	
Otter Tail 56013000	Cisco		All sizes			Mercury	
	Northern Pike		All sizes			Mercury	
	Walleye		All sizes			Mercury	
	Yellow Perch	All sizes					
BIG PINE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants	
Pine 58013800	Bluegill Sunfish	All sizes					
	Crappie	All sizes					
	Northern Pike		All sizes			Mercury	
	Walleye			All sizes		Mercury	
BIG PORTAGE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants	
Cass 11030800	Bluegill Sunfish		All sizes			Mercury	
	Largemouth Bass		All sizes			Mercury	
	Northern Pike		All sizes			Mercury	
	Walleye			All sizes		Mercury	
	Yellow Perch		All sizes			Mercury	
BIG SAND	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants	
Hubbard 29018500	Bluegill Sunfish		All sizes			Mercury	
	Northern Pike		All sizes			Mercury	
	Walleye			All sizes		Mercury	
	White Sucker		All sizes			Mercury	
BIG SANDY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants	
Aitkin 01006200	Crappie		All sizes			Mercury	
	Northern Pike			All sizes		Mercury	
	Walleye			All sizes		Mercury	
BIG STONE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants	
Big Stone 06015200	Bluegill Sunfish		All sizes			Mercury	
	Buffalo	All sizes					
	Bullhead	All sizes					
	Carp		All sizes			Mercury	
	Freshwater Drum	All sizes					
	Northern Pike		All sizes			Mercury	
	Walleye			shorter than 17"	17" or longer		Mercury
	White Bass				All sizes		Mercury
	White Sucker		All sizes				Mercury
Yellow Perch		All sizes				Mercury	

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BIG STONY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hubbard 29014300	Bluegill Sunfish		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
	White Sucker	All sizes				
BIG SWAN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Meeker 47003800	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
BIG SWAN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Todd 77002300	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
BIG TWIN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Martin 46013300	Walleye		All sizes			Mercury
BINAGAMI	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16009800	Walleye		All sizes			Mercury
BINGSHICK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16062700	Brook Trout			All sizes		Mercury
BIRCH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cass 11041200	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
BIRCH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16024700	Lake Trout		All sizes			Mercury
	Rainbow Trout	All sizes				
	Smallmouth Bass		All sizes			Mercury
	Splake		All sizes			Mercury
	White Sucker		All sizes			Mercury

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LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
BIRCH Lake 38053200	Bluegill Sunfish		All sizes			Mercury
	Cisco		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike		shorter than 24"	24" or longer		Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		shorter than 20"	20" or longer		Mercury
	White Sucker	All sizes				
BIRCH St. Louis 69000300	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
BLACK DUCK St. Louis 69084200	Bluegill Sunfish	All sizes				
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
BLACK HOOF Crow Wing 18011700	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
BLACK ISLAND Itasca 31041600	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
BLACKDUCK Beltrami 04006900	Bullhead	All sizes				
	Lake Whitefish	All sizes				
	Northern Pike		shorter than 24"	24" or longer		Mercury
	Walleye		shorter than 21"	21" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch	All sizes				

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
BLACKHAWK Dakota 19005900	Bluegill Sunfish		All sizes			Mercury
	Crappie			All sizes		Mercury
	Northern Pike			All sizes		Mercury
BLACKWATER Itasca 31056100	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
BLANDIN Itasca 31053300	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Cisco		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Redhorse Sucker		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
BLUE Hubbard 29018400	Largemouth Bass		All sizes			Mercury
	Rainbow Trout		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
BLUEBERRY Wadena 80003400	Bluegill Sunfish	All sizes				
	Carp		All sizes			Mercury
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		shorter than 22"	22" or longer		Mercury
BONE Lake 38006500	Brown Trout			All sizes		Mercury
	Rainbow Trout		All sizes			Mercury
	Splake			All sizes		Mercury

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BONE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Washington 82005400	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
BOOT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Becker 03003000	Bluegill Sunfish		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
BORDEN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Crow Wing 18002000	Bluegill Sunfish		All sizes			Mercury
	Cisco		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
BOTKERS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Big Stone 06012100	Carp			All sizes		Mercury
	Crappie		All sizes			Mercury
	Walleye		All sizes			Mercury
BOUDER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16038300	Smallmouth Bass			All sizes		Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
BOULDER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69037300	Bullhead		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
BOWER TROUT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16017500	Northern Pike			All sizes		Mercury
	Walleye		All sizes			Mercury

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BOWSTRING	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31081300	Northern Pike		All sizes			Mercury
	Walleye		shorter than 19"	19" or longer		Mercury
BOY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cass 11014300	Bluegill Sunfish	All sizes				
	Cisco		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye		shorter than 19"	19" or longer		Mercury
BRIAR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69012800	Yellow Perch		All sizes			Mercury
BRIGGS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Sherburne 71014600	White Sucker	All sizes				
BRIGHT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Martin 46005200	Carp	All sizes				
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
BROWN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69083900	Northern Pike			shorter than 23"	23" or longer	Mercury
BROWNIE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hennepin 27003800	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
BROWNS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38078000	Northern Pike		shorter than 21"	21" or longer		Mercury
	Walleye		shorter than 18"	18" or longer		Mercury
BRULE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16034800	Cisco		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
	White Sucker		All sizes			Mercury

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Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
BRYANT Hennepin 27006700	Carp		All sizes			Mercury PCBs
	Crappie			All sizes		Mercury
	Northern Pike			All sizes		Mercury
BUCK Itasca 31006900	Bluegill Sunfish	All sizes				
	Northern Pike		shorter than 26"	26" or longer		Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
BUDD Martin 46003000	Carp		All sizes			PCBs
	Channel Catfish	All sizes				
	Crappie	All sizes				
	Yellow Perch	All sizes				
BUFFALO Wright 86009000	Carp		All sizes			Mercury
	Channel Catfish		shorter than 20"	20" or longer		Mercury
	Walleye			All sizes		Mercury
	Yellow Perch	All sizes				
BUNNY Lake 38029300	Northern Pike			All sizes		Mercury
	White Sucker			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
BURANDT Carver 10008400	Bullhead			All sizes		Mercury
	Crappie			All sizes		Mercury
	Freshwater Drum		All sizes			Mercury
	Northern Pike			All sizes		Mercury
BURGEN Douglas 21004900	Bluegill Sunfish	All sizes				
	Northern Pike			All sizes		Mercury
	White Sucker	All sizes				

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Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
BURNTSIDE St. Louis 69011800	Lake Trout			All sizes		Mercury PCBs
	Lake Whitefish		All sizes			Mercury PCBs
	Northern Pike			shorter than 30"	30" or longer	Mercury
	Walleye		shorter than 10"	10" - 23"	23" or longer	Mercury
	White Sucker		All sizes			Mercury
BUSH Hennepin 27004700	Bluegill Sunfish		All sizes			Mercury
	Bullhead			All sizes		Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
BUTTON BOX Itasca 31017500	Smallmouth Bass		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
BYLLESBY Dakota 19000600	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	River Carpsucker		All sizes			Mercury
	Smallmouth Bass	All sizes				
	Sunfish	All sizes				
	Walleye		All sizes			Mercury
White Bass		All sizes			Mercury	
CADOTTE St. Louis 69011400	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury

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Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
CALHOUN Hennepin 27003100	Bluegill Sunfish			All sizes		Mercury PFOS
	Crappie			All sizes		Mercury PFOS
	Largemouth Bass			All sizes		PFOS
	Northern Pike			All sizes		Mercury
	Walleye		shorter than 15"	15" or longer		Mercury
	White Sucker		All sizes			Mercury
CALHOUN Kandiyohi 34006200	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
CANNON Rice 66000800	Bullhead	All sizes				
	Carp	All sizes				
	Crappie		All sizes			Mercury
	Freshwater Drum		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
CARIBOU Cook 16036000	Northern Pike		shorter than 22"	22" or longer		Mercury
	Walleye		shorter than 18"	18" or longer		Mercury
	White Sucker	All sizes				
	Yellow Perch		All sizes			Mercury
CARIBOU Itasca 31062000	Lake Trout		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Rock Bass		All sizes			Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
CARIBOU St. Louis 69048900	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				

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LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
CARLOS Douglas 21005700	Bluegill Sunfish		All sizes			Mercury
	Crappie			All sizes		Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			shorter than 31"	31" or longer	Mercury
	Rock Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
CARR Beltrami 04014100	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
CARROT Cook 16007100	Brook Trout			All sizes		Mercury
CARVER Washington 82016600	Bluegill Sunfish		All sizes			Mercury
	Bullhead			All sizes		Mercury
	Carp		All sizes			Mercury
	Northern Pike		shorter than 25"	25" or longer		Mercury
CASCADE Cook 16034600	Northern Pike		shorter than 24"	24" or longer		Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
	White Sucker		All sizes			Mercury
CASS Beltrami 04003000	Cisco		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
Whitefish from this lake contain dioxin, a chemical that may cause cancer in humans. Meat and dairy products also contain dioxin. At this time, MDH does not provide meal advice based on dioxin in fish. Although mercury levels in whitefish are low, you can reduce your exposure to dioxin by choosing to eat a different species and following the consumption guidelines for that species.						
CEDAR Aitkin 01020900	Cisco		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury

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CEDAR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hennepin 27003900	Bluegill Sunfish		All sizes			Mercury PFOS
	Carp		All sizes			Mercury
	Crappie		All sizes			PFOS
	Largemouth Bass			All sizes		Mercury PFOS
	Northern Pike				All sizes	Mercury
	Walleye				All sizes	Mercury
CEDAR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38081000	Northern Pike		shorter than 24"	24" or longer		Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
CEDAR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Morrison 49014000	Northern Pike			All sizes		Mercury
CEDAR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Scott 70009100	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
CEDAR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Wright 86022700	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
CEDAR ISLAND	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Stearns 73013300	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye				All sizes	Mercury

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CENTERVILLE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Anoka 02000600	Bluegill Sunfish		All sizes			Mercury
	Carp	All sizes				
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
CHESTER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16003300	Brown Trout		All sizes			Mercury
	White Sucker		All sizes			Mercury
CHIPPEWA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Douglas 21014500	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Walleye			All sizes		Mercury
CHRISTIANSON	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38075000	Northern Pike			All sizes		Mercury
CHRISTINA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Douglas 21037500	Carp		All sizes			Mercury
	Northern Pike			All sizes		Mercury
CHRISTINE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16037300	Northern Pike		shorter than 20"	20" or longer		Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
CHRISTMAS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hennepin 27013700	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Northern Pike		shorter than 19"	19" or longer		Mercury
	Rainbow Trout	All sizes				
	White Sucker		All sizes			Mercury
CHUB	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carlton 09000800	Crappie	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury

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CIRCLE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Rice 66002700	Bluegill Sunfish		All sizes			Mercury
	Carp	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	Yellow Perch	All sizes				
CLARA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16036500	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye		shorter than 14"	14" - 25"	25" or longer	Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
CLEAR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Aitkin 01009300	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		shorter than 18"	18" or longer		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
CLEAR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Koochiching 36001100	Bluegill Sunfish		All sizes			Mercury
	Northern Pike		shorter than 25"	25" or longer		Mercury
CLEAR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38072200	Bluegill Sunfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
CLEAR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Meeker 47009500	Bluegill Sunfish	All sizes				
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
CLEAR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69079900	Bluegill Sunfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	White Sucker		All sizes			Mercury

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CLEAR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Waseca 81001400	Bluegill Sunfish		All sizes			Mercury
	Bullhead	All sizes				
	Crappie		All sizes			Mercury
	Walleye			All sizes		Mercury
CLEAR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Washington 82016300	Carp		All sizes			Mercury
	Crappie	All sizes				
	Walleye		shorter than 19"	19" or longer		Mercury
CLEARWATER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Beltrami 04034300	Bluegill Sunfish	All sizes				
	Northern Pike		shorter than 21"	21" or longer		Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
CLEARWATER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16013900	Cisco		All sizes			Mercury
	Lake Trout		shorter than 20"	20" or longer		Mercury
	Smallmouth Bass			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
CLEARWATER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Crow Wing 18003800	Bluegill Sunfish	All sizes				
	Crappie	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike		shorter than 23"	23" or longer		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye		shorter than 19"	19" or longer		Mercury
CLEARWATER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Wright 86025200	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury

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LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
CLEARY Scott 70002200	Bluegill Sunfish		All sizes			Mercury
	Bullhead	All sizes				
	Largemouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
CLITHERALL Otter Tail 56023800	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Carp	All sizes				
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
CLOQUET Lake 38053900	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
CLUB WEST Anoka 02076400	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
COE St. Louis 69056200	Largemouth Bass			All sizes		Mercury
	Northern Pike				All sizes	Mercury
COFFEE Lake 38006400	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
COLBY St. Louis 69024900	Bluegill Sunfish			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye				All sizes	Mercury
	White Sucker		All sizes			Mercury

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COLBY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Washington 82009400	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
COLLINWOOD	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Wright 86029300	Bluegill Sunfish	All sizes				
	Carp		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
COMFORT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Chisago 13005300	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Carp			All sizes		Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
COMO	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Ramsey 62005500	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Crappie		All sizes			PFOS
	Largemouth Bass			All sizes		Mercury
	Northern Pike		All sizes			PFOS
	Walleye				All sizes	Mercury
CONCHU	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38072000	Brook Trout		All sizes			Mercury
COON	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Anoka 02004200	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	White Sucker	All sizes				
CORNELIA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hennepin 27002800	Carp	All sizes				
	Crappie	All sizes				

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LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants	
COTTON Becker 03028600	Bluegill Sunfish		All sizes			Mercury	
	Crappie		All sizes			Mercury	
	Northern Pike			All sizes		Mercury	
	Walleye		All sizes			Mercury	
	White Sucker	All sizes					
COTTONWOOD Lyon 42001400	Carp	All sizes					
	Northern Pike		All sizes			Mercury	
	Yellow Perch		All sizes			Mercury	
CRAB Cook 16035700	Northern Pike			All sizes		Mercury	
	Walleye		All sizes			Mercury	
	Yellow Perch		All sizes			Mercury	
CRAB St. Louis 69022000	Northern Pike				All sizes	Mercury	
	Smallmouth Bass				All sizes	Mercury	
CRANE St. Louis 69061600	Cisco			All sizes		Mercury	
	Crappie			All sizes		Mercury	
	Northern Pike				All sizes	Mercury	
	Sauger				All sizes	Mercury	
	Smallmouth Bass			All sizes		Mercury	
	Walleye			shorter than 15"	15" or longer		Mercury
	White Sucker			All sizes			Mercury
	Yellow Perch			All sizes			Mercury
CRELLIN St. Louis 69045900	Yellow Perch			All sizes		Mercury	
CRESCENT Cook 16045400	Smallmouth Bass		All sizes			Mercury	
	Walleye		All sizes			Mercury	
	White Sucker		All sizes			Mercury	
	Yellow Perch		All sizes			Mercury	

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CROCODILE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16011900	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
CROOKED	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Anoka 02008400	Bluegill Sunfish		All sizes			Mercury
	Bullhead			All sizes		Mercury
	Northern Pike			All sizes		Mercury
CROOKED	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16072300	Lake Trout		All sizes			Mercury
	White Sucker		All sizes			Mercury
CROOKED	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Crow Wing 18004100	Bluegill Sunfish	All sizes				
	Cisco	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike		shorter than 18"	18" or longer		Mercury
CROOKED	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31019300	Bluegill Sunfish		All sizes			Mercury
	Cisco		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			shorter than 32"	32" or longer	Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
CROOKED	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38002400	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
CROOKED	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38081700	Lake Whitefish		All sizes			Mercury
	Northern Pike			shorter than 27"	27" or longer	Mercury
	Walleye			All sizes		Mercury
	Yellow Perch		All sizes			Mercury

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CROSS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carlton 09006200	Bluegill Sunfish		All sizes			Mercury
	Bowfin			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
CROSS LAKE RES.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Crow Wing 18031200	Bluegill Sunfish	All sizes				
	Cisco		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike				All sizes	Mercury
	Walleye				All sizes	Mercury
CROSS RIVER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38000200	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
CRUISER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69083200	Brown Trout			All sizes		Mercury
	Lake Trout			All sizes		Mercury
CRUM	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31017100	Largemouth Bass		All sizes			Mercury
CRYSTAL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Blue Earth 07009800	Crappie	All sizes				
	Walleye		All sizes			Mercury
CRYSTAL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cass 11050200	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
CRYSTAL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Dakota 19002700	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	White Sucker	All sizes				

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CRYSTAL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Otter Tail 56074900	Bluegill Sunfish		All sizes			Mercury
	Walleye			All sizes		Mercury
CUT FOOT SIOUX	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31085700	Northern Pike		shorter than 24"	24" or longer		Mercury
	Walleye		All sizes			Mercury
CUTAWAY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31042900	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
DAM	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Aitkin 01009600	Bluegill Sunfish		All sizes			Mercury
	Buffalo			All sizes		Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
DAM FIVE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38005300	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
DANIELS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16015000	Lake Trout		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
DARK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Koochiching 36001400	Bluegill Sunfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
DARK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69079000	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			shorter than 28"	28" or longer	Mercury
	White Sucker			All sizes		Mercury

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LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
DARLING						
Douglas 21008000	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Walleye			shorter than 20"	20" or longer	Mercury
DAVIS						
Cook 16043500	Northern Pike			All sizes		Mercury
DAY						
St. Louis 69090600	Crappie			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye				All sizes	Mercury
	White Sucker		All sizes			Mercury
DAYTON HOLLOW RES.						
Otter Tail 56082400	Bluegill Sunfish			All sizes		Mercury
	Carp			All sizes		Mercury
	Redhorse Sucker			All sizes		Mercury
	Walleye			All sizes		Mercury
DEAD						
Otter Tail 56038300	Bluegill Sunfish	All sizes				
	Northern Pike		shorter than 25"	25" or longer		Mercury
	Walleye		shorter than 18"	18" or longer		Mercury
DEAD COON						
Lincoln 41002100	Carp		All sizes			Mercury
	Walleye		shorter than 15"	15" or longer		Mercury
	Yellow Perch		All sizes			Mercury
DEEP						
Lake 38066800	Northern Pike			All sizes		Mercury
	Rock Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
DEEP						
St. Louis 69066600	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				

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LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
DEER Beltrami 04023000	Cisco		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
DEER Itasca 31033400	Bluegill Sunfish	All sizes				
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
DEER Itasca 31071900	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
DEER YARD Cook 16025300	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
DEL CLARK Yellow Medicine 87018000	Crappie		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
DELAY Lake 38041500	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
DEMONTREVILLE Washington 82010100	Bluegill Sunfish	All sizes				
DETROIT Becker 03038100	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury

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County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
DEVIL TRACK Cook 16014300	Lake Whitefish		All sizes			Mercury
	Northern Pike		shorter than 18"	18" or longer		Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		shorter than 13"	13" or longer		Mercury
	Yellow Perch		All sizes			Mercury
DEVILFISH Cook 16002900	Lake Trout				All sizes	Mercury
	Walleye			All sizes		Mercury
DEVILS Kanabec 33003300	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
DIAMOND Kandiyohi 34004400	Bluegill Sunfish	All sizes				
	Carp	All sizes				
	Northern Pike		shorter than 28"	28" or longer		Mercury
	Walleye		shorter than 17"	17" or longer		Mercury
DICK Cook 16015700	Northern Pike			All sizes		Mercury
DISAPPOINTMENT Lake 38048800	Cisco		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
DIVIDE Lake 38025600	Rainbow Trout		All sizes			Mercury
	Splake		All sizes			Mercury
DORA Le Sueur 40001000	Buffalo	All sizes				
	Bullhead		All sizes			Mercury
	Crappie		All sizes			Mercury
DOVRE St. Louis 69060400	Northern Pike			All sizes		Mercury
	Yellow Perch			All sizes		Mercury

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Fish Consumption Guidelines for Women Who Are or May Become Pregnant, and Children under Age 15



LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
DRAGON						
Lake 38055200	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
DRY						
St. Louis 69006400	Brown Trout		All sizes			Mercury
	Cisco		All sizes			Mercury
	Splake		All sizes			Mercury
DUCK						
Blue Earth 07005300	Bluegill Sunfish	All sizes				
	Northern Pike		All sizes			Mercury
DUCK						
Hubbard 29014200	Bluegill Sunfish	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
DUMBBELL						
Lake 38039300	Walleye		shorter than 16"	16" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
DUNCAN						
Cook 16023200	Cisco		All sizes			Mercury
	Lake Trout		shorter than 19"	19" or longer		Mercury
	Smallmouth Bass		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
DUNN						
Cook 16024500	Lake Trout			All sizes		Mercury
DUNNIGAN						
Lake 38066400	Bluegill Sunfish		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
DUNNS						
Meeker 47008200	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike		shorter than 24"	24" or longer		Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
DUTCH Hennepin 27018100	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Northern Pike		All sizes			Mercury
DYERS Cook 16063400	Northern Pike			All sizes		Mercury
EAGLE Blue Earth 07006000	Bullhead		All sizes			Mercury
	Carp	All sizes				
	Crappie		All sizes			Mercury
	Freshwater Drum	All sizes				
	Walleye		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
EAGLE Carlton 09005700	Crappie	All sizes				
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
EAGLE Carver 10012100	Bullhead		All sizes			Mercury
	Crappie		All sizes			Mercury
	Walleye			All sizes		Mercury
EAGLE Kandiyohi 34017100	Bluegill Sunfish		All sizes			Mercury
	Buffalo		All sizes			Mercury
	Carp	All sizes				
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
EAGLE Otter Tail 56025300	Bluegill Sunfish		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Walleye		shorter than 18"	18" or longer		Mercury
EAGLE Sherburne 71006700	Carp	All sizes				
	Crappie		All sizes			Mercury
	Northern Pike	All sizes				

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LAKE NAME

County DOWID*

Meal Advice

EAGLE/PIKE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hennepin 27011100	Bluegill Sunfish		All sizes			Mercury
	Carp	All sizes				
	Northern Pike		shorter than 22"	22" or longer		Mercury
	Walleye			All sizes		Mercury
EAGLES NEST #1	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69028501	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
EAGLES NEST #2	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69028502	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
EAGLES NEST #3	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69028503	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
EAGLES NEST #4	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69021800	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
EAST	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31046000	Northern Pike			All sizes		Mercury
EAST	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38002000	Brook Trout			All sizes		Mercury
	White Sucker	All sizes				
	Yellow Perch			All sizes		Mercury
EAST BATTLE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Otter Tail 56013800	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
EAST BEARSKIN Cook 16014600	Lake Trout		All sizes			Mercury
	Northern Pike		shorter than 20"	20" or longer		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
EAST CHUB Lake 38067400	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
EAST CROOKED Hubbard 29010101	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
EAST FOX Cook 16063600	Northern Pike			All sizes		Mercury
EAST GRAHAM Nobles 53002000	Buffalo	All sizes				
	Crappie	All sizes				
	Walleye		All sizes			Mercury
EAST LAKE SYLVIA Wright 86028900	Bluegill Sunfish		All sizes			Mercury
	Carp	All sizes				
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
EAST MOORE Anoka 02007501	Bluegill Sunfish	All sizes				
	Bullhead	All sizes				
	Channel Catfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
EAST PIKE Cook 16004200	Smallmouth Bass		All sizes			Mercury
EAST RUSH Chisago 13006901	Bluegill Sunfish	All sizes				
	Crappie	All sizes				
	Freshwater Drum	All sizes				
	Northern Pike		All sizes			Mercury
	Yellow Perch	All sizes				
EAST SIDE Mower 50000200	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
EAST TOQUA Big Stone 06013800	Carp		All sizes			Mercury
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
EAST TWIN Anoka 02013300	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Northern Pike			All sizes		Mercury
EAST TWIN Cook 16014500	Walleye		All sizes			Mercury
EAST TWIN St. Louis 69017400	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			shorter than 28"	28" or longer	Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
EAST VADNAIS Ramsey 62003801	Bullhead		All sizes			Mercury
	Carp	All sizes				
	Crappie	All sizes				
	Walleye		All sizes			Mercury
	White Sucker	All sizes				

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LAKE NAME

County DOWID*

Meal Advice

ECHO	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69061500	Crappie		All sizes			Mercury
	Northern Pike		shorter than 18"	18" or longer		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
ED SHAVE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69019900	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	Yellow Perch			All sizes		Mercury
EDDY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carlton 09003900	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
EDWARD	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Crow Wing 18030500	Bluegill Sunfish	All sizes				
	Cisco		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye		All sizes			Mercury
EIGHTEEN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38043200	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
EK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69084300	Northern Pike		shorter than 15"	15" or longer		Mercury
ELBOW	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Becker 03015900	Cisco		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Sunfish		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury

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County DOWID*

Meal Advice

ELBOW	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16009600	Northern Pike		shorter than 18"	18" or longer		Mercury
	Walleye		shorter than 15"	15" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
ELBOW	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Cook 16080500	Northern Pike		All sizes		Mercury
	Walleye			All sizes		Mercury
ELBOW	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	St. Louis 69071700	Largemouth Bass		All sizes		Mercury
	Northern Pike			All sizes		Mercury
ELBOW	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	St. Louis 69074400	Northern Pike		shorter than 29"	29" or longer	Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
ELEPHANT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	St. Louis 69081000	Crappie	All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye		shorter than 17"	17" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
ELEVEN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Kanabec 33000100	Bluegill Sunfish	All sizes			
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury

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ELEVENTH CROW WING	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hubbard 29003600	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Cisco		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Rock Bass		All sizes			Mercury
	Sunfish		All sizes			Mercury
	Walleye				All sizes	Mercury
	White Sucker	All sizes				
	Yellow Perch			All sizes		Mercury
ELIZABETH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31049000	Northern Pike			All sizes		Mercury
ELIZABETH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Kandiyohi 34002200	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
ELK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Clearwater 15001000	Cisco		All sizes			Mercury
	Northern Pike		shorter than 21"	21" or longer		Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
ELMO	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Washington 82010600	Bluegill Sunfish			All sizes		Mercury PFOS
	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Crappie			All sizes		Mercury PFOS
	Largemouth Bass			All sizes		Mercury PFOS
	Northern Pike		shorter than 21"	21" or longer		Mercury
	Walleye				All sizes	Mercury
	White Sucker	All sizes				

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LAKE NAME

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Meal Advice

ELY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69066000	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
ELYSIAN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Waseca 81009500	Buffalo		All sizes			Mercury
	Bullhead	All sizes				
	Carp		All sizes			Mercury
EMBARRASS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69049600	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			shorter than 17"	17" or longer	Mercury
	White Sucker			All sizes		Mercury
	Yellow Perch			All sizes		Mercury
EMILY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Le Sueur 40012400	Bluegill Sunfish	All sizes				
	Carp	All sizes				
ENSIGN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38049800	Cisco		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye		All sizes			Mercury
ESQUAGAMA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69056500	Bluegill Sunfish		All sizes			Mercury
	Cisco			All sizes		Mercury PCBs
	Northern Pike			shorter than 25"	25" or longer	Mercury
	Walleye			shorter than 16"	16" or longer	Mercury PCBs
ESQUAGAMAH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Aitkin 01014700	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
ESTHER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16002300	Rainbow Trout	All sizes				
	Splake		All sizes			Mercury
	White Sucker			All sizes		Mercury

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LAKE NAME

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Meal Advice

EUGENE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69047300	Lake Whitefish			All sizes		Mercury
	Northern Pike			shorter than 20"	20" or longer	Mercury
	White Sucker		All sizes			Mercury
EVERETT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69012000	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
EXTORTION	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16045000	Splake			All sizes		Mercury
FALL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38081100	Bluegill Sunfish			All sizes		Mercury
	Cisco		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	Yellow Perch			All sizes		Mercury
FARM	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38077900	Northern Pike		shorter than 18"	18" - 37"	37" or longer	Mercury
FARM ISLAND	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Aitkin 01015900	Bullhead		All sizes			Mercury
	Cisco		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike		shorter than 24"	24" or longer		Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
	White Sucker	All sizes				
FAT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69048100	Lake Trout			All sizes		Mercury
FENSKE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69008500	Bluegill Sunfish		All sizes			Mercury
	Cisco			All sizes		Mercury
	Northern Pike			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

FIFTH CROW WING	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hubbard 29009200	Bluegill Sunfish	All sizes				
	Cisco		All sizes			Mercury
	Crappie	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
FINGER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16064600	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
FISH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Chisago 13006800	Bluegill Sunfish		All sizes			Mercury
	Bullhead			All sizes		Mercury
	Carp	All sizes				
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye				All sizes	Mercury
FISH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Dakota 19005700	Bluegill Sunfish		All sizes			Mercury PFOS
	Bullhead		All sizes			Mercury
	Crappie		All sizes			PFOS
	Largemouth Bass			All sizes		Mercury
	Northern Pike		shorter than 16"	16" or longer		Mercury PFOS
FISH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hennepin 27011800	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
FISH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Jackson 32001800	Channel Catfish		All sizes			Mercury
	Walleye		shorter than 23"	23" or longer		Mercury
	Yellow Perch	All sizes				

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LAKE NAME

County DOWID*

Meal Advice

FISH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Kanabec 33003600	Carp	All sizes				
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
Otter Tail 56006600	Bluegill Sunfish		All sizes			Mercury
	Walleye			All sizes		Mercury
Otter Tail 56068400	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
Scott 70006900	Bluegill Sunfish	All sizes				
	Carp	All sizes				
	Walleye			All sizes		Mercury
FISH HOOK Hubbard 29024200	Bluegill Sunfish	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
FISH LAKE FLOWAGE St. Louis 69049100	Bluegill Sunfish		All sizes			PFOS
	Crappie		All sizes			Mercury PFOS
	Largemouth Bass		All sizes			PFOS
	Northern Pike		All sizes			Mercury PFOS
	Walleye		shorter than 17"	17" or longer		Mercury PFOS
	White Sucker		All sizes			Mercury
FISH TRAP Morrison 49013700	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury

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Meal Advice

FISHMOUTH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69083400	Northern Pike			All sizes		Mercury
FIVE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Kanabec 33000300	Crappie	All sizes				
	Northern Pike			All sizes		Mercury
FLASH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38063000	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
FLAT HORN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38056800	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
FLORIAN PARK RES.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Marshall 45011900	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
FLORIDA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Kandiyohi 34021700	Carp		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
FLOUR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16014700	Cisco		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
FLOYD	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Becker 03038700	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				

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Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
FOREST						
Washington 82015900	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury PCBs
	Crappie		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
FORSYTHE						
Itasca 31056000	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
FOUND						
Lake 38062000	Brook Trout		All sizes			Mercury
FOUNTAIN						
Freeborn 24001800	Bluegill Sunfish	All sizes				
	Carp	All sizes				
	Channel Catfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		shorter than 21"	21" or longer		Mercury
	White Sucker	All sizes				
FOUR MILE						
Cook 16063900	Northern Pike		All sizes			Mercury
	Walleye		shorter than 14"	14" or longer		Mercury
FOURTEEN						
St. Louis 69079300	Bluegill Sunfish		All sizes			Mercury
	Crappie	All sizes				
	Northern Pike		shorter than 25"	25" or longer		Mercury
	Walleye			All sizes		Mercury
FOURTOWN						
Lake 38081300	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury

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Meal Advice

FOX	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Martin 46010900	Bluegill Sunfish	All sizes				
	Carp	All sizes				
	Channel Catfish	All sizes				
	Crappie		All sizes			Mercury
	Walleye		All sizes			Mercury
FRANCES	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Le Sueur 40005700	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Crappie	All sizes				
	Freshwater Drum	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Bass		All sizes			Mercury
FRANCIS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Isanti 30008000	Carp		All sizes			Mercury
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
FRANCIS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Meeker 47000200	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Northern Pike		shorter than 20"	20" or longer		Mercury
FRANKLIN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Otter Tail 56075900	Bluegill Sunfish		All sizes			Mercury
	Walleye			All sizes		Mercury
FRANKLIN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69075400	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
FRASER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38037200	Lake Trout			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
FREAR Cook 16080600	Walleye			shorter than 19"	19" or longer	Mercury
	White Sucker			All sizes		Mercury
FRENCH Rice 66003800	Crappie		All sizes			Mercury
	Freshwater Drum			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
FRENCH Wright 86027300	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
FROST Cook 16057100	Lake Trout		All sizes			Mercury
	Northern Pike			All sizes		Mercury
GABIMICHIGAMI Cook 16081100	Lake Trout		shorter than 17"	17" or longer		Mercury
	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
GANDER Lake 38055400	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
GANNON St. Louis 69081900	Northern Pike			shorter than 23"	23" or longer	Mercury
	Yellow Perch		All sizes			Mercury
GARDEN Lake 38078200	Bluegill Sunfish		All sizes			Mercury
	Cisco			All sizes		Mercury
	Northern Pike		shorter than 18"	18" - 37"	37" or longer	Mercury
	Walleye			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
GARDEN LAKE RES.						
Lake 38073800	Northern Pike		shorter than 16"	16" or longer		Mercury
	Walleye			All sizes		Mercury
GARFIELD						
Hubbard 29006100	Bluegill Sunfish	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
GASKIN						
Cook 16031900	Walleye			All sizes		Mercury
GE-BE-ON-EQUAT						
St. Louis 69035000	Lake Whitefish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			shorter than 21"	21" or longer	Mercury
GEGOKA						
Lake 38057300	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
GEORGE						
Anoka 02009100	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike		shorter than 21"	21" or longer		Mercury
GEORGE						
Blue Earth 07004700	Bluegill Sunfish		All sizes			Mercury
	Northern Pike		shorter than 23"	23" or longer		Mercury
GEORGE						
Hubbard 29021600	Bluegill Sunfish	All sizes				
	Bullhead	All sizes				
	Largemouth Bass			All sizes		Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
GEORGE						
Kandiyohi 34014200	Northern Pike		shorter than 19"	19" or longer		Mercury
	Walleye			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	County DOWID*	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants	
GERVAIS Ramsey 62000700		Bluegill Sunfish		All sizes			Mercury PFOS	
		Carp		All sizes			Mercury	
		Crappie		All sizes			PFOS	
		Largemouth Bass		All sizes			PFOS	
		Northern Pike				All sizes		Mercury
		Walleye				All sizes		Mercury
GILBERT PIT St. Louis 69130600		Bluegill Sunfish		All sizes			Mercury	
		Northern Pike				All sizes	Mercury	
		Rainbow Trout	All sizes					
		Splake	All sizes					
		Walleye				All sizes		Mercury
		White Sucker			All sizes			Mercury
GILLIS Cook 16075300		Lake Trout		All sizes			Mercury	
		White Sucker		All sizes			Mercury	
GIRL Cass 11017400		Bluegill Sunfish	All sizes					
		Cisco		All sizes			Mercury	
		Northern Pike				All sizes		Mercury
		Walleye			All sizes			Mercury
GOLDEN Anoka 02004500		Bluegill Sunfish		All sizes			Mercury	
		Bullhead		All sizes			Mercury	
		Northern Pike				All sizes		Mercury
GOLF COURSE POND St. Louis 69134500		Brown Trout				All sizes	Mercury	
		Channel Catfish		All sizes			Mercury	
		Rainbow Trout		All sizes			Mercury	
		White Sucker		All sizes			Mercury	

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
GOOSE Chisago 13008300	Bullhead		All sizes			Mercury
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
GOOSE Ramsey 62003400	Bluegill Sunfish	All sizes				
	White Sucker	All sizes				
GRACE Hubbard 29007100	Northern Pike		All sizes			Mercury
	Sunfish	All sizes				
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
GRAND Stearns 73005500	Bluegill Sunfish	All sizes				
	Bullhead	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
GRANITE Wright 86021700	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
GRASS Lake 38063500	Crappie			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
GRASSY St. Louis 69008200	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
GREEN Chisago 13004100	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury

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GREEN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Isanti 30013600	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
GREEN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Kandiyohi 34007900	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Northern Pike		shorter than 18"	18" or longer		Mercury
	Rock Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
GREEN PRAIRIE FISH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Morrison 49003500	Bluegill Sunfish	All sizes				
	Northern Pike		All sizes			Mercury
GREENLEAF	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Meeker 47006200	Bluegill Sunfish	All sizes				
	Largemouth Bass	All sizes				
GREENSTONE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38071800	Northern Pike			All sizes		Mercury
	Walleye		shorter than 14"	14" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
GREENWOOD	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16007700	Cisco			All sizes		Mercury
	Lake Trout			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	White Sucker			All sizes		Mercury
GREENWOOD	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38065600	Northern Pike			All sizes		Mercury
	Walleye			shorter than 19"	19" or longer	Mercury
	White Sucker			All sizes		Mercury
	Yellow Perch			All sizes		Mercury

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Meal Advice

GROUSE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38055700	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
GROVE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Pope 61002300	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Northern Pike		shorter than 14"	14" or longer		Mercury
GUILF	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31056900	Northern Pike			All sizes		Mercury
GULL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Beltrami 04012000	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
GULL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cass 11030500	Bluegill Sunfish		All sizes			Mercury
	Cisco		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Sunfish	All sizes				
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
GULL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16063200	Lake Whitefish		All sizes			Mercury
	Northern Pike				All sizes	Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
GUN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Aitkin 01009900	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
GUN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69048700	Lake Trout			shorter than 22"	22" or longer	Mercury

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Meal Advice

GUNFLINT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16035600	Lake Trout			All sizes		Mercury
	Northern Pike		shorter than 22"	22" or longer		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye		shorter than 14"	14" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
GUST	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16038000	Walleye			All sizes		Mercury
HAFFTEN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hennepin 27019900	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
HALL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Martin 46003100	Bluegill Sunfish	All sizes				
	Bullhead	All sizes				
	Carp		All sizes			PCBs
	Channel Catfish	All sizes				
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
HALLETT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Nicollet 52000100	Bluegill Sunfish	All sizes				
	Yellow Perch		All sizes			Mercury
HAM	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Anoka 02005300	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
HAM	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hubbard 29001700	Bluegill Sunfish	All sizes				
	Crappie	All sizes				
	Largemouth Bass		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

HAMMAL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Aitkin 01016100	Bluegill Sunfish	All sizes				
	Crappie		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
HAND	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16023800	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
HANGING HORN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carlton 09003800	Cisco			All sizes		Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			shorter than 16"	16" or longer	Mercury
	White Sucker		All sizes			Mercury
HANGING KETTLE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Aitkin 01017000	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
HANKS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Crow Wing 18004400	Bluegill Sunfish		All sizes			Mercury
	Cisco	All sizes				
	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
HANSKA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brown 08002600	Bluegill Sunfish		All sizes			Mercury
	Carp	All sizes				
	Walleye		All sizes			Mercury

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Fish Consumption Guidelines for Women Who Are or May Become Pregnant, and Children under Age 15



LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
HARRIET Hennepin 27001600	Bluegill Sunfish		All sizes			Mercury PFOS
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury PFOS
	Largemouth Bass		All sizes			PFOS
	Northern Pike			All sizes		Mercury
	Walleye		shorter than 14"	14" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
HARRIET Lake 38004800	Northern Pike		All sizes			Mercury
	Walleye		shorter than 17"	17" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
HARRIS Lake 38073600	Walleye			All sizes		Mercury
HART Itasca 31002000	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
HAYES Roseau 68000400	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	White Sucker			All sizes		Mercury
HENDERSON Kandiyohi 34011600	Northern Pike			All sizes		Mercury
HENDRICKS Lincoln 41011000	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Northern Pike		shorter than 28"	28" or longer		Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
	Yellow Perch		All sizes			Mercury
HENRY Douglas 21005100	Bullhead		All sizes			Mercury
	Crappie		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
HENSON Cook 16031400	Northern Pike		All sizes			Mercury
	Sunfish		All sizes			Mercury
HERITAGE St. Louis 69046900	Cisco		All sizes			Mercury
	Northern Pike			shorter than 22"	22" or longer	Mercury
HERON Jackson 32005700	Buffalo	All sizes				
	Carp	All sizes				
	Crappie		All sizes			Mercury
	Northern Pike	All sizes				
	Walleye		All sizes			Mercury
	Yellow Perch	All sizes				
HIAWATHA Hennepin 27001800	Bluegill Sunfish		All sizes			Mercury
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury PCBs
	White Sucker	All sizes				
HIGH St. Louis 69007100	Splake		All sizes			Mercury
HIGHLIFE Lake 38067300	Bluegill Sunfish		All sizes			Mercury
	Brook Trout		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
HILL Aitkin 01014200	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
HINIKER POND Blue Earth 07014700	Bluegill Sunfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	White Bass			All sizes		Mercury
	Yellow Perch		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

HOBO	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69006200	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
HOBSON	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69092300	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
HOG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16065300	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
HOGBACK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38005700	Rainbow Trout	All sizes				
	Splake		All sizes			Mercury
HOLLY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16036600	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
HOMER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16040600	Northern Pike		shorter than 18"	18" or longer		Mercury
	Walleye		shorter than 13"	13" or longer		Mercury
	White Sucker		All sizes			Mercury
HOOK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
McLeod 43007300	Northern Pike		shorter than 28"	28" or longer		Mercury
HORSE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38079200	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
HORSEHEAD	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31004700	Northern Pike			All sizes		Mercury
HORSESHOE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cass 11035800	Bluegill Sunfish	All sizes				
	Largemouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
HORSESHOE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31069600	Bluegill Sunfish		All sizes			Mercury
	Smallmouth Bass			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

HORSESHOE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Stearns 73015700	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike		shorter than 30"	30" or longer		Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
HOWARD	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Wright 86019900	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
HUNGRY JACK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16022700	Smallmouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
	Yellow Perch	All sizes				
HUNT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Rice 66004700	Bluegill Sunfish	All sizes				
	Carp	All sizes				
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
HUSTLER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69034300	Northern Pike			All sizes		Mercury
HYDES	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carver 10008800	Bullhead		All sizes			Mercury
	Carp	All sizes				
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
HYLAND	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hennepin 27004800	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Largemouth Bass		All sizes			PFOS

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LAKE NAME

County DOWID*

Meal Advice

IDA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Becker 03058200	Bluegill Sunfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
IDA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Douglas 21012300	Bluegill Sunfish		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
IMA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38040000	Bluegill Sunfish		All sizes			Mercury
	Cisco			All sizes		Mercury
	Lake Trout			All sizes		Mercury
	Northern Pike		shorter than 20"	20" or longer		Mercury
	Walleye			All sizes		Mercury
INDEPENDENCE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hennepin 27017600	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury PCBs
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye		shorter than 19"	19" or longer		Mercury
INGUADONA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cass 11012000	Bluegill Sunfish	All sizes				
	Cisco	All sizes				
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
INSULA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38039700	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
IRENE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Douglas 21007600	Northern Pike		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
IRON Cook 16032800	Northern Pike		shorter than 17"	17" or longer		Mercury
	White Sucker		All sizes			Mercury
ISABELLA Lake 38039600	Lake Whitefish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
ISLAND Becker 03015300	Bluegill Sunfish	All sizes				
	Northern Pike		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
	Yellow Perch		All sizes			Mercury
ISLAND Hubbard 29025400	Bluegill Sunfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
ISLAND Itasca 31064400	Largemouth Bass		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
ISLAND Itasca 31091300	Cisco	All sizes				
	Northern Pike		shorter than 27"	27" or longer		Mercury
	Sunfish	All sizes				
	Walleye		shorter than 23"	23" or longer		Mercury
ISLAND Ramsey 62007500	Bluegill Sunfish		All sizes			Mercury
	Carp	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

ISLAND LAKE RES.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69037200	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Rock Bass			All sizes		Mercury
	Smallmouth Bass		shorter than 11"	11" or longer		Mercury
	Sunfish		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch			All sizes		Mercury
ITASCA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Clearwater 15001600	Bluegill Sunfish	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
	Yellow Perch		All sizes			Mercury
JACK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38044100	Northern Pike			All sizes		Mercury
	White Sucker			All sizes		Mercury
	Yellow Perch			All sizes		Mercury
JANE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Washington 82010400	Bluegill Sunfish		All sizes			Mercury
	Bullhead			All sizes		Mercury
	Northern Pike			shorter than 25"	25" or longer	Mercury
JASPER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16076800	Lake Trout			All sizes		Mercury
	Lake Whitefish			All sizes		Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
JEANETTE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69045600	Northern Pike		shorter than 16"	16" or longer		Mercury
	Walleye		shorter than 12"	12" or longer		Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
JEFFERSON Le Sueur 40009200	Buffalo	All sizes				
	Bullhead	All sizes				
	Carp	All sizes				
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	JENNIE Meeker 47001500	Bluegill Sunfish	All sizes			
Carp		All sizes				
Northern Pike			All sizes			Mercury
Walleye			shorter than 18"	18" or longer		Mercury
JESSIE Itasca 31078600	Cisco	All sizes				
	Crappie	All sizes				
	Northern Pike			All sizes		Mercury
	Sunfish	All sizes				
	Walleye		All sizes			Mercury
JEWETT Otter Tail 56087700	Bluegill Sunfish		All sizes			Mercury
	Cisco		All sizes			Mercury
	Crappie		All sizes			Mercury
	Walleye			shorter than 23"	23" or longer	Mercury
JIM Cook 16013500	Lake Trout			All sizes		Mercury
	White Sucker		All sizes			Mercury
JOHANNA Ramsey 62007800	Bluegill Sunfish			All sizes		Mercury PFOS
	Carp	All sizes				
	Crappie			All sizes		Mercury PFOS
	Northern Pike		shorter than 25"	25" or longer		Mercury
	White Sucker		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
JOHN Cook 16003500	Northern Pike		shorter than 19"	19" or longer		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
JOHN Wright 86028800	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
JOHNSON Lake 38024200	Walleye		All sizes			Mercury
JOHNSON St. Louis 69011700	Bluegill Sunfish		All sizes			Mercury
	Crappie			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
JOHNSON St. Louis 69069100	Northern Pike		shorter than 19"	19" or longer		Mercury
	Walleye			All sizes		Mercury
JORGENS St. Louis 69086700	Northern Pike			All sizes		Mercury
JOSEPHINE Ramsey 62005700	Bluegill Sunfish		All sizes			Mercury PFOS
	Bullhead			All sizes		Mercury
	Northern Pike		All sizes			Mercury
JOUPII Lake 38090900	Brook Trout		All sizes			Mercury
JULIA Beltrami 04016600	Northern Pike		shorter than 20"	20" or longer		Mercury
	Walleye		shorter than 20"	20" or longer		Mercury
JUNO Cook 16040200	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
KABEKONA Hubbard 29007500	Cisco		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Sunfish		All sizes			Mercury
	Walleye			All sizes		Mercury
KABETOGAMA St. Louis 69084500	Cisco		All sizes			Mercury
	Crappie			All sizes		Mercury
	Northern Pike		shorter than 24"	24" or longer		Mercury
	Sauger			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye		shorter than 19"	19" or longer		Mercury
	White Sucker	All sizes				
	Yellow Perch		All sizes			Mercury
KABUSTASA St. Louis 69067900	Northern Pike			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
KANE Lake 38065100	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
KATHERINE Lake 38053800	Northern Pike			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
KAWISHIWI Lake 38008000	Northern Pike			All sizes		Mercury
	Walleye		shorter than 15"	15" or longer		Mercury
KELLER Ramsey 62001000	Bluegill Sunfish		All sizes			PFOS
KELLY St. Louis 69090100	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
KELSO Cook 16070600	Northern Pike			All sizes		Mercury
	Yellow Perch			All sizes		Mercury
KEMO Cook 16018800	Lake Trout			All sizes		Mercury
	Splake		All sizes			Mercury
KIMBALL Crow Wing 18036100	Bluegill Sunfish		All sizes			Mercury
	Cisco		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
KINOGAMI Cook 16037800	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
KITCHI Beltrami 04000700	Bluegill Sunfish	All sizes				
	Cisco		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye		All sizes			Mercury
KITIGAN Lake 38055900	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
KJOSTAD St. Louis 69074800	Cisco			All sizes		Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			shorter than 21"	21" or longer	
KNIFE Lake 38040400	Lake Trout			All sizes		Mercury
	Lake Whitefish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury

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Fish Consumption Guidelines for Women Who Are or May Become Pregnant, and Children under Age 15



LAKE NAME

County DOWID*

Meal Advice

KORONIS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Stearns 73020000	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Redhorse Sucker		All sizes			Mercury
	Walleye			shorter than 22"	22" or longer	Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
KOWALSKI	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38001600	Northern Pike			All sizes		Mercury
KREIGLE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Stearns 73009700	Northern Pike		shorter than 27"	27" or longer		Mercury
KREMER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31064500	Rainbow Trout		All sizes			Mercury
LAC LA CROIX	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69022400	Lake Trout			All sizes		Mercury
	Lake Whitefish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
Whitefish from this lake contain dioxin, a chemical that may cause cancer in humans. Meat and dairy products also contain dioxin. At this time, MDH does not provide meal advice based on dioxin in fish. Although mercury levels in whitefish are low, you can reduce your exposure to dioxin by choosing to eat a different species and following the consumption guidelines for that species.						
LAC LAVON	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Dakota 19044600	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
LAC QUI PARLE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lac Qui Parle 37004600	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		shorter than 19"	19" or longer		Mercury
	White Bass		All sizes			Mercury
	Yellow Perch		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
LADY SLIPPER Lyon 42002000	Bullhead		All sizes			Mercury
	Walleye			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
LAKE OF THE ISLES Hennepin 27004000	Bluegill Sunfish		All sizes			Mercury PFOS
	Carp		All sizes			Mercury
	Crappie		All sizes			PFOS
	Largemouth Bass			All sizes		PFOS
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
LAKE OF THE WOODS Lake of the Woods 39000200	Cisco		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Sauger		All sizes			Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
LANGTON Ramsey 62004900	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Crappie		All sizes			Mercury
LATIMER Todd 77010500	Crappie	All sizes				
	White Sucker		All sizes			Mercury
LATOKA Douglas 21010600	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Walleye			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAWRENCE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cass 11005300	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
LAX	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38040600	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
LE HOMME DIEU	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Douglas 21005600	Bluegill Sunfish	All sizes				
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
LEANDER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69079600	Bluegill Sunfish	All sizes				
	Cisco	All sizes				
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
LEECH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cass 11020300	Bluegill Sunfish	All sizes				
	Cisco		All sizes			Mercury
	Lake Whitefish	All sizes				
	Northern Pike			All sizes		Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
	Yellow Perch		All sizes			Mercury
LEO	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16019800	Rainbow Trout		All sizes			Mercury
	Walleye			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
LEORA St. Louis 69052100	Crappie	All sizes				
	Northern Pike		shorter than 21"	21" or longer		Mercury
	Walleye		shorter than 19"	19" or longer		Mercury
	White Sucker	All sizes				
LEWIS Kanabec 33003200	Bluegill Sunfish			All sizes		Mercury
	Carp			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	White Sucker	All sizes				
LICHEN Cook 16038200	Walleye			All sizes		Mercury
LILY Washington 82002300	Bluegill Sunfish	All sizes				
	Northern Pike		shorter than 24"	24" or longer		Mercury
LINWOOD Anoka 02002600	Bullhead		All sizes			Mercury
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
LINWOOD St. Louis 69024800	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
LITTLE Chisago 13003300	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
LITTLE St. Louis 69005600	Northern Pike				All sizes	Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LITTLE ALDEN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69013000	Bluegill Sunfish		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
LITTLE BASS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31057500	Bluegill Sunfish		All sizes			Mercury
	Cisco		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
LITTLE BASS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Pine 58012700	Northern Pike			All sizes		Mercury
LITTLE BEAR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31015600	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
LITTLE BIRCH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Todd 77008900	Bluegill Sunfish		All sizes			Mercury
	Cisco			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
LITTLE BOY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cass 11016700	Bluegill Sunfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	White Sucker	All sizes				
LITTLE CARNELIAN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Washington 82001400	Northern Pike			All sizes		Mercury
LITTLE CASCADE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16034700	Northern Pike			shorter than 28"	28" or longer	Mercury
	Yellow Perch			All sizes		Mercury
LITTLE EMILY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Crow Wing 18020700	Northern Pike		All sizes			Mercury

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LAKE NAME

County DOWID*

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LITTLE FLOYD	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Becker 03038600	Bluegill Sunfish		All sizes			Mercury
	Cisco		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
LITTLE HANGING HORN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carlton 09003500	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	White Sucker			All sizes		Mercury
LITTLE IRON	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16035500	Northern Pike		shorter than 18"	18" or longer		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
LITTLE JOHN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16002600	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
LITTLE JOHNSON	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69076000	Lake Whitefish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
LITTLE KNIFE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38022900	Lake Trout			All sizes		Mercury
	Lake Whitefish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
LITTLE LONG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hennepin 27017900	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Northern Pike			All sizes		Mercury

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LITTLE LONG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69006600	Bluegill Sunfish		All sizes			Mercury
	Northern Pike		shorter than 20"	20" - 32"	32" or longer	Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		shorter than 17"	17" or longer		Mercury
	White Sucker	All sizes				
LITTLE MANTRAP	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hubbard 29031300	Bluegill Sunfish		All sizes			Mercury
	Bullhead			All sizes		Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
LITTLE MCDONALD	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Otter Tail 56032800	Bluegill Sunfish	All sizes				
	Northern Pike		shorter than 20"	20" or longer		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
LITTLE PINE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Otter Tail 56014200	Northern Pike		shorter than 27"	27" or longer		Mercury
	Walleye			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
LITTLE ROCK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Benton 05001300	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
LITTLE SAGANAGA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16080900	Lake Trout		All sizes			Mercury
	Northern Pike		shorter than 17"	17" or longer		Mercury
LITTLE SAND	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69073200	Bluegill Sunfish			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury

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Meal Advice

LITTLE SANDY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69072900	Northern Pike			All sizes		Mercury
LITTLE TROUT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16017000	Lake Trout			All sizes		Mercury
LITTLE TROUT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69045500	Cisco	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
LITTLE TROUT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69068200	Lake Trout		shorter than 17"	17" or longer		Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye		shorter than 13"	13" or longer		Mercury
	White Sucker		All sizes			Mercury
LITTLE VERMILION	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69060800	Cisco			All sizes		Mercury
	Crappie		All sizes			Mercury
	Northern Pike			shorter than 27"	27" or longer	Mercury
	Sauger			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			shorter than 16"	16" or longer	Mercury
	Yellow Perch			All sizes		Mercury
LITTLE WILSON	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38005100	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
LITTLE WINNIBIGOSHISH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31085000	Northern Pike			All sizes		Mercury
	Walleye		All sizes			Mercury
	Yellow Perch	All sizes				

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LAKE NAME

County DOWID*

Meal Advice

LITTLE WOLF	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cass 11050500	Bluegill Sunfish	All sizes				
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		shorter than 17"	17" or longer		Mercury
	White Sucker	All sizes				
LIZZ	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16019900	Brook Trout		All sizes			Mercury
LIZZIE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Otter Tail 56076000	Bluegill Sunfish		All sizes			Mercury
	Cisco		All sizes			Mercury
	Crappie			All sizes		Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
LOBSTER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Douglas 21014400	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	White Sucker	All sizes				
LOCATOR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69093600	Northern Pike			shorter than 24"	24" or longer	Mercury
LOCH NESS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Anoka 02058500	Sunfish		All sizes			Mercury
LOEB	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Ramsey 62023100	Bluegill Sunfish	All sizes				
LOFT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16003100	Brook Trout		All sizes			Mercury
LOITEN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69087200	Largemouth Bass			All sizes		Mercury
LOMOND	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Clearwater 15008100	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury

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Meal Advice

LONG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Big Stone 06002000	Carp	All sizes				
	Crappie		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
LONG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cass 11014200	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
LONG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Clearwater 15005700	Bluegill Sunfish		All sizes			Mercury
	Rainbow Trout		All sizes			Mercury
LONG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hennepin 27016000	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		shorter than 24"	24" or longer		Mercury
LONG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hubbard 29016100	Bluegill Sunfish	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
LONG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31057000	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
LONG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Kandiyohi 34006600	Northern Pike			All sizes		Mercury
LONG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Kandiyohi 34019200	Bullhead			All sizes		Mercury
	Carp		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

LONG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Meeker 47002600	Bluegill Sunfish	All sizes				
	Carp	All sizes				
	Walleye			All sizes		Mercury
LONG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Otter Tail 56038800	Northern Pike			All sizes		Mercury
LONG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Otter Tail 56078400	Bluegill Sunfish		All sizes			Mercury
	Walleye			All sizes		Mercury
LONG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Pine 58010700	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike		shorter than 23"	23" or longer		Mercury
LONG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Ramsey 62006700	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
LONG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69076500	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch			All sizes		Mercury
LONG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69085900	Bluegill Sunfish		All sizes			Mercury
	Cisco			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye				All sizes	Mercury
LONG LOST	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Clearwater 15006800	Crappie			All sizes		Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury

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Fish Consumption Guidelines for Women Who Are or May Become Pregnant, and Children under Age 15



LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
LONG TOM						
Big Stone 06002900	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
LONGYEAR						
St. Louis 69085700	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
	Yellow Perch		All sizes			Mercury
LOON						
Becker 03048900	Bluegill Sunfish		All sizes			Mercury
LOON						
Blue Earth 07009600	Crappie	All sizes				
	Walleye		All sizes			Mercury
LOON						
Cook 16044800	Lake Trout		All sizes			Mercury
	Northern Pike				All sizes	Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
LOON						
Itasca 31057100	Northern Pike			All sizes		Mercury
LOON						
St. Louis 69042600	Bluegill Sunfish		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
LOON						
St. Louis 69047000	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
LOON Waseca 81001500	Bluegill Sunfish	All sizes				
	Bullhead	All sizes				
	Crappie	All sizes				
	Largemouth Bass			All sizes		Mercury
LOST St. Louis 69055600	Bluegill Sunfish		All sizes			Mercury
	Northern Pike		shorter than 20"	20" or longer		Mercury
	White Sucker		All sizes			Mercury
LOTUS Carver 10000600	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Northern Pike		shorter than 27"	27" or longer		Mercury
	Walleye		shorter than 17"	17" or longer		Mercury
LOUISE MILL POND Mower 50000100	Carp			All sizes		Mercury
	Largemouth Bass		All sizes			Mercury
LOW St. Louis 69007000	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
LOWER BOTTLE Hubbard 29018000	Northern Pike		All sizes			Mercury
	Sunfish	All sizes				
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
LOWER COMSTOCK St. Louis 69041202	Crappie			All sizes		Mercury
	Walleye				All sizes	Mercury
	White Sucker			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
LOWER CULLEN						
Crow Wing 18040300	Bluegill Sunfish	All sizes				
	Cisco	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
LOWER PANASA						
Itasca 31011200	Bullhead		All sizes			Mercury
	Walleye			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
LOWER PAUNESS						
St. Louis 69046400	Walleye			All sizes		Mercury
	Yellow Perch			All sizes		Mercury
LOWER PRIOR						
Scott 70002600	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
LUCKY						
Itasca 31060300	Brown Trout		All sizes			Mercury
LUCY						
Carver 10000700	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Northern Pike			All sizes		Mercury
LUPUS						
Lake 38003800	Northern Pike		All sizes			Mercury
	White Sucker		All sizes			Mercury
LURA						
Blue Earth 07007900	Walleye		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
LYNX						
St. Louis 69038300	Smallmouth Bass			All sizes		Mercury
	Walleye				All sizes	Mercury

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LAKE NAME

County DOWID*

Meal Advice

MADISON	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Blue Earth 07004400	Bluegill Sunfish		All sizes			Mercury
	Carp	All sizes				
	Walleye			All sizes		Mercury
MANTRAP	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hubbard 29015100	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Sunfish	All sizes				
	Walleye				All sizes	Mercury
	White Sucker	All sizes				
	Yellow Perch			All sizes		Mercury
MANUELLA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Meeker 47005000	Bluegill Sunfish	All sizes				
	Largemouth Bass		All sizes			Mercury
MANY POINT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Becker 03015800	Bluegill Sunfish	All sizes				
	Bowfin			All sizes		Mercury
	Northern Pike		shorter than 24"	24" or longer		Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
MAPLE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Douglas 21007900	Bluegill Sunfish		All sizes			Mercury
	Northern Pike		shorter than 18"	18" or longer		Mercury
	White Sucker		All sizes			Mercury
MAPLE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Meeker 47000100	Carp	All sizes				
	Yellow Perch		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

MAPLE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants	
Polk 60030500	Bluegill Sunfish		All sizes			Mercury	
	Bullhead	All sizes					
	Carp	All sizes					
	Crappie	All sizes					
	Northern Pike		All sizes			Mercury	
	Walleye			shorter than 18"	18" or longer		Mercury
	White Sucker	All sizes					
MAPLE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants	
Todd 77018100	Bluegill Sunfish		All sizes			Mercury	
	Crappie		All sizes			Mercury	
	Northern Pike			All sizes		Mercury	
MAPLE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants	
Wright 86013400	Bluegill Sunfish		All sizes			Mercury	
	Carp		All sizes			Mercury	
	Northern Pike		shorter than 20"	20" or longer		Mercury	
MARION	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants	
Dakota 19002600	Bluegill Sunfish		All sizes			Mercury	
	Carp	All sizes					
	Northern Pike		shorter than 24"	24" or longer		Mercury	
	Walleye		All sizes			Mercury	
MARION	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants	
McLeod 43008400	Bluegill Sunfish	All sizes					
	Carp	All sizes					
	Channel Catfish		All sizes			Mercury	
	Crappie	All sizes					
	Largemouth Bass		All sizes			Mercury	
	Northern Pike		All sizes			Mercury	
	Walleye				All sizes	Mercury	
MARION	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants	
Otter Tail 56024300	Bluegill Sunfish		All sizes			Mercury	
	Northern Pike			All sizes		Mercury	
	Walleye			All sizes		Mercury	

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LAKE NAME

County DOWID*

Meal Advice

MARION	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69075500	Bluegill Sunfish		All sizes			Mercury
	Walleye			All sizes		Mercury
MARK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16025000	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
MARQUETTE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Beltrami 04014200	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
MARSH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Big Stone 06000100	Carp		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
MARSH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16048800	Northern Pike			All sizes		Mercury
	White Sucker			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
MARTIN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Anoka 02003400	Crappie	All sizes				
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
MARY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Douglas 21009200	Bluegill Sunfish		All sizes			Mercury
	Walleye			All sizes		Mercury
MARY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Todd 77001900	Northern Pike			All sizes		Mercury
MARY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Wright 86019300	Bullhead		All sizes			Mercury
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

MASHKENODE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69072500	Bluegill Sunfish		All sizes			Mercury
	Crappie			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
MAUDE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69059000	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch			All sizes		Mercury
MAYHEW	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Benton 05000700	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
MAYHEW	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16033700	Lake Trout		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
MAYO	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Crow Wing 18040800	Northern Pike			All sizes		Mercury
MAZASKA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Rice 66003900	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		shorter than 27"	27" or longer		Mercury
	Walleye			All sizes		Mercury
MCCARRON	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Ramsey 62005400	Bluegill Sunfish		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
MCDONALD	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16023500	Northern Pike		shorter than 20"	20" or longer		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	Yellow Perch		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
MCFARLAND Cook 16002700	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
MCTON Scott 70005000	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
MEANDER St. Louis 69032900	Smallmouth Bass			All sizes		Mercury
MEDICINE Beltrami 04012200	Crappie	All sizes				
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
MEDICINE Hennepin 27010400	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass		All sizes			PFOS
	Northern Pike		All sizes			Mercury
MEDITATION Cook 16058300	Brook Trout			All sizes		Mercury
MELISSA Becker 03047500	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Sunfish		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

MESABA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16067300	Lake Trout			All sizes		Mercury
	Northern Pike			All sizes		Mercury
MIDDLE MCDOUGAL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38065800	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
MIDGE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hubbard 29006600	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
MILLE LACS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Mille Lacs 48000200	Burbot		All sizes			Mercury
	Carp		All sizes			Mercury
	Cisco	All sizes				
	Northern Pike		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Sunfish		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
	Yellow Perch		All sizes			Mercury
MILLER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carver 10002900	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Northern Pike			All sizes		Mercury
MILLS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Blue Earth 07009700	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Carp	All sizes				
	Northern Pike		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
MILTONA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Douglas 21008300	Bluegill Sunfish		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
MINA Douglas 21010800	Bluegill Sunfish		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
MINERVA Clearwater 15007900	Bullhead	All sizes				
	Northern Pike		All sizes			Mercury
	Sunfish	All sizes				
	Walleye		shorter than 19"	19" or longer		Mercury
MINISTER St. Louis 69006500	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
MINK Cook 16004600	Rainbow Trout		All sizes			Mercury
	Splake		All sizes			Mercury
MINNETONKA Hennepin 27013300	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		shorter than 18"	18" or longer		Mercury
	White Sucker	All sizes				
MINNEWASHTA Carver 10000900	Bluegill Sunfish		All sizes			Mercury
	Bullhead			All sizes		Mercury
	Northern Pike		shorter than 22"	22" or longer		Mercury
MINNEWASKA Pope 61013000	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
	Yellow Perch		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
MINNEWAWA						
Aitkin 01003300	Bluegill Sunfish	All sizes				
	Bullhead	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		shorter than 18"	18" or longer		Mercury
MINNIE-BELLE						
Meeker 47011900	Bluegill Sunfish	All sizes				
	Bullhead			All sizes		Mercury
	Largemouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
MINNTAC TAILINGS BASIN						
St. Louis 69000000	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
MIT						
Cook 16019300	Northern Pike				All sizes	Mercury
	Walleye			All sizes		Mercury
MITAWAN						
Lake 38056100	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
MITCHELL						
Hennepin 27007000	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
MITCHELL						
Sherburne 71008100	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury PCBs
	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
MOBERG						
St. Louis 69084700	Northern Pike			All sizes		Mercury
MONONGALIA						
Kandiyohi 34015800	Bluegill Sunfish		All sizes			Mercury
	Carp	All sizes				
	Northern Pike			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	County DOWID*	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants	
MOORE Cook 16048900		Northern Pike		All sizes			Mercury	
		White Sucker		All sizes			Mercury	
		Yellow Perch		All sizes			Mercury	
MOOSE Beltrami 04001100		Bluegill Sunfish		All sizes			Mercury	
		Northern Pike			All sizes		Mercury	
		Walleye			All sizes		Mercury	
MOOSE Cook 16004300		Lake Trout			All sizes		Mercury	
		Lake Whitefish		All sizes			Mercury	
		Walleye		shorter than 16"	16" or longer		Mercury	
MOOSE Itasca 31072200		Northern Pike			All sizes		Mercury	
		Walleye			All sizes		Mercury	
		White Sucker	All sizes					
MOOSE Koochiching 36000800		Crappie		All sizes			Mercury	
		Northern Pike			All sizes		Mercury	
MOOSE Lake 38064400		Bluegill Sunfish		All sizes			Mercury	
		Cisco		All sizes			Mercury	
		Largemouth Bass			All sizes		Mercury	
		Northern Pike			shorter than 31"	31" or longer		Mercury
		Smallmouth Bass			All sizes			Mercury
		Walleye		shorter than 17"	17" or longer			Mercury
MOOSE St. Louis 69075000		Walleye			All sizes		Mercury	
		White Sucker		All sizes			Mercury	
		Yellow Perch		All sizes			Mercury	
MOOSE St. Louis 69080600		Bullhead		All sizes			Mercury	
		Crappie			All sizes		Mercury	
		Northern Pike		shorter than 19"	19" or longer		Mercury	
		Walleye			All sizes		Mercury	

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
MOOSEHEAD						
Carlton 09004100	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
MOOSEHORN						
Cook 16001500	Splake			All sizes		Mercury
MORGAN						
Cook 16022000	Northern Pike			All sizes		Mercury
MOSS						
Cook 16023400	White Sucker		All sizes			Mercury
MOULTON						
Aitkin 01021200	Bluegill Sunfish		All sizes			Mercury
	Crappie			All sizes		Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
MOUNTAIN						
Cook 16009300	Lake Trout			All sizes		Mercury
	White Sucker		All sizes			Mercury
MOUNTAIN						
Cottonwood 17000300	Bluegill Sunfish		All sizes			Mercury
	Bullhead	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
MOVIL						
Beltrami 04015200	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
MUCKWA						
St. Louis 69015900	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
MUKOODA St. Louis 69068400	Cisco		All sizes			Mercury
	Crappie		All sizes			Mercury
	Lake Trout		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
MURPHY Otter Tail 56022900	Bluegill Sunfish	All sizes				
	Northern Pike		shorter than 23"	23" or longer		Mercury
MURPHY St. Louis 69064600	Crappie		All sizes			Mercury
	Northern Pike		shorter than 23"	23" or longer		Mercury
	Walleye			All sizes		Mercury
MURPHY Scott 70001000	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Sauger			All sizes		Mercury
MUSKRAT Becker 03036000	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
MUSQUASH Cook 16010400	Splake		All sizes			Mercury
	White Sucker		All sizes			Mercury
MYRTLE St. Louis 69074900	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

NAMAKAN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69069300	Cisco		All sizes			Mercury
	Crappie		All sizes			Mercury
	Lake Whitefish		All sizes			Mercury
	Northern Pike			shorter than 30"	30" or longer	Mercury
	Rock Bass			All sizes		Mercury
	Sauger			All sizes		Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
NELS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69008000	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			shorter than 24"	24" or longer	Mercury
	Walleye			shorter than 19"	19" or longer	Mercury
NEST	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Kandiyohi 34015400	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
NET	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69075700	Northern Pike			All sizes		Mercury
NEWFOUND	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38061900	Bluegill Sunfish	All sizes				
	Cisco		All sizes			Mercury
	Northern Pike		shorter than 22"	22" or longer		Mercury
	Walleye		shorter than 17"	17" or longer		Mercury
NEWMAN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hubbard 29023700	Rainbow Trout		All sizes			Mercury
NEWTON	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38078400	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	Yellow Perch			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
NICKEL Lake 38070500	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
NIGH St. Louis 69045700	Northern Pike			All sizes		Mercury
	Walleye			shorter than 17"	17" or longer	Mercury
	White Sucker			All sizes		Mercury
NINEMILE Lake 38003300	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
NIPISQUIT Lake 38023200	Northern Pike		All sizes			Mercury
NOKOMIS Hennepin 27001900	Bluegill Sunfish	All sizes				
	Bullhead	All sizes				
	Carp	All sizes				
	Crappie	All sizes				
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
NORTH Cook 16033100	Lake Trout		shorter than 19"	19" or longer		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
NORTH FOWL Cook 16003600	Walleye		shorter than 18"	18" or longer		Mercury
	White Sucker	All sizes				
	Yellow Perch		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

NORTH LIDA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Otter Tail 56074701	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Cisco		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Rock Bass		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
NORTH LONG	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Crow Wing 18037200	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
NORTH MCDOUGAL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38068600	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
NORTH STAR STEEL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Ramsey 62023700	Bluegill Sunfish		All sizes			Mercury
	Buffalo		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Freshwater Drum		All sizes			Mercury
	Northern Pike		All sizes			Mercury
NORTH TURTLE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Otter Tail 56037900	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
NORTH TWIN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69041900	Bluegill Sunfish			All sizes		Mercury
	Crappie			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
NORTHERN LIGHT Cook 16008900	Northern Pike		shorter than 17"	17" or longer		Mercury
	Walleye			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
NORWAY Kandiyohi 34025100	Bluegill Sunfish		All sizes			Mercury
	Carp	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
NOSE Itasca 31041700	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
OAK Carver 10009300	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Crappie		All sizes			Mercury
	Walleye			All sizes		Mercury
O'BRIEN Itasca 31003200	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
O'BRIEN RES. #4 Itasca 31122500	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
O'DOWD Scott 70009500	Bullhead		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				

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LAKE NAME

County DOWID*

Meal Advice

OGISHKEMUNCIE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38018000	Lake Trout			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
OJIBWAY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38064000	Bluegill Sunfish		All sizes			Mercury
	Cisco		All sizes			Mercury
	Lake Trout			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
OKABENA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Nobles 53002800	Channel Catfish		All sizes			Mercury
	Crappie	All sizes				
	Sunfish	All sizes				
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
OLAF	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Otter Tail 56095000	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
OLE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69017500	Bluegill Sunfish			All sizes		Mercury
	Walleye				All sizes	Mercury
	Yellow Perch			All sizes		Mercury
O'LEARY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69068500	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
OLIVER Swift 76014600	Carp			All sizes		Mercury
	Crappie			All sizes		Mercury
	Walleye			All sizes		Mercury
OLSON Washington 82010300	Bluegill Sunfish	All sizes				
	Bullhead	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
ONE Lake 38060500	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
ONE PINE St. Louis 69006100	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		shorter than 19"	19" or longer		Mercury
	Walleye			All sizes		Mercury
ORCHARD Dakota 19003100	Bluegill Sunfish		All sizes			Mercury
	Bullhead			All sizes		Mercury
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass				All sizes	Mercury
	Northern Pike			All sizes		Mercury
ORGAN Lake 38006700	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
ORINIACK St. Louis 69058700	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

ORONO	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Sherburne 71001300	Carp			All sizes		Mercury
	Northern Pike		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
ORWELL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Otter Tail 56094500	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Walleye		All sizes			Mercury
OSAKIS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Todd 77021500	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
OSIER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38042000	Yellow Perch		All sizes			Mercury
OSLO	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69083800	Northern Pike				All sizes	Mercury
OSSAWINNAMAKEE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Crow Wing 18035200	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
OTTER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Anoka 02000300	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Northern Pike			All sizes		Mercury
OTTER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16003200	Northern Pike			All sizes		Mercury
OTTER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
McLeod 43008500	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
OTTER TAIL Otter Tail 56024200	Bluegill Sunfish	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Redhorse Sucker		All sizes			Mercury
	Walleye		shorter than 14"	14" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch				All sizes	Mercury
OTTERTRACK Lake 38021100	Lake Trout			All sizes		Mercury
	Lake Whitefish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
OTTO St. Louis 69014400	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch			All sizes		Mercury
OWASSO Ramsey 62005600	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Crappie	All sizes				
	Northern Pike		shorter than 25"	25" or longer		Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
Yellow Perch		All sizes			Mercury	
OX HIDE Itasca 31010600	Bluegill Sunfish		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	White Sucker	All sizes				
OYSTER St. Louis 69033000	Northern Pike			shorter than 25"	25" or longer	Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
PAPOOSE Crow Wing 18020600	Crappie			All sizes		Mercury
	Northern Pike			All sizes		Mercury
PARENT Lake 38052600	Cisco		All sizes			Mercury
	Northern Pike				All sizes	Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
	White Sucker		All sizes			Mercury
PARK Carlton 09002900	Bluegill Sunfish	All sizes				
	Crappie	All sizes				
	Northern Pike		shorter than 24"	24" or longer		Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
PARKERS Hennepin 27010700	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	White Sucker	All sizes				
PARLEY Carver 10004200	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Carp	All sizes				
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
PAULINE St. Louis 69058800	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
PEARY St. Louis 69083300	Northern Pike			All sizes		Mercury
PEBBLE Otter Tail 56082900	Bluegill Sunfish		All sizes			Mercury
	Cisco		All sizes			Mercury
	Walleye			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
PELICAN Crow Wing 18030800	Bluegill Sunfish	All sizes				
	Cisco	All sizes				
	Crappie	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Sunfish	All sizes				
	Walleye		All sizes			Mercury
PELICAN Grant 26000200	Walleye			All sizes		Mercury
	White Sucker	All sizes				
	Yellow Perch	All sizes				
PELICAN Otter Tail 56078600	Bluegill Sunfish		All sizes			Mercury
	Cisco		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
PELICAN Pope 61011100	Bluegill Sunfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	White Sucker	All sizes				
PELICAN St. Louis 69084100	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike		shorter than 17"	17" or longer		Mercury
	Walleye			All sizes		Mercury
PELTIER Anoka 02000400	Bluegill Sunfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	White Sucker		All sizes			Mercury
PENNINGTON MINE Crow Wing 18043900	Rainbow Trout		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
PEQUAYWAN St. Louis 69001100	Walleye			All sizes		Mercury
PERCH Carlton 09003600	Northern Pike		All sizes			Mercury
PERCH Lincoln 41006700	Bullhead	All sizes				
	Walleye		shorter than 17"	17" or longer		Mercury
	White Sucker	All sizes				
	Yellow Perch	All sizes				
PERCH St. Louis 69005800	Bluegill Sunfish		All sizes			Mercury
	Walleye			All sizes		Mercury
PERCH St. Louis 69093200	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
PERENT Lake 38022000	Walleye			All sizes		Mercury
PERRY Crow Wing 18018600	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
PFEIFFER St. Louis 69067100	Bluegill Sunfish		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
PHALEN Ramsey 62001300	Bluegill Sunfish		All sizes			PFOS
	Crappie		All sizes			PFOS
	Largemouth Bass		All sizes			PFOS
	Walleye		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

PHOEBE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16080800	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
PICKEREL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Aitkin 01018200	Bullhead		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
PICKEREL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16009700	Northern Pike		All sizes			Mercury
	White Sucker	All sizes				
PICKEREL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hubbard 29017800	Bluegill Sunfish	All sizes				
	Crappie		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike		shorter than 29"	29" or longer		Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
PICKEREL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38074100	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
PICKEREL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Otter Tail 56047500	Bluegill Sunfish	All sizes				
	Cisco		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		shorter than 15"	15" or longer		Mercury
PICKET	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69007900	Bluegill Sunfish			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

PICKET	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69059100	Northern Pike		All sizes			Mercury
	Walleye		shorter than 17"	17" or longer		Mercury
	Yellow Perch		All sizes			Mercury
PIERSONS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carver 10005300	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Carp	All sizes				
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
PIERZ	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Morrison 49002400	Bluegill Sunfish	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
PIKE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16025200	Lake Whitefish		All sizes			Mercury
	Northern Pike		shorter than 18"	18" or longer		Mercury
	Walleye			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
PIKE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38067000	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
PIKE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69049000	Crappie	All sizes				
	Walleye			All sizes		Mercury PCBs
	White Sucker		All sizes			Mercury
PIKE BAY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cass 11041500	Cisco	All sizes				
	Lake Whitefish	All sizes				
	Northern Pike		shorter than 25"	25" or longer		Mercury
	Walleye		shorter than 20"	20" or longer		Mercury
	White Sucker	All sizes				
	Yellow Perch		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
PIKE RIVER FLOWAGE						
St. Louis 69058000	Northern Pike			All sizes		Mercury
	White Sucker			All sizes		Mercury
	Yellow Perch			All sizes		Mercury
PINE						
Clearwater 15014900	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
PINE						
Cook 16004100	Lake Whitefish		All sizes			Mercury
	Walleye		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
PINE						
Cook 16019400	Brook Trout			All sizes		Mercury
	Splake		All sizes			Mercury
	White Sucker		All sizes			Mercury
PINE						
St. Louis 69000100	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
PINE MOUNTAIN						
Cass 11041100	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Cisco	All sizes				
	Northern Pike		All sizes			Mercury
	Sunfish	All sizes				
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
PINE MOUNTAIN						
Cook 16010800	Brook Trout		All sizes			Mercury
PIT						
Cook 16015500	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

PLANTAGENET	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hubbard 29015600	Cisco		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
PLANTATION	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31043900	Bluegill Sunfish	All sizes				
	Northern Pike			All sizes		Mercury
PLATTE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Crow Wing 18008800	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
PLEASANT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cass 11038300	Bluegill Sunfish	All sizes				
	Crappie	All sizes				
	Northern Pike		shorter than 28"	28" or longer		Mercury
	Walleye		shorter than 20"	20" or longer		Mercury
	White Sucker	All sizes				
PLEASANT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Ramsey 62004600	Channel Catfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		shorter than 21"	21" or longer		Mercury
	White Bass			All sizes		Mercury
PLEASANT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69065500	Bluegill Sunfish		All sizes			Mercury
	Bullhead			All sizes		Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME County DOWID*	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
PLEASANT Wright 86025100	Bluegill Sunfish		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
POKEGAMA Itasca 31053200	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
POLLY Lake 38010400	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
POMME DE TERRE Grant 26009700	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Walleye		All sizes			Mercury
POPLAR Cook 16023900	Lake Whitefish			All sizes		Mercury
	Northern Pike		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
PORTAGE Cass 11020400	Bluegill Sunfish		All sizes			Mercury
	Cisco	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike		shorter than 29"	29" or longer		Mercury
	Walleye			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
	PORTAGE Cook 16032700	Splake		All sizes		
White Sucker			All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
PORTAGE Crow Wing 18005000	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
PORTAGE Hubbard 29025000	Bluegill Sunfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
POTATO Hubbard 29024300	Northern Pike		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
POWDERHORN Hennepin 27001400	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Crappie			All sizes		Mercury
POWERS Washington 82009200	Bluegill Sunfish		All sizes			Mercury PFOS
	Crappie		All sizes			Mercury PFOS
	Northern Pike			All sizes		Mercury PFOS
	Yellow Perch		All sizes			PFOS
PRAIRIE Itasca 31038400	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Redhorse Sucker			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			shorter than 21"	21" or longer	
PRAIRIE Otter Tail 56091500	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury

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Meal Advice

PRAIRIE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69084800	Cisco		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
PRESTON	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Renville 65000200	Carp	All sizes				
	Crappie		All sizes			Mercury
	Walleye		All sizes			Mercury
PULASKI	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Wright 86005300	Bluegill Sunfish		All sizes			Mercury
	Walleye		shorter than 17"	17" or longer		Mercury
	White Sucker		All sizes			Mercury
QUADGA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38059600	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
QUARTERLINE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69086900	Northern Pike		shorter than 12"	12" or longer		Mercury
QUILL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69087100	Largemouth Bass			All sizes		Mercury
RABBIT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Crow Wing 18009300	Bluegill Sunfish		All sizes			Mercury
	Northern Pike		shorter than 19"	19" or longer		Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
RABBIT (EAST PORTION)	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Crow Wing 18009301	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury

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Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
RAINY St. Louis 69069400	Burbot			All sizes		Mercury
	Crappie			All sizes		Mercury
	Lake Whitefish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Sauger			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye		shorter than 13"	13" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch			All sizes		Mercury
RAM Cook 16017400	Lake Trout		All sizes			Mercury
	Rainbow Trout	All sizes				
	White Sucker		All sizes			Mercury
RAMSEY MILL POND Mower 50000400	Carp		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
RAMSHEAD St. Louis 69033900	Northern Pike			All sizes		Mercury
RANIER Itasca 31066400	Northern Pike			All sizes		Mercury
	White Sucker			All sizes		Mercury
RAVINE Washington 82008700	Crappie		All sizes			PFOS
	Largemouth Bass		All sizes			PFOS
REBECCA Dakota 19000300	Bluegill Sunfish		All sizes			Mercury
	Bullhead	All sizes				
	Carp		All sizes			Mercury
	Crappie	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury

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Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
REBECCA Hennepin 27019200	Bluegill Sunfish		All sizes			Mercury
	Bullhead	All sizes				
	Carp	All sizes				
	Walleye			All sizes		Mercury
RED Beltrami 04003500	Crappie		All sizes			Mercury
	Lake Whitefish	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
	White Sucker	All sizes				
	Yellow Perch		All sizes			Mercury
RED ROCK Cook 16079300	Lake Whitefish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
RED ROCK Hennepin 27007600	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Crappie		All sizes			PFOS
	Largemouth Bass		All sizes			PFOS
	Northern Pike		shorter than 25"	25" or longer		Mercury
REDSKIN Lake 38044000	Brook Trout		All sizes			Mercury
	White Sucker		All sizes			Mercury
REDWOOD Redwood 64005800	Bullhead		All sizes			Mercury
	Carp			All sizes		Mercury
	Channel Catfish			All sizes		Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Walleye				All sizes	Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
REEDS Waseca 81005500	Northern Pike			All sizes		Mercury
REITZ Carver 10005200	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Crappie			All sizes		Mercury
	Northern Pike		shorter than 22"	22" or longer		Mercury
RICE Cook 16045300	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
RICE Crow Wing 18014500	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Crappie		All sizes			Mercury
	Redhorse Sucker			All sizes		Mercury
	Walleye			All sizes		Mercury
RICE Faribault 22000700	Bullhead	All sizes				
	Carp	All sizes				
	Yellow Perch	All sizes				
RICE Itasca 31071700	Cisco		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye				All sizes	Mercury
RICE Stearns 73019600	Carp			All sizes		Mercury
	Channel Catfish			All sizes		Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
RICHARDSON						
Meeker 47008800	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike		shorter than 21"	21" or longer		Mercury
	Walleye			All sizes		Mercury
RILEY						
Carver 10000200	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		shorter than 24"	24" or longer		Mercury
	Walleye			All sizes		Mercury
ROBERDS						
Rice 66001800	Carp		All sizes			Mercury
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
ROCK						
Pine 58000700	Bluegill Sunfish		All sizes			Mercury
ROD SMITH POND						
Koochiching 36007800	Northern Pike			All sizes		Mercury
	Rainbow Trout	All sizes				
ROSE						
Cook 16023000	Lake Trout			All sizes		Mercury
ROUND						
Aitkin 01007000	Cisco		All sizes			Mercury
	Crappie			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury

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LAKE NAME
County DOWID*

Meal Advice

ROUND	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Aitkin 01020400	Carp		All sizes			Mercury
	Cisco		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass				All sizes	Mercury
	Walleye				All sizes	Mercury
ROUND	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16060600	Northern Pike		shorter than 22"	22" or longer		Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
ROUND	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Crow Wing 18037300	Cisco	All sizes				
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
ROUND	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hennepin 27007100	Bluegill Sunfish		All sizes			Mercury PFOS
	Bullhead	All sizes				
	Largemouth Bass		All sizes			PFOS
	Walleye				All sizes	Mercury
ROUND	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31089600	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
RUBY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31042200	Northern Pike		shorter than 20"	20" or longer		Mercury
RUSH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Chisago 13006900	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
RUSH Cook 16029900	Northern Pike			All sizes		Mercury
RUSH Otter Tail 56014100	Bluegill Sunfish	All sizes				
	Carp		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
RUTH Crow Wing 18021200	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
RYAN St. Louis 69083500	Northern Pike				All sizes	Mercury
SABIN St. Louis 69043401	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye				All sizes	Mercury
SAGANAGA Cook 16063300	Lake Trout		All sizes			Mercury
	Lake Whitefish		All sizes			Mercury
	Northern Pike		shorter than 19"	19" - 33"	33" or longer	Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye		shorter than 14"	14" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch			All sizes		Mercury
SAGATAGAN Stearns 73009200	Northern Pike		shorter than 19"	19" or longer		Mercury
SALLIE Becker 03035900	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

SALO	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69003600	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	White Sucker		All sizes			Mercury
SAND	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carlton 09001600	Bluegill Sunfish		All sizes			Mercury
	Buffalo	All sizes				
	Bullhead	All sizes				
	Carp	All sizes				
	Crappie		All sizes			Mercury
	Freshwater Drum	All sizes				
	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
SAND	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31082600	Bullhead	All sizes				
	Crappie		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
	SAND	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat
Lake 38073500	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
SAND	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69073600	Bluegill Sunfish	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		shorter than 19"	19" or longer		Mercury
	White Sucker		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
SAND POINT						
St. Louis 69061700	Cisco		All sizes			Mercury
	Crappie			All sizes		Mercury
	Northern Pike			shorter than 25"	25" or longer	Mercury
	Sauger			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			shorter than 18"	18" or longer	Mercury
	Yellow Perch			All sizes		Mercury
SANDPIT						
Lake 38078600	Northern Pike			shorter than 29"	29" or longer	Mercury
	Walleye			All sizes		Mercury
SANDY						
Beltrami 04012400	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
SARAH						
Hennepin 27019100	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		shorter than 24"	24" or longer		Mercury
SAUK						
Todd 77015000	Bluegill Sunfish	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
SAWBILL						
Cook 16049600	Northern Pike		shorter than 20"	20" or longer		Mercury
	Walleye		shorter than 13"	13" or longer		Mercury

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Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
SCANDINAVIAN						
Pope 61004100	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
SEA GULL						
Cook 16062900	Cisco		All sizes			Mercury
	Lake Trout		shorter than 12"	12" or longer		Mercury
	Northern Pike		shorter than 17"	17" - 28"	28" or longer	Mercury
	Walleye		shorter than 14"	14" or longer		Mercury
SEBIE						
Crow Wing 18016100	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
SECOND FULDA						
Murray 51002000	Bluegill Sunfish	All sizes				
	Carp	All sizes				
	Walleye		All sizes			Mercury
SECTION 29						
Lake 38029200	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
SECTION TWELVE						
Lake 38071400	Bluegill Sunfish		All sizes			Mercury
	Cisco		All sizes			Mercury
	Walleye			All sizes		Mercury
SEVEN BEAVER						
St. Louis 69000200	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch			All sizes		Mercury

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SEWELL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Otter Tail 56040800	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
SHAGAWA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69006900	Northern Pike		All sizes			Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
SHAKOPEE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Mille Lacs 48001200	Crappie		All sizes			Mercury
	Northern Pike		shorter than 28"	28" or longer		Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
SHANNON	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69092500	Northern Pike			All sizes		Mercury
	Walleye				All sizes	Mercury
SHAOKOTAN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lincoln 41008900	Bullhead		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye		shorter than 18"	18" or longer		Mercury
	Yellow Perch	All sizes				
SHETEK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Murray 51004600	Buffalo	All sizes				
	Carp	All sizes				
	Channel Catfish	All sizes				
	Crappie	All sizes				
	White Sucker	All sizes				
SHIELDS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Rice 66005500	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury

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SHINGOBEE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hubbard 29004300	Northern Pike		shorter than 16"	16" or longer		Mercury
SHOE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16008000	Brook Trout		All sizes			Mercury
	Splake		All sizes			Mercury
SIDE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69093300	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
SIGNALNESS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Pope 61014900	Bluegill Sunfish	All sizes				
	Northern Pike		All sizes			Mercury
	White Sucker		All sizes			Mercury
SILVER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Olmsted 55000300	Carp		All sizes			Mercury
	Channel Catfish			All sizes		Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch				All sizes	Mercury
SILVER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Ramsey 62000100	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
SILVER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Ramsey 62008300	Bullhead	All sizes				
	Channel Catfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Walleye			All sizes		Mercury

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SILVER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69066200	Bluegill Sunfish			All sizes		Mercury
	Crappie			All sizes		Mercury
SILVER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Wright 86014000	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
SILVER ISLAND	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38021900	Crappie			All sizes		Mercury
	Lake Whitefish		All sizes			Mercury PCBs
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
SIMLEY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Dakota 19003700	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike				All sizes	Mercury
	Walleye			All sizes		Mercury
SIX MILE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cass 11014600	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
	Yellow Perch	All sizes				
SIX MILE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69084000	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	White Sucker	All sizes				
SLATE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38066600	Northern Pike			All sizes		Mercury
	Walleye			shorter than 20"	20" or longer	Mercury
	White Sucker			All sizes		Mercury
	Yellow Perch		All sizes			Mercury

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LAKE NAME

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Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
SLEEPY EYE Brown 08004500	Northern Pike		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
SLETTEN St. Louis 69008400	Largemouth Bass			All sizes		Mercury
SLIM St. Louis 69018100	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
SMETANA Hennepin 27007300	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Northern Pike			All sizes		Mercury
SNAIL Ramsey 62007300	Bluegill Sunfish		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
SNELLING Hennepin 27000100	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Northern Pike			All sizes		Mercury
SNOWBALL Itasca 31010800	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
SNOWBANK Lake 38052900	Burbot			All sizes		Mercury
	Lake Trout		shorter than 18"	18" or longer		Mercury
	Northern Pike		shorter than 20"	20" or longer		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury

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SOUTH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16024400	Lake Trout			All sizes		Mercury
SOUTH FARM	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38077800	Northern Pike		shorter than 18"	18" - 37"	37" or longer	Mercury
SOUTH FOWL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16003400	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
SOUTH MCDOUGAL	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38065900	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
SOUTH TWIN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Beltrami 04005300	Bluegill Sunfish	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
SOUTH TWIN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Mahnomen 44001400	Bluegill Sunfish		All sizes			Mercury
	Cisco		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
SOUTH TWIN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69042000	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
SPIDER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hubbard 29011700	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
SPITZER						
Otter Tail 56016000	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
SPLIT HAND						
Itasca 31035300	Cisco	All sizes				
	Crappie	All sizes				
	Walleye		All sizes			Mercury
SPLIT ROCK RES.						
Pipestone 59000100	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
SPRING						
Meeker 47003200	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Northern Pike		shorter than 21"	21" or longer		Mercury
SPRING						
St. Louis 69076100	Lake Whitefish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
SPRING						
Scott 70005400	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Carp	All sizes				
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
SPURZEM						
Hennepin 27014900	Crappie			All sizes		Mercury
	Northern Pike			All sizes		Mercury
SQUARE						
Lake 38007400	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury

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LAKE NAME

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Meal Advice

SQUARE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Washington 82004600	Northern Pike			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
SQUINT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16020200	Walleye			All sizes		Mercury
STAHL'S	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
McLeod 43010400	Northern Pike		All sizes			Mercury
STALKER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Otter Tail 56043700	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
	Yellow Perch		All sizes			Mercury
STAR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16040500	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
STAR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Meeker 47012900	Bullhead	All sizes				
	Crappie		All sizes			Mercury
STAR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Otter Tail 56038500	Bluegill Sunfish		All sizes			Mercury
	Carp	All sizes				
	Crappie		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
	Yellow Perch		All sizes			Mercury
STARING	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hennepin 27007800	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Northern Pike			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
STEAMBOAT Cass 11050400	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Sunfish		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
STEIGER Carver 10004500	Bluegill Sunfish			All sizes		Mercury
	Crappie			All sizes		Mercury
STELLA Meeker 47006800	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
STEVENS Cass 11011600	Bluegill Sunfish		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			shorter than 31"	31" or longer	Mercury
STOCKING Wadena 80003700	Bluegill Sunfish	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		shorter than 19"	19" or longer		Mercury
	White Sucker		All sizes			Mercury
STRAIGHT Becker 03001000	Bluegill Sunfish	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				
STRAND St. Louis 69052900	Crappie		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury

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LAKE NAME

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Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
STRAWBERRY Becker 03032300	Largemouth Bass		shorter than 12"	12" or longer		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
STUART Otter Tail 56019100	Bluegill Sunfish		All sizes			Mercury
	Walleye			All sizes		Mercury
STUART St. Louis 69020500	Northern Pike			shorter than 30"	30" or longer	Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
	Yellow Perch			All sizes		Mercury
STUMP Beltrami 04013001	Bluegill Sunfish		All sizes			Mercury
	Bullhead			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
	Yellow Perch			All sizes		Mercury
STURGEON Pine 58006700	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike		shorter than 20"	20" or longer		Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
STURGEON St. Louis 69093900	Bluegill Sunfish		All sizes			Mercury
	Lake Whitefish		All sizes			Mercury
	Northern Pike			All sizes		Mercury

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SUCKER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38053000	Cisco		All sizes			Mercury
	Northern Pike		shorter than 22"	22" or longer		Mercury
	Walleye		shorter than 17"	17" or longer		Mercury
	Yellow Perch		All sizes			Mercury
SUCKER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Ramsey 62002800	Bluegill Sunfish	All sizes				
	Bullhead			All sizes		Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
SUGAR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Wright 86023300	Bluegill Sunfish	All sizes				
	Carp		All sizes			Mercury
	Northern Pike		All sizes			Mercury
SULLIVAN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Morrison 49001600	Bluegill Sunfish	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
SUNRISE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Chisago 13003100	Bluegill Sunfish		All sizes			Mercury
	Bullhead	All sizes				
	Northern Pike		All sizes			Mercury
SURPRISE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38055000	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
SUSAN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carver 10001300	Bluegill Sunfish		All sizes			Mercury
	Carp	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
SUSAN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69074100	Crappie		All sizes			Mercury
	Walleye			All sizes		Mercury

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Meal Advice

SWAMP	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16021500	Northern Pike		All sizes			Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
SWAMPER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16012800	Northern Pike				All sizes	Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
	Yellow Perch			All sizes		Mercury
SWAN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16026800	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
SWAN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31006700	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
SWAN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
McLeod 43004000	Carp	All sizes				
	Crappie	All sizes				
	Walleye	All sizes				
SWAN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Otter Tail 56078100	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
SWEDE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carver 10009500	Bluegill Sunfish		All sizes			Mercury
	Carp	All sizes				
	Crappie		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
SWEENEY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hennepin 27003501	Largemouth Bass		All sizes			PFOS

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Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
SWENSON Beltrami 04008500	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
SYBIL Otter Tail 56038700	Bluegill Sunfish	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
SYLVAN Cass 11030400	Bluegill Sunfish	All sizes				
	Northern Pike		shorter than 18"	18" - 30"	30" or longer	Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
SYLVANIA Lake 38039500	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
T Lake 38006600	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
TAIT Cook 16038400	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
	Yellow Perch			All sizes		Mercury
TAKUCMICH St. Louis 69036900	Cisco			All sizes		Mercury
	Lake Trout			All sizes		Mercury
TAMARACK Becker 03024100	Bluegill Sunfish		All sizes			Mercury
	Largemouth Bass	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury

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Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
TAMARACK						
Carlton 09006700	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
TAMARACK						
Pine 58002400	Bluegill Sunfish			All sizes		Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
TANNERS						
Washington 82011500	Bluegill Sunfish		All sizes			PFOS
	Channel Catfish		All sizes			Mercury
	Crappie		All sizes			PFOS
	Largemouth Bass		All sizes			PFOS
	Northern Pike			All sizes		Mercury
TEE						
St. Louis 69008300	Yellow Perch			All sizes		Mercury
TEN MILE						
Cass 11041300	Bluegill Sunfish	All sizes				
	Cisco	All sizes				
	Crappie		All sizes			Mercury
	Lake Whitefish	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		shorter than 18"	18" or longer		Mercury
	White Sucker		All sizes			Mercury
TEN MILE						
Otter Tail 56061300	Bluegill Sunfish	All sizes				
	Carp	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury

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TENTH CROW WING	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hubbard 29004500	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye				All sizes	Mercury
	White Sucker	All sizes				
TETAGOUCHE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38023100	Northern Pike			All sizes		Mercury
TETONKA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Le Sueur 40003100	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Carp	All sizes				
	Northern Pike			All sizes		Mercury
	Walleye				All sizes	Mercury
	White Sucker			All sizes		Mercury
THIRD CROW WING	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hubbard 29007700	Bluegill Sunfish	All sizes				
	Crappie	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker	All sizes				
	Walleye				All sizes	Mercury
THISTLEDEW	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31015800	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
THOLE/SCHNEIDER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Scott 70012000	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury

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Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
THOMAS Lake 38035100	Cisco		All sizes			Mercury
	Lake Trout			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
THOMPSON Dakota 19004800	Bluegill Sunfish		All sizes			Mercury
	Sunfish		All sizes			Mercury
THRASHER Cook 16019200	Brook Trout			All sizes		Mercury
	Splake			All sizes		Mercury
THREE Lake 38060000	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
THREE ISLAND Beltrami 04013400	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Northern Pike		shorter than 22"	22" or longer		Mercury
THUNDERBIRD Lake 38003100	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
TIMBER Cook 16065400	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
TOAD Becker 03010700	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		shorter than 20"	20" or longer		Mercury
	White Sucker		All sizes			Mercury

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TOM	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16001900	Lake Whitefish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		shorter than 15"	15" or longer		Mercury
	Yellow Perch		All sizes			Mercury
TOOHEY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16064500	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
TOOTH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69075600	Northern Pike				All sizes	Mercury
TRAVERSE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Traverse 78002500	Bluegill Sunfish		All sizes			Mercury
	Buffalo		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Freshwater Drum	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Bass		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
TRIANGLE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38071500	Northern Pike		shorter than 18"	18" or longer		Mercury
	Walleye		shorter than 13"	13" or longer		Mercury
TRILLIUM	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cass 11027000	Bluegill Sunfish		All sizes			Mercury
	Bullhead			All sizes		Mercury
	Northern Pike		shorter than 18"	18" or longer		Mercury

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TROUT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16004900	Cisco			All sizes		Mercury
	Lake Trout		All sizes			Mercury
	Rainbow Trout	All sizes				
	Yellow Perch			All sizes		Mercury
TROUT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31021600	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye		shorter than 15"	15" or longer		Mercury
	White Sucker		All sizes			Mercury
TROUT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31041000	Bluegill Sunfish	All sizes				
	Lake Trout		shorter than 23"	23" or longer		Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
TROUT	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69049800	Cisco		All sizes			Mercury
	Lake Trout		All sizes			Mercury
	Northern Pike		shorter than 16"	16" or longer		Mercury
	Rock Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
TURTLE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Beltrami 04015900	Bluegill Sunfish	All sizes				
	Cisco		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
TURTLE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31072500	Bluegill Sunfish		All sizes			Mercury
	Lake Whitefish	All sizes				
	Walleye			All sizes		Mercury

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TURTLE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Ramsey 62006100	Carp		All sizes			Mercury
	Northern Pike			All sizes		Mercury
TURTLE RIVER	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Beltrami 04011100	Bluegill Sunfish	All sizes				
	Cisco		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
TUSCARORA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16062300	Lake Trout		All sizes			Mercury
TWIN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Hennepin 27004200	Bluegill Sunfish			All sizes		PFOS
	Carp		All sizes			Mercury PCBs
	Crappie			All sizes		Mercury PFOS
	Largemouth Bass			All sizes		PFOS
	Northern Pike		shorter than 24"	24" or longer		Mercury
TWIN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69016300	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
TWO	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38060800	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
TWO INLETS	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Becker 03001700	Bluegill Sunfish	All sizes				
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker	All sizes				

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
TWO ISLAND						
Cook 16015600	Northern Pike			All sizes		Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
TWO RIVERS						
Stearns 73013800	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
UNION						
Wright 86029800	Bullhead		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
UNNAMED(JACKSON)						
Washington 82030500	Crappie		All sizes			PFOS
UPPER COMSTOCK						
St. Louis 69041201	Crappie			All sizes		Mercury
	Walleye				All sizes	Mercury
	White Sucker		All sizes			Mercury
UPPER CONE						
Cook 16041200	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
UPPER PANASA						
Itasca 31011100	Bullhead	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
	Yellow Perch		All sizes			Mercury
UPPER PAUNESS						
St. Louis 69046500	Walleye			All sizes		Mercury
	Yellow Perch			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

UPPER PINE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Pine 58013000	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	White Sucker	All sizes				
UPPER PRIOR	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Scott 70007200	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
UPPER SAKATAH	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Le Sueur 40000200	Bluegill Sunfish		All sizes			Mercury
	Bullhead	All sizes				
	Carp		All sizes			Mercury
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
VALLEY (unnamed)	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Dakota 19034800	Bluegill Sunfish		All sizes			Mercury
	Crappie			All sizes		Mercury
	Northern Pike			All sizes		Mercury
VERA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake 38049100	Walleye			All sizes		Mercury
	White Sucker	All sizes				
VERMILION	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69037800	Bluegill Sunfish		All sizes			Mercury
	Cisco		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		shorter than 18"	18" or longer		Mercury
	Walleye		shorter than 19"	19" or longer		Mercury
	White Sucker		All sizes			Mercury
VERNON	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16026700	Smallmouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

VICTORIA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Douglas 21005400	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Northern Pike			All sizes		Mercury
VIRGINIA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carver 10001500	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Northern Pike		All sizes			Mercury
VIRGINIA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69066300	Bluegill Sunfish			All sizes		Mercury
VISTA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cook 16022400	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch			All sizes		Mercury
VOLNEY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Le Sueur 40003300	Buffalo		All sizes			Mercury
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Walleye			All sizes		Mercury
WABANA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Itasca 31039200	Northern Pike			All sizes		Mercury
WACONIA	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carver 10005900	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Muskellunge				All sizes	Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
WAKEFIELD	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Ramsey 62001100	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
WALKER						
Otter Tail 56031000	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
WALL						
Otter Tail 56065800	Bluegill Sunfish		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
WALNUT						
Faribault 22002300	Carp	All sizes				
	Crappie	All sizes				
	Yellow Perch	All sizes				
WAMPUS						
Cook 16019600	Yellow Perch		All sizes			Mercury
WANLESS						
Lake 38004900	Northern Pike			All sizes		Mercury
	White Sucker			All sizes		Mercury
WAR CLUB						
St. Louis 69093700	Northern Pike			All sizes		Mercury
WARNER						
Stearns 73001100	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
WASHBURN						
Cass 11005900	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
WASHINGTON Le Sueur 40011700	Bluegill Sunfish		All sizes			Mercury
	Carp	All sizes				
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		shorter than 20"	20" or longer		Mercury
WASHINGTON Meeker 47004600	Bluegill Sunfish	All sizes				
	Carp	All sizes				
	Crappie		All sizes			Mercury
	Largemouth Bass		shorter than 15"	15" or longer		Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
WASSERMANN Carver 10004800	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
WATONWAN Lake 38007900	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
WAUKENABO Aitkin 01013600	Largemouth Bass			All sizes		Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
WAVERLY Wright 86011400	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury PCBs
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
WEAVER Hennepin 27011700	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Northern Pike			All sizes		Mercury
WENCH Cook 16039800	Brook Trout		All sizes			Mercury
WEST BATTLE Otter Tail 56023900	Bluegill Sunfish	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike		shorter than 18"	18" or longer		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
WEST CHUB Lake 38067500	Northern Pike		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch	All sizes				
WEST LAKE SYLVIA Wright 86027900	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
WEST PIKE Cook 16008600	Lake Trout		shorter than 20"	20" or longer		Mercury
	Smallmouth Bass			All sizes		Mercury
WEST POPE Cook 16034100	Bluegill Sunfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
WEST ROBINSON St. Louis 69021700	Northern Pike		shorter than 26"	26" or longer		Mercury
WEST SILENT Otter Tail 56051900	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
WEST TWIN Cook 16018600	Walleye		All sizes			Mercury
WEST TWO RIVERS RES. St. Louis 69099400	Bullhead		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
WHALETAIL Hennepin 27018400	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Carp		All sizes			Mercury
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	White Sucker	All sizes				
WHISKEY Douglas 21021600	Bluegill Sunfish		All sizes			Mercury
	Walleye			All sizes		Mercury
WHISPER St. Louis 69005900	Bluegill Sunfish		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
WHITE BEAR Washington 82016700	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury PCBs
	White Sucker		All sizes			Mercury
WHITE EARTH Becker 03032800	Bluegill Sunfish		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
WHITE IRON St. Louis 69000400	Cisco		All sizes			Mercury
	Crappie			All sizes		Mercury
	Northern Pike		shorter than 15"	15" or longer		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
WHITE PINE Cook 16036900	Northern Pike		All sizes			Mercury
	Walleye		shorter than 19"	19" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
WHITE SWAN Itasca 31026000	Northern Pike			All sizes		Mercury
WHITEFACE RES. St. Louis 69037500	Bluegill Sunfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			shorter than 34"	34" or longer	Mercury
	Rock Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch			All sizes		Mercury
WHITEFISH Crow Wing 18031000	Bluegill Sunfish	All sizes				
	Lake Whitefish	All sizes				
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
WHITEFISH Lake 38006000	Northern Pike		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
WHITEWATER						
St. Louis 69037600	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
WILD RICE						
St. Louis 69037100	Bluegill Sunfish		All sizes			PFOS
	Crappie		All sizes			PFOS
	Northern Pike		shorter than 25"	25" or longer		Mercury PFOS
	Walleye		shorter than 18"	18" or longer		Mercury PFOS
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
WILLIAMS						
Hubbard 29001500	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
WILLMAR						
Kandiyohi 34018000	Bluegill Sunfish		All sizes			Mercury
	Carp	All sizes				
	Crappie		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
WILLOW RESERVOIR 4						
Olmsted 55002000	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Crappie		All sizes			Mercury
WILLOW RESERVOIR 6A						
Olmsted 55002100	Bluegill Sunfish		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	White Sucker			All sizes		Mercury
WILSON						
Lake 38004700	Northern Pike		All sizes			Mercury
	Walleye		shorter than 16"	16" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
WINCHELL Cook 16035400	Lake Trout			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
WINCHESTER St. Louis 69069000	Bluegill Sunfish		All sizes			Mercury
	Smallmouth Bass			All sizes		Mercury
	White Sucker		All sizes			Mercury
WINDIGO Beltrami 04004800	Bluegill Sunfish	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
WINDY Lake 38006800	Lake Whitefish			All sizes		Mercury
	Northern Pike			shorter than 28"	28" or longer	Mercury
	Rock Bass			All sizes		Mercury
	Walleye				All sizes	Mercury
	White Sucker		All sizes			Mercury
WINE Cook 16068600	Lake Trout			All sizes		Mercury
WINNIBIGOSHISH Cass 11014700	Bullhead		All sizes			Mercury
	Cisco	All sizes				
	Northern Pike		shorter than 25"	25" or longer		Mercury
	Walleye		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
WINONA Douglas 21008100	Bullhead	All sizes				
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	White Sucker	All sizes				

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LAKE NAME

County DOWID*

Meal Advice

LAKE NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
WINONA						
Winona 85001100	Bluegill Sunfish		All sizes			Mercury
	Largemouth Bass	All sizes				
	Walleye	All sizes				
WINSTED						
McLeod 43001200	Bluegill Sunfish			All sizes		Mercury
	Carp		All sizes			Mercury
	Crappie			All sizes		Mercury
	Northern Pike			All sizes		Mercury
WIRTH						
Hennepin 27003700	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
WOLF						
Beltrami 04007900	Cisco		All sizes			Mercury
	Northern Pike		shorter than 21"	21" or longer		Mercury
	Walleye			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
WOLF						
Itasca 31015200	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
WOLF						
St. Louis 69014300	Crappie			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			shorter than 21"	21" or longer	Mercury
	White Sucker			All sizes		Mercury

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LAKE NAME

County DOWID*

Meal Advice

WOLF	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69016100	Bluegill Sunfish		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
WOLF	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69058200	Northern Pike			All sizes		Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
WOMAN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Cass 11020100	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
WOOD	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Watonwan 83006000	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Crappie		All sizes			Mercury
	Walleye		All sizes			Mercury
WYNNE	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69043402	Bluegill Sunfish		All sizes			Mercury
	Cisco			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			shorter than 15"	15" or longer	Mercury
	White Sucker			All sizes		Mercury
WYNNE/SABIN	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
St. Louis 69043400	Northern Pike			All sizes		Mercury
	Walleye				All sizes	Mercury
ZUMBRA-SUNNY	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carver 10004100	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury

Notes:

* DOWID - Division of Waters' lake ID number, MN Department of Natural Resources

PCBs - Polychlorinated biphenyls PFOS - Perfluorooctane sulfonate

Contaminants listed were measured at levels high enough to warrant a recommendation to limit consumption.

Listing of consumption advice does not imply the fish are legal to keep, MN DNR fishing regulations should be consulted.

Fish Consumption Guidelines for Women Who Are or May Become Pregnant, and Children under Age 15



LAKE NAME

County DOWID*

Meal Advice

ZUMBRO	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Olmsted 55000400	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury

More information:

See Information at:

MN DNR fishing regulations	http://www.dnr.state.mn.us/regulations/fishing/index.html
PFOS - Perfluorooctane sulfonate	http://www.health.state.mn.us/divs/eh/hazardous/topics/pfcs/index.html
PCBs - Polychlorinated biphenyls	http://www.health.state.mn.us/divs/eh/fish/faq.html
Meal Advice	http://www.health.state.mn.us/divs/eh/fish/eating/meal.html
Mercury	http://www.health.state.mn.us/divs/eh/fish/faq.html
Dioxin	http://www.health.state.mn.us/divs/eh/risk/chemhazards/dioxins.html

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