

Fish Consumption Guidelines for Women Who Are or May become Pregnant and Children Under Age 15, Rivers



RIVER NAME

Location	Meal Advice					
RIVER NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
BASSETT CR.	White Sucker	All sizes				
BIG FORK R.	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
BLUE EARTH R.						
above Rapidan Dam	Carp		All sizes			Mercury
	Channel Catfish			All sizes		Mercury
	Quillback		All sizes			Mercury
below Rapidan Dam	Carp		All sizes			Mercury
	Channel Catfish			All sizes		Mercury
	Quillback		All sizes			Mercury
	Sauger			All sizes		Mercury
	Smallmouth Bass		All sizes			Mercury
BUFFALO CR.	Carp		All sizes			Mercury
CANBY CR.	White Sucker	All sizes				
CANNON R.						
Fairbault to Northfield	Carp		All sizes			Mercury
	White Sucker		All sizes			Mercury
Northfield to Bylesby Res.	Carp		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
Byllesby Res. to Welsch	Carp		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
CEDAR R.						
above Mill Pond Dam, Austin	Bullhead			All sizes		Mercury
	Carp		All sizes			Mercury PCBs
	Largemouth Bass			All sizes		Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	River Carpsucker			All sizes		Mercury PCBs
	Smallmouth Bass		All sizes			Mercury
	White Sucker		All sizes			Mercury
below Mill Pond Dam, Austin	Carp		All sizes			Mercury PCBs
	Redhorse Sucker			All sizes		Mercury
	Smallmouth Bass		All sizes			Mercury
	White Sucker		All sizes			Mercury

Notes:

R. - River, CR. - Creek PCBs - Polychlorinated biphenyls PFOS - Perfluorooctane sulfonate

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CENTER CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Buffalo	All sizes				
	Bullhead	All sizes				
	Carp	All sizes				
	White Sucker		All sizes			Mercury
CHIPPEWA R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
CLEARWATER R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Northern Pike			All sizes		Mercury
	White Sucker		All sizes			Mercury
COTTONWOOD R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury PCBs
	Freshwater Drum		All sizes			Mercury
	Quillback		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
CROOKED CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brook Trout		All sizes			Mercury
	Rainbow Trout		All sizes			Mercury
	White Sucker		All sizes			Mercury
CROW R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
CROW R., N FORK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp			All sizes		Mercury
	Channel Catfish		shorter than 17"	17" or longer		Mercury
	Northern Pike		All sizes			Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
CROW R., S FORK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury

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CROW WING R.	Bluegill Sunfish		All sizes			Mercury
	Carp			All sizes		Mercury
	Northern Pike		All sizes			Mercury
DARK R.	Brook Trout		All sizes			Mercury
	Brown Trout		All sizes			Mercury
ELK R.	Carp		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye		All sizes			Mercury
FORT RIDGELY CR.	Brown Trout		All sizes			Mercury
	White Sucker		All sizes			Mercury
GARVIN BROOK	Brown Trout	All sizes				
	White Sucker		All sizes			Mercury
GILMORE CR.	Brown Trout		All sizes			Mercury
GRAND PORTAGE CR.	Brook Trout	All sizes				
HAWK CR.	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Walleye		All sizes			Mercury
HAY CR.	Brown Trout	All sizes				
	White Sucker		All sizes			Mercury
JUNCO CR.	Brook Trout		All sizes			Mercury
KABEKONA R.	Brook Trout		All sizes			Mercury

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KETTLE R.	Channel Catfish			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Redhorse Sucker			All sizes		Mercury
	Rock Bass		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
KIMBALL CR.	Brook Trout	All sizes				
	Rainbow Trout	All sizes				
LAC QUI PARLE R.	Carp			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
LE SUEUR R.	Buffalo		All sizes			Mercury
	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Walleye		All sizes			Mercury
LEAF R.	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
LITTLE FORK R.	Northern Pike			All sizes		Mercury
	Quillback			All sizes		Mercury PCBs
	Redhorse Sucker			All sizes		Mercury
	Sauger			All sizes		Mercury
	White Sucker		All sizes			Mercury
LONG PRAIRIE R.	Carp			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Rock Bass			All sizes		Mercury
	White Sucker		All sizes			Mercury
MILL CR.	Brown Trout		All sizes			Mercury
	White Sucker		All sizes			Mercury
MILLER CR.	Brook Trout		All sizes			Mercury

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MINNESOTA R. above Minnesota Falls	Carp		All sizes			Mercury
	Channel Catfish			All sizes		Mercury
	Crappie	All sizes				
	Freshwater Drum		All sizes			Mercury
	Walleye		shorter than 17"	17" or longer		Mercury
below Minnesota Falls	Bluegill Sunfish		All sizes			Mercury
	Buffalo			All sizes		Mercury
	Carp		All sizes			Mercury PCBs
	Channel Catfish		All sizes			Mercury PCBs
	Flathead Catfish		shorter than 20"	20" or longer		Mercury PCBs
	Quillback		All sizes			Mercury
	Sauger			All sizes		Mercury PCBs
	Walleye		shorter than 17"	17" or longer		Mercury PCBs
White Bass			All sizes		Mercury PCBs	
White Sucker		All sizes			Mercury	

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MISSISSIPPI R.						
Lake Itasca to Ottertail Power Dam	Bluegill Sunfish		All sizes			Mercury
	Bullhead		All sizes			Mercury
	Crappie			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass			All sizes		Mercury
	Sunfish		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
Yellow Perch		All sizes			Mercury	
Ottertail Power Dam to Knutson Dam	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass			All sizes		Mercury
	Sunfish		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
Yellow Perch		All sizes			Mercury	
Knutson Dam to Cohasset Dam	Bluegill Sunfish	All sizes				
	Bullhead		All sizes			Mercury
	Largemouth Bass			All sizes		Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
Grand Rapids Dam to Brainerd Dam	Bluegill Sunfish		All sizes			Mercury
	Carp			All sizes		Mercury
	Channel Catfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Redhorse Sucker			All sizes		Mercury
	Rock Bass			All sizes		Mercury
	Smallmouth Bass		shorter than 12"	12" or longer		Mercury
	Sunfish		All sizes			Mercury
Walleye			All sizes		Mercury	
White Sucker		All sizes			Mercury	
Brainerd Dam to Little Falls Dam	Bluegill Sunfish		All sizes			Mercury
	Carp			All sizes		Mercury
	Channel Catfish			All sizes		Mercury
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury

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MISSISSIPPI R.					Contaminants	
Brainerd Dam to Little Falls Dam	Redhorse Sucker		All sizes		Mercury	
	Smallmouth Bass			All sizes	Mercury	
	Walleye		All sizes		Mercury	
	White Sucker		All sizes		Mercury	
Little Falls Dam to Blanchard Dam	Carp			All sizes	Mercury PCBs	
	Crappie		All sizes		Mercury	
	Northern Pike			All sizes	Mercury	
	Rock Bass		All sizes		Mercury	
	Smallmouth Bass			All sizes	Mercury	
	Walleye			All sizes	Mercury	
	White Sucker			All sizes	Mercury	
	Yellow Perch		All sizes		Mercury	
	Blanchard Dam to Sartell Dam	Bluegill Sunfish		All sizes		Mercury
Carp			All sizes		Mercury	
Channel Catfish			All sizes		Mercury	
Crappie			All sizes		Mercury	
Northern Pike			shorter than 20"	20" or longer	Mercury	
Redhorse Sucker				All sizes	Mercury	
Rock Bass				All sizes	Mercury	
Smallmouth Bass				All sizes	Mercury	
Walleye			All sizes		Mercury	
White Sucker			All sizes		Mercury	
Yellow Perch			All sizes		Mercury	
Sartell Dam to St. Cloud Dam		Carp		All sizes		Mercury
		Channel Catfish		All sizes		Mercury
	Crappie		All sizes		Mercury	
	Northern Pike			All sizes	Mercury	
	Redhorse Sucker		All sizes		Mercury	
	Rock Bass			All sizes	Mercury	
	Smallmouth Bass		shorter than 14"	14" or longer	Mercury	
	Walleye		All sizes		Mercury	
	White Sucker		All sizes		Mercury	
	St. Cloud Dam to Coon Rapids Dam	Bluegill Sunfish		All sizes		Mercury
Carp			All sizes		Mercury PCBs	
Channel Catfish			shorter than 23"	23" or longer	Mercury PCBs	
Crappie			All sizes		Mercury	
Northern Pike			All sizes		Mercury	
Redhorse Sucker				All sizes	Mercury	
Smallmouth Bass			shorter than 14"	14" or longer	Mercury	
Sucker				All sizes	Mercury	
Walleye			shorter than 16"	16" or longer	Mercury	
White Sucker				All sizes	Mercury	
Coon Rapids Dam to St. Anthony Falls		Bluegill Sunfish	All sizes			
	Carp		All sizes		Mercury PCBs	
	Channel Catfish		shorter than 20"	20" or longer	Mercury	

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MISSISSIPPI R.						
	Coon Rapids Dam to St. Anthony Falls	Largemouth Bass		All sizes		Mercury
		Northern Pike		All sizes		Mercury
		Smallmouth Bass		shorter than 13"	13" or longer	Mercury
St. Anthony Falls to Ford Dam, Pool 1		Walleye		All sizes		Mercury
		Carp		All sizes		Mercury
		Channel Catfish			All sizes	Mercury
		Northern Pike			All sizes	Mercury
		Smallmouth Bass			All sizes	Mercury
Ford Dam to Hastings Dam, Pool 2		Walleye			All sizes	Mercury
		Bluegill Sunfish			All sizes	PFOS
		Buffalo		All sizes		PCBs
		Carp			All sizes	Mercury PCBsPFOS
		Channel Catfish		shorter than 22"	22" or longer	Mercury PCBs
		Crappie		All sizes		Mercury PCBsPFOS
		Flathead Catfish			All sizes	Mercury
		Freshwater Drum		All sizes		Mercury PCBs
		Northern Pike		All sizes		Mercury
		White Bass			All sizes	Mercury PCBsPFOS
	Hastings Dam to Red Wing, Pool 3		Bluegill Sunfish		All sizes	
		Buffalo			All sizes	Mercury PCBs
		Carp			All sizes	Mercury PCBs
		Channel Catfish			All sizes	Mercury PCBs
		Crappie		All sizes		Mercury PCBs
		Flathead Catfish		shorter than 20"	20" or longer	Mercury PCBs
		Freshwater Drum		All sizes		Mercury PCBs
		Largemouth Bass		All sizes		Mercury
		Northern Pike		All sizes		Mercury PCBsPFOS
		Sauger		All sizes		Mercury PCBs
		Smallmouth Bass		All sizes		Mercury PCBsPFOS
		Walleye		All sizes		Mercury PCBsPFOS
		White Bass			All sizes	Mercury PCBsPFOS
Red Wing to Kellogg Dam, Pool 4			Bluegill Sunfish		All sizes	
		Buffalo			All sizes	Mercury PCBs
		Carp			All sizes	Mercury PCBs
		Channel Catfish			All sizes	Mercury PCBs
		Crappie		All sizes		Mercury
		Flathead Catfish		shorter than 20"	20" or longer	Mercury PCBs
		Freshwater Drum		All sizes		Mercury PCBs
		Largemouth Bass		shorter than 14"	14" or longer	Mercury
		Northern Pike		All sizes		Mercury
		Sauger		All sizes		Mercury PCBs
		Smallmouth Bass		All sizes		Mercury PCBsPFOS
		Walleye		All sizes		Mercury PCBsPFOS
		White Bass			All sizes	Mercury PCBsPFOS

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MISSISSIPPI R. Kellogg Dam to LaMoille Dam, Pools 5, 5A & 6	Bluegill Sunfish		All sizes			Mercury PFOS	
	Buffalo		All sizes			Mercury PCBs	
	Carp		All sizes			Mercury PCBs	
	Channel Catfish			All sizes		Mercury PCBs	
	Crappie		All sizes			Mercury PFOS	
	Flathead Catfish			All sizes		Mercury PCBs	
	Freshwater Drum		All sizes			Mercury PCBs	
	Largemouth Bass		All sizes			Mercury PFOS	
	Northern Pike		All sizes			Mercury PFOS	
	Sauger		All sizes			Mercury	
	Smallmouth Bass		All sizes			Mercury PCBsPFOS	
	Walleye		All sizes			Mercury PFOS	
	White Bass			All sizes		Mercury PCBsPFOS	
	LaMoille Dam to Reno Dam, Pools 7 & 8	Bluegill Sunfish		All sizes			Mercury
		Buffalo		All sizes			Mercury PCBs
		Carp		All sizes			Mercury PCBs
		Channel Catfish			All sizes		Mercury PCBs
		Crappie		All sizes			Mercury
		Flathead Catfish		shorter than 20"	20" or longer		Mercury PCBs
		Freshwater Drum			All sizes		Mercury PCBs
		Largemouth Bass		All sizes			Mercury
Northern Pike			All sizes			Mercury	
Sauger			All sizes			Mercury	
Smallmouth Bass			shorter than 13"	13" or longer		Mercury	
Walleye			shorter than 23"	23" or longer		Mercury PCBs	
White Bass			All sizes			Mercury PCBs	
Reno Dam to Iowa Border, Pool 9		Bluegill Sunfish		All sizes			Mercury
	Bowfin			shorter than 29"	29" or longer	Mercury	
	Buffalo		All sizes			Mercury	
	Carp			All sizes		Mercury PCBs	
	Channel Catfish		All sizes			Mercury PCBs	
	Crappie		All sizes			Mercury	
	Flathead Catfish			All sizes		Mercury PCBs	
	Freshwater Drum		All sizes			Mercury	
	Largemouth Bass		All sizes			Mercury	
	Northern Pike		All sizes			Mercury	
	Sauger		All sizes			Mercury	
	Smallmouth Bass		shorter than 12"	12" or longer		Mercury	
	Walleye		All sizes			Mercury	
	White Bass		All sizes			Mercury	
	PIGEON R.	Northern Pike			All sizes		Mercury
		Walleye		All sizes			Mercury

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PIPESTONE CR.	Carp			All sizes		Mercury
POMME DE TERRE R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Walleye		shorter than 15"	15" or longer		Mercury
RAINY R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Crappie		All sizes			Mercury
	Lake Sturgeon		All sizes			Mercury
	Northern Pike		shorter than 17"	17" or longer		Mercury
	Quillback			All sizes		Mercury
	Redhorse Sucker			All sizes		Mercury
	Sauger			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			shorter than 25"	25" or longer	Mercury
	White Sucker		All sizes			Mercury
Yellow Perch		All sizes			Mercury	
RAMSEY CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brown Trout	All sizes				
	Rainbow Trout	All sizes				
	White Sucker		All sizes			Mercury
RED LAKE R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	above Thief River Falls Dam					
	Crappie		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
	below Thief River Falls Dam					
Crappie		All sizes			Mercury	
Smallmouth Bass			All sizes		Mercury	
Walleye			All sizes		Mercury	
RED R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp			All sizes		Mercury
	Channel Catfish			All sizes		Mercury
	Crappie		All sizes			Mercury
	Freshwater Drum			All sizes		Mercury
	Northern Pike			shorter than 30"	30" or longer	Mercury
	Redhorse Sucker			All sizes		Mercury
	Sauger			All sizes		Mercury
Walleye			All sizes		Mercury	

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REDWOOD R.	Carp		All sizes			Mercury
	Channel Catfish			All sizes		Mercury
	Redhorse Sucker			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
ROCK R.	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	White Sucker		All sizes			Mercury
ROOT R.	Brown Trout		All sizes			Mercury
	Carp		All sizes			Mercury PCBs
	Redhorse Sucker			All sizes		Mercury
	White Sucker		All sizes			Mercury
ROSEAU R.	Carp			All sizes		Mercury
	Walleye			All sizes		Mercury
RUM R.	Carp		All sizes			Mercury
	Walleye			All sizes		Mercury
SAUK R.	above Melrose Dam	Bluegill Sunfish		All sizes		Mercury
		Carp		All sizes		Mercury
		Northern Pike			All sizes	Mercury
		Walleye			All sizes	Mercury
	Melrose Dam to Cold Spring	Carp		All sizes		Mercury
		Northern Pike			All sizes	Mercury
		Walleye			All sizes	Mercury
	Cold Spring to St. Cloud	Carp		All sizes		Mercury
		Smallmouth Bass		All sizes		Mercury
		Walleye		All sizes		Mercury
SEVEN MILE CR.	Brown Trout		All sizes			Mercury
SNAKE CR.	Brook Trout	All sizes				

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Fish Consumption Guidelines for Women Who Are or May become Pregnant and Children Under Age 15, Rivers



RIVER NAME

Location	Species	Meal Advice				Contaminants
		Unrestricted	1 meal / week	1 meal / month	Do Not Eat	
SNAKE R.	Channel Catfish		All sizes			Mercury
	Freshwater Drum		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
SPRING/HINDERMAN CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	White Sucker	All sizes				
ST. CROIX R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	above Stillwater					
	Bluegill Sunfish	All sizes				
	Buffalo			All sizes		Mercury PCBs
	Carp		All sizes			Mercury PCBs
	Channel Catfish			All sizes		Mercury PCBs
	Crappie		All sizes			Mercury
	Freshwater Drum			All sizes		Mercury
	Northern Pike		shorter than 20"	20" or longer		Mercury PCBs
	Redhorse Sucker		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Sauger			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury PCBs
	White Bass			All sizes		PCBs
	Stillwater to Mississippi River					
	Buffalo		All sizes			Mercury PCBs
	Carp		All sizes			Mercury PCBs
Channel Catfish		All sizes			Mercury	
Crappie		All sizes			Mercury	
Northern Pike		All sizes			Mercury	
Sauger		All sizes			Mercury	
Smallmouth Bass			All sizes		Mercury	
Walleye		All sizes			Mercury PCBs	
White Bass			All sizes		Mercury PCBsPFOS	

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RIVER NAME

Location	Meal Advice					
ST. LOUIS R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
above Cloquet	Channel Catfish			All sizes		Mercury
	Northern Pike			All sizes		Mercury
	Redhorse Sucker			All sizes		Mercury
	Rock Bass		All sizes			Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
Cloquet to Fond du Lac Dam	Carp			All sizes		Mercury PCBs
	Channel Catfish			All sizes		Mercury PCBs
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
Fond du Lac Dam to Lake Superior	Carp			All sizes		Mercury PCBs
	Channel Catfish			All sizes		Mercury PCBs
	Crappie		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury PCBs
	Sunfish		All sizes			Mercury
	Walleye				shorter than 20" 20" or longer	Mercury PCBs
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
STONEY BROOK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brook Trout	All sizes				
	Brown Trout	All sizes				
STRAIGHT R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brown Trout		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	White Sucker		All sizes			Mercury
STURGEON R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Mooneye		All sizes			Mercury
	Northern Pike			All sizes		Mercury
	Redhorse Sucker			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye				All sizes	Mercury
SUCKER CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	White Sucker		All sizes			Mercury
SWAN R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Northern Pike			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	White Sucker		All sizes			Mercury

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RIVER NAME

Location	Meal Advice					
RIVER NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
TOAD R.	Northern Pike		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch	All sizes				
UPPER IOWA R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Bluegill Sunfish		All sizes			Mercury
	Crappie			All sizes		Mercury
VERMILION R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
	Yellow Perch		All sizes			Mercury
VERMILLION R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
WATANWAN R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			Mercury
	Walleye		All sizes			Mercury
WEST INDIAN CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brown Trout		All sizes			Mercury
	White Sucker		All sizes			Mercury
WHITEFACE R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Channel Catfish			All sizes		Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker			All sizes		Mercury
WHITEWATER R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brown Trout		All sizes			Mercury
	White Sucker			All sizes		Mercury
YELLOW MEDICINE R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp			All sizes		Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury

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RIVER NAME

Location

Meal Advice

ZUMBRO R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Bass			All sizes		Mercury
	Bluegill Sunfish		All sizes			Mercury
	Carp		All sizes			Mercury PCBs
	Channel Catfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Quillback			All sizes		Mercury PCBs
	Redhorse Sucker		All sizes			Mercury
	Rock Bass			All sizes		Mercury
	Smallmouth Bass			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Bass		All sizes			Mercury
	White Sucker		All sizes			Mercury

More information:

See Information at:

- MN DNR fishing regulations <http://www.dnr.state.mn.us/regulations/fishing/index.html>
- PFOS - Perfluorooctane sulfonate <http://www.health.state.mn.us/divs/eh/hazardous/topics/pfocs/index.html>
- PCBs - Polychlorinated biphenyls <http://www.health.state.mn.us/divs/eh/fish/faq.html>
- Meal Advice <http://www.health.state.mn.us/divs/eh/fish/eating/meal.html>
- Mercury <http://www.health.state.mn.us/divs/eh/fish/faq.html>
- Dioxin <http://www.health.state.mn.us/divs/eh/risk/chemhazards/dioxins.html>

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